

UMC Newsletter

January 7, 2022

Volume 3, Number 7



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Happy New Year All,

Although the year 2022 rolled in rough bringing with it the highest number of COVID-19 cases the District and UMC have seen since the beginning of the pandemic and a snowstorm that left many of our colleagues and patients stranded; we made it through week one!

In fact, UMC, which began as Morris Cafritz Memorial Hospital has been making it through since 1966, due to our resilient dedicated team of healthcare professionals despite several name and leadership changes and funding challenges. Our commitment to you, is that not only will we make it through 2022, but together we will thrive until 2025 or until such time that a new hospital facility opens on the St. Elizabeth's campus.

We will thrive until 2025 by:

- Utilizing the necessary ***technology*** to efficiently serve our patients' needs.
- ***Hiring*** the appropriate number of competent and caring individuals to avoid compromising patient care and employee burnout.
- ***Respecting*** every single individual that walks through our doors; providing the level of service we expect to receive when ill and treating each and every team member as our equal.
- Keeping our patient community and staff ***informed*** about changes in the hospital's day to day operations and transition plan through transparent and timely communication.
- ***Valuing*** the cultural, economic, and educational diversity of our team and our patients; welcoming the feedback and ideas that stem from our differences in backgrounds and experiences.
- Providing continuing ***education*** to our staff; equipping them with the knowledge needed to provide the highest quality of care. And educating our patient community on the health related topics most relevant to them through strategic partnerships with local, private, and government partners.

- UMC Executive Leadership Team -

1310 Southern Ave. SE
Washington, DC 20032
202-574-6000
Unitedmedicaldc.com



Who We Are...

Our Mission
&
Our Vision

The Not-for-Profit Hospital Corporation, commonly known as United Medical Center or UMC is a District of Columbia government acute care hospital servicing Southeast DC and surrounding Maryland communities

Our Mission

United Medical Center is dedicated to the health and well-being of individuals and communities entrusted in our care

Our Vision

UMC will be an efficient, patient-focused, provider of high quality healthcare the community needs

UMC will employ innovative approaches that yield excellent experiences

UMC will empower healthcare professionals to live up to their potential to benefit our patients

UMC will collaborate with others to provide high value, integrated and patient-centered services



Who We Are...

Values

Values

• *Compassion*

Empathy for patients, their families and staff is ingrained in our history and inspires our future. We do more than treat the patient we practice family-centered care as the cornerstone of compassion.

• *Excellence*

Our promise to treat, prevent and cure disease is an enormous responsibility. We follow the highest standards of quality and safety and expect accountability from each other.

• *Integrity*

At all times, we approach our work with openness, transparency, decency and humility. It is our responsibility to use resources wisely to sustain UMC for generations to come.

• *Collaboration*

We work in partnership with patients, their families, staff, providers, volunteers and other caregivers. This spirit of respectful cooperation extends beyond our walls to our business partners and the community.

• *Equity*

We embrace and find strength in the diversity of our patients, their families, staff and community. We believe all patients deserve exceptional care, the best outcomes, respect and a safe environment.

• *Innovation*

We aspire to be an innovative leader in community healthcare and service. We continually seek new and better solutions. Because innovation springs from knowledge, we foster learning in all disciplines.

Who We Are...

Values

Hey!
WELCOME
We're very GLAD
you're here!

UMC would like to welcome our newest members to the team!

Sheila Murphy – Director, ER Nursing

Yanira Broeck Nieves – Assist. General Counsel

Garth Grannum – Chief Plant Engineer

Trevor Correia – Manager, Building Maintenance

Dwayne Ellis – EVS Attendant

Andre Wiggins – EVS Attendant

Brandon Warren – Clinical Social Worker

Phyllis Barge – Clinical Social Worker

Tamir Byrd – Linen Technician I

Yoshiko Finch - Spec. Police Officer

Michael Smith – Reg. Radiographer

The Best Medicine

H Health Callings
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Virtual Job Fair – Registered Nurses

January 17 - 24, 2022

8am – 8pm



United Medical Center DC (UMC) is in search of New Graduate Registered Nurses

The following positions are available within the Emergency Department:

Shift:	Number of Openings:	Hours per Week	Hourly Rate:
Days (12 Hours)	10 Regular Full-Time	36	\$58.25 - \$60/Hour
Nights (12 Hours)	10 Regular Full-Time	36	\$60 - \$64.44/Hour

To qualify for these positions nurses must have a valid license, and either ASN or BSN.

To attend send resumes to ER-Nurses@united-medicalcenter.com by January 14, 2022.

Applicants will receive an emailed zoom link to select an interview time for the job fair.

United Medical Center offers comprehensive benefits packages including:

Medical, Dental, Vision, Life, Short-term & Long-term Disability, Retirement, Flexible Spending,
Minimum of 21 days' Time Off, and 8 Holidays per year.



To: UMC All Staff

From: Soyinka Joseph, MSN, RN
Director of Professional Development

Date: January 6, 2022

Re: Annual Relias Education Competency Reminder

The due date for the 2021 UMC mandatories of January 31, 2022 is quickly approaching. Staff completion as of today is **28%**. Please complete the mandatory training by the assigned due date to be in compliance.

For any issues with credentials or password reset, please contact the professional development department at (202)574-6939 or (202)360-7800. For after-hours password reset, the Helpdesk can be contacted at X 6169.

Thank you

WHY CHOOSE UMC

Did you know UMC is the home to several specialty services that can assist you in achieving a healthy new year?



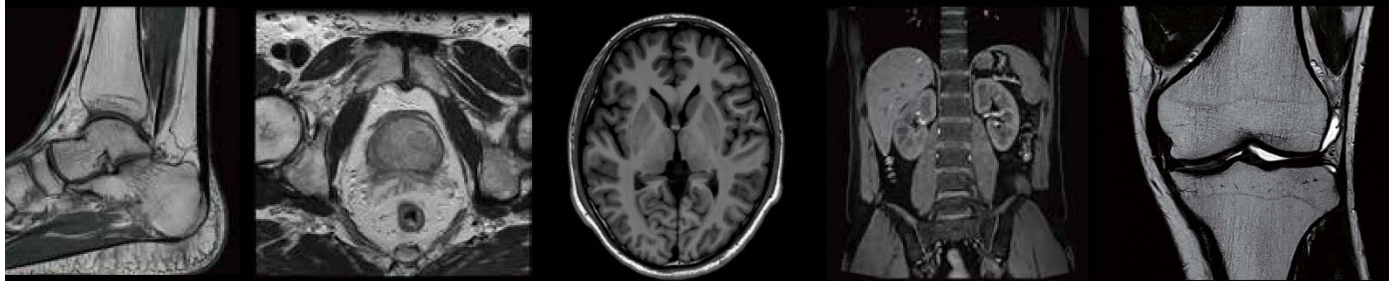
Magnetic Resonance Imaging

MRI Services available Monday through Friday Services:

Outpatient, Emergency Department and Inpatient

Scheduling: 202-574-6141

Radiology Reception: 202-574-5444



United Medical Center now offers state-of-the-art 1.5T magnetic resonance imaging services on our new uMR® 570 scanner that bring quality, speed, and comfort to our community.

The uMR 570 scanner offers:

- Best-in-class hardware that deliver fine detail and exceptional image quality
- Higher patient comfort with 25% faster scans and a wide, 70-cm bore*
- Advanced imaging exams for a variety of specialties including neurology, orthopedics, oncology, cardiology, and whole-body imaging screening.
- Our patients deserve the very best. This new, state-of-the-art MRI helps us deliver diagnostic confidence and a comfortable patient experience.

MRI: Magnetic Resonance Imaging

- Head
- Brain
- Cervical Spine
- Thoracic Spine
- Lumbar Spine
- Pelvis
- Abdomen- MRCP, Liver and Renal
- Upper Extremity
- Lower Extremity

MRA: Magnetic Resonance Angiography

- Head
- Brain
- Neck
- Abdomen
- Pelvis

MR Arthrogram: Evaluation of Joint Space

- Upper Extremity
- Lower Extremity



* As compared to conventional technology, using a novel compressed sensing acceleration platform.



United Medical Center Diabetes Education Program
1310 Southern Avenue, SE. RMG073
202-574-6648 (O), 202-373-5977 (F)
Hours: 9AM – 4PM Monday - Friday

The United Medical Center Diabetes Center provides **Diabetes Self-Management Training and Support**. Each person receives an individual learning needs assessment and a behavior change goal is developed based on the patients learning needs. Classes are currently taught individually in compliance with safety measures for Covid-19. Please call for an appointment. Topics Covered:

- What is Diabetes?
 - Overview of diabetes, diagnosis and treatment.
- Making Changes to improve diabetes and overall health
 - Patients are assisted to develop a behavior change goal based on the AADE7
 - Taking Medication
 - Eating Healthy
 - Being Active
 - Monitoring
 - Healthy Coping
 - Problem Solving
 - Reducing Risk
- Diabetes Medication Management
 - How to take your diabetes medication
- Glucose Monitoring – how to test your blood glucose
- Acute and Chronic Complications
- Meal Planning
- How to talk to your health care provider
- Ongoing self-management support



Help Save Lives during National Blood Donor Month



January marks the 52nd anniversary of National Blood Donor Month – a time to recognize the importance of giving blood and platelets while celebrating the lifesaving impact of those who roll up a sleeve to help patients in need. It is also a time to encourage new and lapsed donors to resolve to give blood during one of the most difficult times to maintain a sufficient blood supply – the winter months.

This year's National Blood Donor Month comes as the nation's blood supply has dipped to concerning levels and could force hospitals to delay essential blood and platelet transfusions. Blood donors of all blood types – particularly type O blood, the blood group hospitals need most – are needed now to give blood or platelets to help meet daily hospital demands.

In thanks for helping to meet the immediate need for blood and platelets, the Red Cross is teaming up with the NFL to offer one lucky winner a trip package for two to the 2022 Super Bowl LVI in Los Angeles. Those who present to give blood, platelets or plasma January 1-31, 2022 will automatically be entered for a chance to win. As an extra thank you, those who come to give in January will also automatically be entered to win the Big Game at Home package which includes a home theater package. Terms apply. Visit [RedCrossBlood.org/SuperBowl](https://www.redcross.org/SuperBowl).

About the American Red Cross:

The American Red Cross shelters, feeds and provides comfort to victims of disasters; supplies about 40% of the nation's blood; teaches skills that save lives; distributes international humanitarian aid; and supports veterans, military members and their families. The Red Cross is a nonprofit organization that depends on volunteers and the generosity of the American public to deliver its mission. For more information, please visit [redcross.org](https://www.redcross.org) or [cruzrojaamericana.org](https://www.cruzrojaamericana.org), or visit us on Twitter at [@RedCross](https://twitter.com/RedCross).



Community Resources & Events

"NEW YEAR NEW BEGINNINGS" SELF CARE YOGA FOR ALL LEVELS

FREE ONLINE YOGA COURSE
Wednesday's 7-8 pm & Saturday's 10-11 am via Zoom.

Relieve stress, gain mobility & flexibility, proper breathing to improve blood circulation through the joints and tissues, and lower blood pressure.

"There's no one way of yoga, there are countless ways, and the best way is to find your way..."

See you on the mat!

NAMASTE 
In Love & Light
Andrea Christie



Join Zoom Meeting

<https://us06web.zoom.us/j/92228596767?pwd=Z0ZVT3MxZjI1MWk5JC5nRnR2L2xOUzRiZz09>
Meeting ID: 922 2859 6767 Passcode: 580863

**All DC residents 5 and older
are eligible to receive the COVID-19 vaccine.**



For more information, visit
coronavirus.dc.gov/vaccine or call 1-855-363-0333.

DC HEALTH
GOVERNMENT OF THE DISTRICT OF COLUMBIA

GOVERNMENT OF THE DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

New DC Access Mobile App




Residents can use the new **DC Access mobile app** to apply or recertify for cash, food, and medical benefits.

Because the U.S. Department of Agriculture (USDA) may end the automatic recertification of public benefits, District families who participate in the Supplemental Nutrition Assistance Program (SNAP) will be required to recertify starting in September.

Learn more about the DC Access app at dhs.dc.gov/dcaccess

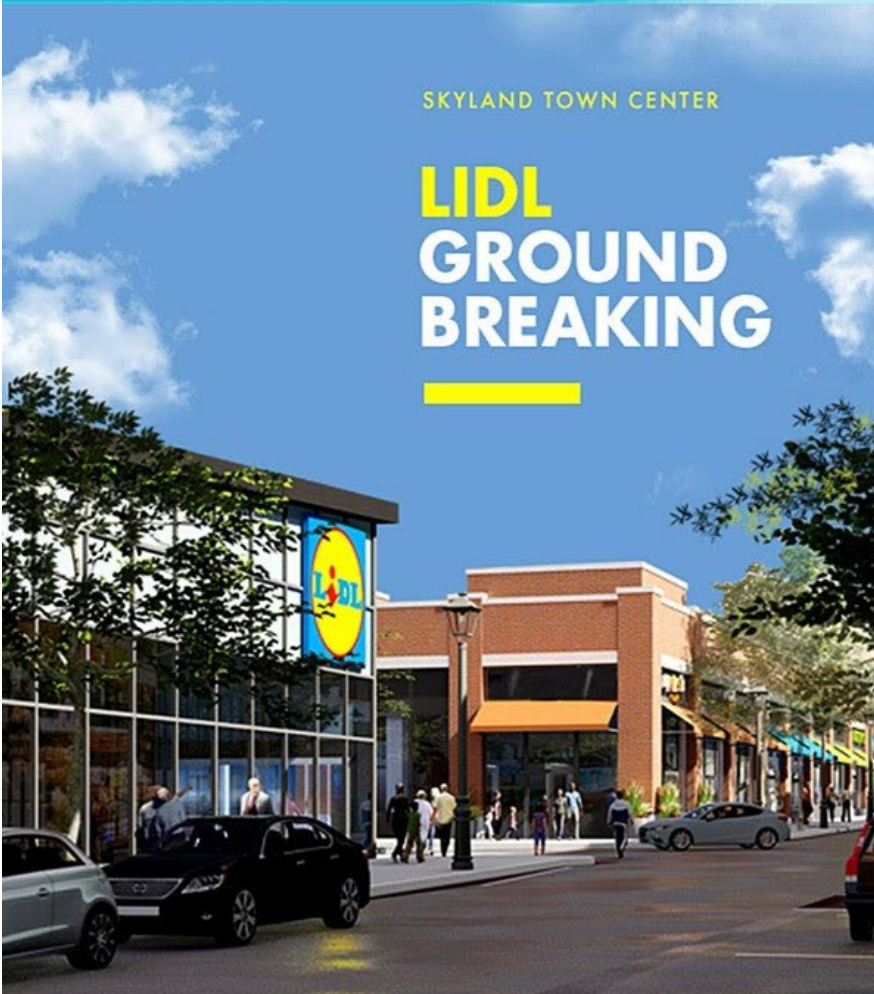
Community Resources & Events



SKYLAND
TOWN CENTER

SKYLAND TOWN CENTER

LIDL GROUND BREAKING



REMARKS BY DC MAYOR
**MURIEL
BOWSER**

2704 Good Hope Road
South East, 20020.
(Free 2 hour parking available
in the Skyland Town Center
Retail Garage)

SATURDAY JANUARY 8TH 11:00 AM

RAPPAPORT

WCSmith

Enterprise

MHCDO

SKYLAND DC

PNCBANK

EAGLEBANK

TEEL
CONSTRUCTION INC.

DMPED

GOVERNMENT OF THE
DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

UMC IN THE NEWS – December 3, 2021 – January 6, 2022

UMC Staff are reminded to direct **ALL MEDIA INQUIRIES** to Toya Carmichael,
VP of Public Relations @Tcarmichael@united-medicalcenter.com.



NO NEWS IS GOOD NEWS!



For the latest information on the District Government's response to COVID-19 (Coronavirus), please visit coronavirus.dc.gov.

Cases as of January 5, 2022

	Total Number Positives
All	105,493
Race	
Unknown	6,425
American Indian/Alaska Native	144
Asian	2,010
Black/African American	51,444
Native Hawaiian/Pacific Islander	184
Two or More Races	22,609
White	22,675
Ethnicity	
Unknown	19,747
Hispanic or Latino	12,907
NOT Hispanic or Latinx	72,817