

UMC Newsletter

August 5, 2022

Volume 3, Number 13



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Dear Team UMC,

I am honored and delighted to be your new Interim Chief Executive Office and Chief Nursing Officer (CNO). As you know, I am not a stranger to UMC; I joined UMC in 2018 as the CNO and dutifully served for approximately four years. Over the course of the last four years, especially during the height of the pandemic I have witnessed nothing but selflessness, dedication, and resilience from staff throughout the hospital. The display of those characteristics along with collaboration, transparency, and amplifying the *Care in Caring* will be required as we chart a new path forward.

As we chart our new path forward, we must each perform at the top of our license, certification, and job description. Our patients and their families are relying on us to provide care at the highest level and we will deliver because they deserve the best care. We must meet healthcare standards or better yet, exceed the standard of care despite the transition plans for a new hospital and the eventual closure of UMC. Until such time, we will maintain our vigor and steadfastness. As a small team, we have no choice but to be a "United Team," (no pun intended). Despite some barriers, we will be the team of teams as retired Army General Stanley McChrystal described it, working "faster, flatter, and more flexible" we can get the job done as if we had all the personnel and resources that exist in larger hospital systems.

United Medical Center has an amazing homegrown team of executives, leaders, and staff alongside our physician partners. Congratulations to the entire new Executive Leadership Team and thank you to all as we begin our path forward. Finally, thank you to Fiscal Management Board of Directors for having the trust and faith in UMC running UMC. In the true spirit of a true JaMerican....in my best patios dialect, "UMC a run tings."

Humbly and Respectfully,

Jacqueline Jacquie Payne-Borden, Interim CEO



Who We Are...

Our Mission
&
Our Vision

The Not-for-Profit Hospital Corporation, commonly known as United Medical Center or UMC is a District of Columbia government acute care hospital servicing Southeast DC and surrounding Maryland communities

Our Mission

United Medical Center is dedicated to the health and well-being of individuals and communities entrusted in our care

Our Vision

UMC will be an efficient, patient-focused, provider of high quality healthcare the community needs

UMC will employ innovative approaches that yield excellent experiences

UMC will empower healthcare professionals to live up to their potential to benefit our patients

UMC will collaborate with others to provide high value, integrated and patient-centered services



Who We Are...

Values

Values

• *Compassion*

Empathy for patients, their families and staff is ingrained in our history and inspires our future. We do more than treat the patient we practice family-centered care as the cornerstone of compassion.

• *Excellence*

Our promise to treat, prevent and cure disease is an enormous responsibility. We follow the highest standards of quality and safety and expect accountability from each other.

• *Integrity*

At all times, we approach our work with openness, transparency, decency and humility. It is our responsibility to use resources wisely to sustain UMC for generations to come.

• *Collaboration*

We work in partnership with patients, their families, staff, providers, volunteers and other caregivers. This spirit of respectful cooperation extends beyond our walls to our business partners and the community.

• *Equity*

We embrace and find strength in the diversity of our patients, their families, staff and community. We believe all patients deserve exceptional care, the best outcomes, respect and a safe environment.

• *Innovation*

We aspire to be an innovative leader in community healthcare and service. We continually seek new and better solutions. Because innovation springs from knowledge, we foster learning in all disciplines.

Who We Are...

Values



1310 Southern Avenue SE Washington DC 20032 (202) 574-6000

NEW UMC VISITATION POLICY

UMC has revised its visitation policy. The policy changes will take effect on April 29, 2022

The general visitation hours are 1pm – 6:30pm daily. (It is preferred if the patient identifies same 2 persons to visit during hospital stay)

Two visitors at a time will be permitted into the hospital for general visitation with the following exceptions:

- **Critical Care** – ONE visitor at a time (1-hour time limit)
- **END of Life Occurrence** – TWO visitors at a time (24 hours)
- **END of Life COVID 19** – TWO visitors at a time (30-minute time limit)
- **Behavior Health Unit** – NO Visitors
- **Surgical & Procedural Departments** – NO VISITORS
- **Emergency Department** – NO VISITORS, except for a support person accompanying a patient with disabilities.
- **Children** – **No Visitation at this time** if under the age of 16

All visitors **must check-in** at the Main Entrance (Southern Avenue) visitor's desk

All visitors **will receive a temperature check and screening questions** prior to entering inpatient and outpatient areas; as well as treatment areas within the Emergency Department. A visitor's log must be maintained on the Unit daily that contain the visitor's first and last name; date and time of entrance; patient to be visited and location; day/evening phone number; email.

All visitors are **required to wear a mask or facial covering** (protecting their nose and mouth) during their hospital visit.

Visitation is **NOT** permitted for patients **diagnosed with COVID 19** except for an end of life occurrence.

All visitors are **required to sanitize their hands upon** entering the facility.

All visitors are **required to practice social distancing** at all times.

Visitors **are not allowed to bring food** to clinical areas or patient units.

Appropriate exceptions can be authorized by the Attending Physician or House Supervisor

The guidelines above will continue to be updated as the COVID 19 outbreak evolves.



UMC would like to welcome our newest members to the team!

Dr. Jacqueline Payne-Borden, CEO

Haidee Azul, Clinical Nurse II

Elizabeth Williamson, Patient Access Officer

Alisha Glover, EVS Attendant

Ali Butler, Reg. Radiographer

Tish Oehmke, Clin. Nurse II

Darcia Medlock, Spec. Police Officer

Christopher Clifford, M.D.

Ellyn Johnson, M.D.

Rahul Nadendla, M.D.

Christopher Payette, M.D.

Samora Lungu, PA-C

Shantiah Norfleet, CRNP

Abubakar Ajanah, Telecommunication Engineer

Rashanda Jackson, Clin. Social Worker

Emily Floode, Clin. Nurse II

Reginald Nickson, Clin. Nurse II

Brittney Baylor, Help Desk Analyst II

Travis Cleaves, Admin. Analyst

Jose Rivas, Help Desk Analyst II

Steve Reeder, Spec. Police Officer

Megan Hoffer, M.D.

Amanda Miller, M.D.

Monika Misak, M.D.

Larissa Unruh, M.D.

Julia Nguyen, PA-C



Patient: Oh doctor, I'm just so nervous. This is my first operation.

Doctor: Don't worry. Mine too.

PONLY.COM



CHILDREN'S EYE HEALTH AND SAFETY MONTH

Children's Eye Health and Safety Month is a timely reminder to prepare our children for the classroom and athletics.

Good vision and eye protection go a long way to success in school. Not only that but protecting those blue, brown, green and hazel eyes on and off the court should be a priority, too.

During Children's eye health and safety month, parents be sure to schedule a routine eye exam. Have them fitted with the correct prescription lenses and depending on their required needs.

Make sure students wear the required protective gear for their classes and athletic activities, too. Schools provide all the proper gear in chemistry, automotive and other courses and educators are trained to show students how to use them. Encourage your students to follow the teacher's instructions for their own safety and others.

HOW TO OBSERVE

Schedule an eye exam for your student and have a talk about eye safety. Get ready for the new school year and you'll have a successful and healthy one, too! #ChildrensEyeAndSafetyMonth

You FIRST

Your Month of Wellness

Issue XX—August 2022

The Power of Prevention

We see preventive care advertised frequently and hear about it from our doctors, but what does it mean? Why is it important? Preventive care is the steps you take to stay healthy and reduce the risk for potential illnesses, chronic diseases and medical problems. Annual check-ups, immunizations, flu shots and screenings are a few examples of preventive care.

National Immunization Awareness Month (NIAM)

- **August** is recognized as National Immunization Awareness Month. This health observance highlights the importance of vaccinations for people of all ages.
- By getting vaccinated, you are not only lowering your chance of getting sick yourself, but also reducing the chance of spreading it to your community and loved ones.
- Making sure your child sees their doctor for [well-child visits and recommended vaccines](#) is one of the best things you can do to protect both your child and community from serious diseases that can be easily spread.

Adult Vaccine Assessment Tool

- Vaccines are recommended for adults based on a number of factors such as age, health condition, occupation, etc.
- Which vaccines do you need? Scan the QR code below or click [here](#) to find out! Be sure to discuss the suggested list based on your answers with your primary care physician.

**This assessment tool applies to adults 19 years or older.*



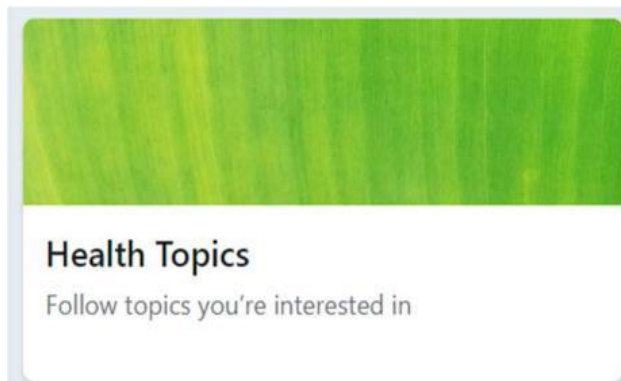
The Adult Vaccine Quiz | CDC
www2.cdc.gov

[National Immunization Awareness Month \(NIAM\) | CDC](#)

The Seasonal Flu

It's almost that time of year again - flu season. The best way to prevent contracting the seasonal flu is to get a [vaccination](#) each year. See the list below for a few of the many benefits of getting your flu vaccine:

- **Keeps you from getting sick.** The flu vaccination prevents millions of illnesses and flu-related doctor visits each year.
- **It is an important tool for those with certain chronic health conditions.** According to the [CDC](#), the flu vaccination has been associated with lower rates of some cardiac events among people with heart disease. For those with diabetes and/or lung disease, flu vaccination has also been associated with reduced hospitalizations due to worsening conditions.
- **Protects those who are pregnant before and after pregnancy.** By getting vaccinated, this reduces the risk of flu-associated respiratory infections in pregnant people by approximately one-half! Studies have also found that a vaccine given during pregnancy can help protect the baby several months after birth.
- **Protects the people around you.** By getting vaccinated yourself, you are also protecting the people around you who are more vulnerable to serious flu illnesses such as babies, children, older people, and those with chronic conditions.



Looking for more information on adult or pediatric vaccinations? Check out the *Health Topics* section in your CareFirst Well-being platform!

- [Login or create an account](#)
- Click on the *Discover* icon, then *Health Topics* to get up to date information on your timeline pertaining to vaccination information.

Blue365 Featured Deal for August-

One great way to [Achieve a Healthier You](#) is to take advantage of the Blue365 Health and Wellness discount program provided to insured CareFirst members (anyone with Medical, Dental, Vision and/or Disability coverage).

30% Off select Men's and Women's Styles Year-Round

An award-winning leader in the footwear industry, SKECHERS' footwear heritage can be traced back to its first utility boot in 1992. Blue365 members can now receive exclusive pricing on select Work and Corporate Casual Styles through the SKECHERS Direct online store.

- 30% Off select Men's and Women's SKECHERS styles year-round
- Over 300 styles available
- Free shipping included

Click [here](#) for more information!



Community Resources & Events



Estate Planning Workshop 2022

Manage Your Family Legacy

Free interactive event that focus on estate planning, tax free retirement accounts, and essential documents.

Refreshments Will Be Provided

Our Speakers

Dr. Michael Stone
Financial Representative
Bankers Life Securities



Cassandra Grier
Insurance Producer
Bankers Life and Casualty



Schedule

Wednesday, 10 August, 2022
11:30 am and 6:00 pm
at United Medical Center
Auditorium

Would your family be taken care of if your life ended today?

If you're unsure, this workshop is for you!

Don't rely on GoFund Me, make a plan.

Lunch will be provided, please RSVP to Tcarmichael@united-medicalcenter.com by Monday, August 8, 2022.

Webex Link for Virtual Attendees:

<https://unitedmedicaldc.webex.com/unitedmedicaldc/j.php?MTID=mda7c0194d24be0be76a930d3c684c10e>



+517-282-2939



michael.stone@bankerslife.com



United Medical Center Auditorium or online:
<https://unitedmedicaldc.webex.com/unitedmedicaldc/j.php?MTID=mda7c0194d24be0be76a930d3c684c10e>

Mayor Muriel Bowser and the Mayor's Office
on Volunteerism and Partnerships Present:

SPRIT OF SERVICE AWARDS COMMUNITY CELEBRATION DAY

SATURDAY, AUGUST 6 | 11:00 AM

GATEWAY PAVILION

2700 Martin Luther King Jr. Ave. SE



Our Day and Way to AMPLIFY - ACTIVATE -
AWARD those who champion our community.

To learn more please visit
DCSpiritOfServiceAwards.com

#SOSA2022

serveDC

GOVERNMENT OF THE
DISTRICT OF COLUMBIA
MAYOR MURIEL BOWSER

Its warming up outside - **Walk With A Doc!**



**Walk With A Doc
Wednesdays @
11:00am**

Join Dr. Matthew Cichocki and Team UMC for an
afternoon walk every Wednesday at 11:00am.
Meet in front of UMC Main Entrance -
1310 Southern Ave. SE WDC 20032
Questions?
Contact: Tcarmichael@united-medicalcenter.com



The Office of Councilmember Trayon White, Sr.
in partnership with The Ward 8 Health Council
PRESENTS

COUNCILMEMBER TRAYON WHITE
WOODSOMETHING

WARD 8 HEALTH COUNCIL

RESOURCES TO THE BLOCK

WARD 8 HEALTH POP-UPS

JULY LOCATIONS

July 06 30th & Buena Vista
2704 Wade Rd SE, Washington, DC 20020

July 07 Wellington Park
2500-2514 Pomeroy Rd SE, Washington, DC 20020

Resources to the Block (RTTB) / The Ward 8 Health Pop-Ups is an initiative established by Councilmember Trayon White to bring supportive services to individuals in the community. Participating vendors will offer a variety of services to include:

- Medical check-ups
- Employment opportunities
- Fresh produce pick-up
- Mental health services and resources
- COVID-19 vaccinations & testing
- Colon screening take-home kits
- Nutrition education
- Utility assistance information
- Housing assistance information

FOR MORE INFORMATION CONTACT: JULES JESSIE AT JJESSIE@DCCOUNCIL.US OR 202-812-8329

RESOURCES TO THE BLOCK

The Ward 8 Health Pop-Ups

ALL LOCATIONS WILL OPERATE FROM 12PM-4PM

Pop-Up Schedule

JULY

July 06 30th & Buena Vista
2704 Wade Rd SE, Washington, DC 20020

July 07 Wellington Park
2500-2514 Pomeroy Rd SE, Washington, DC 20020

July 13 Woodland Terrace
2311 Alinger Pl SE, Washington, DC 20020

July 14 Congress Park/Henson Ridge | Giant Parking Lot
1345 Savannah St SE, Washington, DC 20032

July 21 Shepard Park
Intersection of Martin Luther King Jr Ave SE & Malcolm X Ave SE

July 27 Langston Lane
2726 Langston Pl SE, Washington, DC 20020

July 28 Robinson Pl SE
2841 Robinson Pl SE, Washington, DC 20020

AUGUST

August 4 Bridgepoint Hospital
4601 Martin Luther King Jr Ave SW, Washington, DC 20032

August 10 Navy Yard/Washington Canal Park
200 M St SE, Washington, DC 20003

August 11 Arthur Capper Community Center
1000 5th Street SE

August 17 Savannah Terrace/Woodberry Village
2224 Savannah Terrace SE, Washington, DC 20020

August 20 Back-to-school at Barry Farm Recreation Center
1230 Summer Road SE, Washington, DC 20020

FOR MORE INFORMATION CONTACT: JULES JESSIE AT JJESSIE@DCCOUNCIL.US OR 202-812-8329



2022

NAVY FOOTBALL

MEA DAY

MEDICAL EMPLOYEE APPRECIATION DAY

NAVY VS. TEMPLE

NMCMS | 10.29.22

SPECIAL \$35 TICKETS
STADIUM PARKING: \$30

TO PURCHASE TICKETS VISIT [NAVYSPORTS.COM](https://navysports.com) AND CLICK ON "ENTER TICKET PROMO CODE" LISTED UNDER THE "TICKETS" TAB

USE PROMO CODE:
MEA

FOR MORE INFORMATION, OR TO ORDER AND FINALIZE VIA A REPRESENTATIVE:
CALL, TEXT, OR EMAIL MAC LOUD (410) 293 - 8743, LOUD@USNA.EDU

Navy Ticket Office: 566 Brownson Rd. Annapolis, MD 21402-5040

The Naval Academy Athletic Association has invited Team UMC to the Navy vs. Temple Football Game on October 29, 2022.

To purchase tickets:

1. Go to navysports.com
2. Hover over 'Tickets' tab
3. Select 'Enter Ticket Promo Code'
4. Enter 'MEA' into search bar
5. Select 'Find Tickets'
6. Purchase

If you need additional information or assistance allocating and purchasing tickets, email or call Mac Loud directly at loud@usna.edu or 410-293-8743.

We can prevent tragedy by reporting an illegal gun.

#GunsDownDC

GOT GUNS?

Increased
Reward!

You will be eligible for a cash reward of up to **\$2,500** for a tip leading to an arrest and a seizure of an illegal gun, plus an additional reward of up to **\$5,000** for a "ghost gun" and/or handgun equipped with a conversion device.

You will be eligible for a cash reward of up to **\$10,000** for a tip leading to an arrest and conviction in a shooting.

Call (202) 727-9099 or anonymously text 50411 if you know someone who has an illegal gun or you know where illegal guns are being hidden. You'll do the right thing and help take another illegal gun off the street.



#SaferStrongerDC



GOVERNMENT OF THE
DISTRICT OF COLUMBIA
DC MURIEL BOWSER, MAYOR

**All DC residents 5 and older
are eligible to receive the COVID-19 vaccine.**



For more information, visit
coronavirus.dc.gov/vaccine or call 1-855-363-0333.

DC HEALTH
GOVERNMENT OF THE
DISTRICT OF COLUMBIA

GOVERNMENT OF THE
DISTRICT OF COLUMBIA
DC MURIEL BOWSER, MAYOR

New DC Access Mobile App



Residents can use the new **DC Access mobile app** to apply or recertify for cash, food, and medical benefits.

Because the U.S. Department of Agriculture (USDA) may end the automatic recertification of public benefits, District families who participate in the Supplemental Nutrition Assistance Program (SNAP) will be required to recertify starting in September.

Learn more about the DC Access app at dhs.dc.gov/dcaccess

Healthcare Classes Now Forming: Congress Heights Campus



Workforce Development offers direct healthcare programs at NO COST for DC residents that include personalized hands-on training with specialists in healthcare for practical experience. Classrooms and laboratories are equipped with state-of-the-art equipment and supplies identical to those found in healthcare settings.

The following Workforce Development Healthcare programs are now forming for the Fall 2022 Semester at Congress Heights Campus **at NO COST!**

- **Administrative Healthcare**
 - Introduction to Health Information Technology
 - Medical Billing and Coding
 - Medical Office Administration
- **Direct Healthcare**
 - Direct Support Professional
 - EKG Technician
 - Medical Assistant
 - Nursing Assistant
 - Pharmacy Technician
 - Phlebotomy Technician

Classes begin Fall 2022!

Eligibility/How To Register:

- **All students** must be DC Residents
Interested persons must attend a mandatory "Information Session" followed by the CASAS exam (Reading/Math).
- Drug and medical clearances are required prior to admission.

For more information, please call a member of the healthcare pathway team:

- Kelvin Payne; (202) 963-8836
• (kelvin.payne@udc.edu)
- Cheryl Blair; (202) 923-7200
• (Cheryl.blair@udc.edu)

**UNIVERSITY OF THE
DISTRICT OF COLUMBIA**
WORKFORCE DEVELOPMENT AND LIFELONG LEARNING—

Congress Heights Campus
3100 Martin Luther King, Jr. Avenue, SE
Suite E-300
Washington, DC 20032

**Begin your healthcare journey
with UDC Workforce Development!**

Mission: "To reduce unemployment and underemployment in the District of Columbia by enhancing the skills of its residents."

Fall 2022

CONGRESS HEIGHTS CAMPUS

Dialysis Technician

UNIVERSITY OF THE
DISTRICT OF COLUMBIA

WORKFORCE DEVELOPMENT AND LIFELONG LEARNING—

This program prepares learners for employment in a hemodialysis unit. This course will cover patient care principles, normal and abnormal renal anatomy and physiology, principles of dialysis, water treatment, hemodialysis procedures under the supervision of a Registered Nurse.

Students will be eligible to sit for the national certification examination through the Board of Nephrology Examiners Nursing and Technology (BONENT) after one (1) year of employment as a Dialysis Technician.

Students will learn some of the following: Daily Dialysis Nursing Skills: Set-up/Initiate Dialysis Treatment; Assess Patient and Equipment During

Dialysis; Machine Alarm Trouble Shooting Procedures; and Discontinue Dialysis.

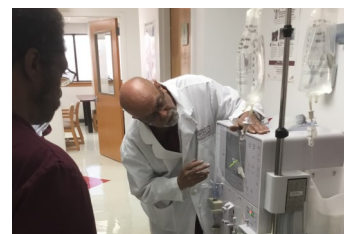
Prerequisite: The DC Board of Nursing requires all Dialysis Technicians to have a current Nursing Assistant (CNA) certification/licensure.

Starting Annual Salary:

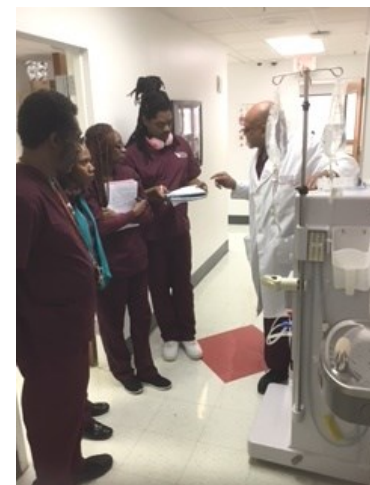
\$31k per annum; \$15 per hour

Externships are available for qualified students at conclusion of the program.

All Workforce Development programs are at NO COST to District residents.



Students learn through a hands on simulated experience in a Dialysis Lab.



Limited space! Classes begin August 2022

**Congress Heights Campus
3100 Martin Luther King, Jr. Avenue, SE**

**For more information, please call:
(202) 963-8836 or (202) 923-7203
Email: (cheryl.blair@udc.edu)**

MEDICAL ASSISTANT PROGRAM

MEDICAL ASSISTANT CERTIFICATION PROGRAM

Total Weeks in Program: 26-weeks - Morning/Afternoon/Evening Classes

- **12-weeks (Medical Office Administration/Medical Terminology/Anatomy) ***
 - **Medical Office Administrative Professional (MOAP) - Prerequisite**
- **14-weeks (Medical Assistant - Lab skills/Practicum)**

Becoming a certified Clinical Medical Assistant through courses at UDC's Workforce Development and Lifelong Learning (WDLL) will prepare you to enter one of the fastest-growing healthcare professions in the Washington Metropolitan Area. WDLL ensures our students are ready to enter the job market with personalized hands-on training with specialists in healthcare for classroom theory, lab procedures, and practicum. Our laboratories contain state-of-the-art equipment such as virtual reality and high-tech simulated systems including supplies identical to those found in healthcare settings. After program completion, eligible students will sit for the **Certified Medical Administrative Assistant (CMAA) and Certified Clinical Medical Assistant (CCMA)** certification examination from the National Healthcareers Association (NHA) at no-cost for the first attempt.



WHY UDC—Workforce Development and Lifelong Learning?

- Workforce Development and Lifelong Learning offers healthcare programs at **NO COST** to DC residents. We offer a variety of administrative and direct healthcare programs to serve residents from all over Washington, DC. to admission.

LOCATION: CONGRESS HEIGHTS CAMPUS
3100 Martin Luther King, Jr. Avenue, SE
Washington, DC 20032

UNIVERSITY OF THE
DISTRICT OF COLUMBIA
WORKFORCE DEVELOPMENT AND LIFELONG LEARNING—



Eligibility /How to Register

- **All students must be DC Residents;**
- Attend a mandatory "Healthcare Pathway Information Session"; followed by the CASAS assessment (Reading/Math);
- Drug, medical and criminal background clearances are required prior to admission.

For more information, please call a member of the healthcare pathway team:

- Kelvin Payne; (202) 963-8836 or (kelvin.payne@udc.edu)
- Cheryl Blair; (202) 923-7200 or (cheryl.blair@udc.edu)

Introduction to Healthcare & Careers

INTRODUCTION TO HEALTHCARE & CAREERS

Total Weeks in Program:

- 12weeks

Schedule:

- Monday - Thursday; 9:30 am - 12:30 pm
- In-Person Classes

Location:

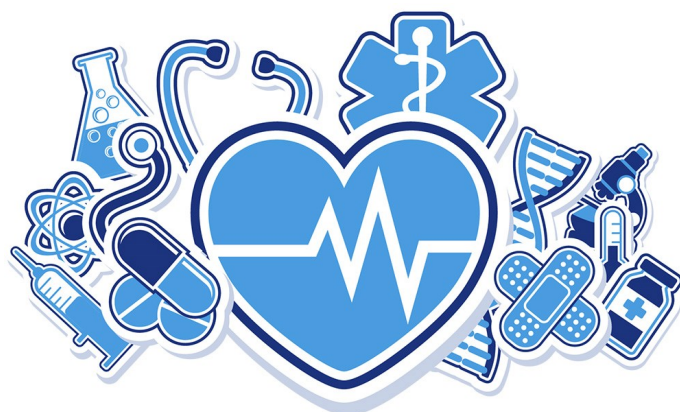
- Congress Heights Campus

Description:

This course provides students beginning their health care education with fundamentals they need to develop their personal and professional skills, understand their chosen profession, and succeed in the world of healthcare. This course is seamlessly organized to guide students through the content in a logical, progressive fashion:

- The World of Healthcare
- Personal and Professional Skills
- Workplace Skills
- Career Profiles: The Most In-Demand Professions
- Essentials of Human Anatomy and Physiology

UNIVERSITY OF THE
DISTRICT OF COLUMBIA
WORKFORCE DEVELOPMENT AND LIFELONG LEARNING—



WHY UDC - Workforce Development and Lifelong Learning (WDLL)? - WDLL offers healthcare programs at **NO COST** to DC residents. We offer a variety of administrative and direct healthcare programs to serve residents from all over Washington, DC.

Eligibility/How to Register?

- **All students must be DC Residents**
- Attend a mandatory "Healthcare Pathway Information Session"; followed by the CASAS assessment (Reading/Math)
- Drug screening is required prior to admission

For more information, please call a member of the healthcare pathway team:

- Cheryl Blair; (202) 923-7200
 - (cheryl.blair@udc.edu) - email
- Kelvin T. Payne; (202) 963-8836
 - (kelvin.payne@udc.edu) - email

CONGRESS HEIGHTS CAMPUS

3100 Martin Luther King, Jr. Avenue, SE, WDC 20032



Nursing Assistant

UNIVERSITY OF THE
DISTRICT OF COLUMBIA
COMMUNITY COLLEGE

Nursing Assistant Certificate Program

10 - Week Program

Day and Evening Programs Available

Days: Monday - Thursday; 9 am - 1 pm; (Lecture/Lab)
Fridays; 7:30 am - 4 pm (Clinical Practicum)

Evening: Monday - Thursday; 5 - 9 pm; (Lecture/Lab/
Practicum)

Career Highlights & Opportunity

Nursing Assistants provide basic care and help with activities of daily living. They typically perform:

- ⇒ Clean and bathe patients or residents
- ⇒ Help patients use the toilet and dress
- ⇒ Turn, reposition, and transfer patients between beds and wheelchairs
- ⇒ Listen to and record patients' health concerns and report that to the Registered Nurse (RN)
- ⇒ Measure patients vital signs, such as blood pressure and temperature
- ⇒ Serve meals and help patients eat

Students who successfully complete all three components (Lecture/Lab Skills/Clinical Practicum) are eligible to take the certification examination for the District of Columbia.

If your career path is to become a Registered Nurse (RN), this is where it all starts! We also offer Patient Care Technician and Dialysis Technician to nursing assistants who become certified as the next step to becoming an RN!



Why UDC?

The University of the District of Columbia Community College is the place where dreams come true! This mission of Workforce Development and Life-long Learning (WDLL) is "To reduce unemployment and underemployment in the District of Columbia by enhancing the skills of its residents". The program provides training to DC residents aimed at helping them earn jobs, get promoted, and train for careers in industries such as "Healthcare".

Our programs are at NO COST to DC Residents!

**Call (202) 923-7200 or email
(cheryl.blair@udc.edu) for more
information!**

ASPIRE. ACCOMPLISH. TAKE ON THE WORLD.

Pharmacy Technician Program



Start Here for A Great Career

UNIVERSITY OF THE
DISTRICT OF COLUMBIA
WORKFORCE DEVELOPMENT AND LIFELONG LEARNING—

Why UDC?

The University of the District of Columbia Community College is the place where dreams come true! Each of the five certification based pathways in the Division of Workforce Development and Lifelong Learning (WDLL) can connect you to degree programs that will allow you to further your education and propel your career. The mission of WDLL is to reduce unemployment and underemployment in the District of Columbia by enhancing the skills of its residents. The program provides training to DC residents aimed at helping them earn jobs, get promoted, and train for careers in new industries. Healthcare Programs are conducted at our Congress Heights Campus. Classrooms are equipped with Smart Technology and each laboratory contains state-of-the-art equipment and supplies identical to those found in clinical labs and pharmacies in healthcare settings.

Our programs are at NO COST to DC Residents!

For more information, please contact

(202) 923-7200

(cheryl.blair@udc.edu)

Pharmacy Technician Courses Include:

- Introduction to Pharmacy
- Pharmaceutical Math
- Pharmacology for Technicians
- Insurance and Customer Service

Pharmacy Technician Certificate Program

14-Week Program

Monday - Thursday;

Day/Evening Schedules Available

Career Highlights & Opportunity

Pharmacy Technicians help licensed pharmacists dispense prescription medication. They typically perform the following tasks: Take from customers or health professionals the information needed to fill a prescription; Count tablets and measure amounts of other medication for prescriptions; Compound or mix medications, such as preparing ointments; Package and label prescriptions. The US Bureau of Labor Statistics ranks Pharmacy Technicians among the fastest growing occupations in the 2014 - 2024 decade.

ASPIRE. ACCOMPLISH. TAKE ON THE WORLD.

Team UMC It's Time to Give Back...

Team UMC, the community has given us a tremendous amount of support and resources over the last two years. **Now, it is time for us to give back!** The community has requested volunteers and donations of school supplies for upcoming events.

If you would like to donate school supplies, please contact: Toya Carmichael @ carmichaeltoya@gmail.com or 202-574-6123. Donations may be dropped off in Suite 2041.



Volunteers Needed!

VALLEY GREEN PARTNERS WITH POWAB
Community Day
HEALTH AND WELLNESS FAIR

SATURDAY, AUGUST 27, 2022, FROM 2PM TO 6PM
OXON RUN PARK 1200 MISSISSIPPI AVE. SE

VOLUNTEERS NEEDED TO HELP WITH:

- Registration
- Marketing
- Volunteer Tent
- Food Tent
- Senior Tent
- Children's and Youth Tent
- Men's Tent
- Women's Tent
- Fruit and Veg Distribution
- Health and First Aid Tent
- Main Stage Events
- Parking
- Transportation
- Vendor Tables
- Preparing Giveaways

Lunch and Free Takeaways Will Be Provided!

Do You Think You Might Be Interested?

Contact:
Ms. Anita Burrows: (202) 227-6651 or
Ms. Valerie Bloomfield: (202) 413-6646 or
Places of Worship Advisory Board: (202) 671-5063

FAITH IN ACTION
Building Healthier Communities

POWAB



BACK TO SCHOOL

GAMES FOOD RAFFLE MUSIC

Ft Stanton Recreation
1812 Erie St
Washington, Dc

September 17, 2022
1pm-6pm

COME OUT SUPPORT

UMC IN THE NEWS – July 1, 2022 – August 5, 2022

UMC Staff are reminded to direct **ALL MEDIA INQUIRIES** to Toya Carmichael,
VP of Public Relations @Tcarmichael@united-medicalcenter.com.

NO NEWS IS GOOD NEWS!

