

# UMC Newsletter

August 6, 2021

Volume 3, Number 2



## In this Issue:

1. Save the Date

2. UMC Mission & Vision

3. Employee Recognition / Updates

4. August Is...

5-8. Community Resources / Back to School

9 -12. Wellness News

13. UMC in the News

14. DC COVID Numbers



UMC Leadership knows you are wondering “what’s happening at UMC?” In an effort to ensure our entire team is aware of the changes and the future of the hospital, we invite you to join us for a ***Townhall Meeting on Wednesday, August 18, 2021 at 2:00pm***. The meeting will be held in the hospital auditorium and via Zoom for those unable to join us in person.

### Agenda items include:

- Introduction of new leadership
- Hospital Operating Plan
- Staff covid-19 vaccination mandate

The Zoom login information will be distributed at a later date.

Thank you in advance for your participation.

1310 Southern Ave. SE  
Washington, DC 20032  
202-574-6000  
Unitedmedicaldc.com



Who We Are...

Our Mission  
&  
Our Vision

The Not-for-Profit Hospital Corporation, commonly known as United Medical Center or UMC is a District of Columbia government acute care hospital servicing Southeast DC and surrounding Maryland communities

### Our Mission

United Medical Center is dedicated to the health and well-being of individuals and communities entrusted in our care

### Our Vision

UMC will be an efficient, patient-focused, provider of high quality healthcare the community needs

UMC will employ innovative approaches that yield excellent experiences

UMC will empower healthcare professionals to live up to their potential to benefit our patients

UMC will collaborate with others to provide high value, integrated and patient-centered services



Who We Are...

Values

### Values

#### • *Compassion*

Empathy for patients, their families and staff is ingrained in our history and inspires our future. We do more than treat the patient we practice family-centered care as the cornerstone of compassion.

#### • *Excellence*

Our promise to treat, prevent and cure disease is an enormous responsibility. We follow the highest standards of quality and safety and expect accountability from each other.

#### • *Integrity*

At all times, we approach our work with openness, transparency, decency and humility. It is our responsibility to use resources wisely to sustain UMC for generations to come.

#### • *Collaboration*

We work in partnership with patients, their families, staff, providers, volunteers and other caregivers. This spirit of respectful cooperation extends beyond our walls to our business partners and the community.

#### • *Equity*

We embrace and find strength in the diversity of our patients, their families, staff and community. We believe all patients deserve exceptional care, the best outcomes, respect and a safe environment.

#### • *Innovation*

We aspire to be an innovative leader in community healthcare and service. We continually seek new and better solutions. Because innovation springs from knowledge, we foster learning in all disciplines.

Who We Are...

Values

Hey!  
**WELCOME**  
We're very **GLAD**  
you're here!

**UMC would like to welcome our newest members to the team!**

**Michael DeLuca, M.D.** -Emergency Medicine

**Jarita Hagans, M.D.**- Family Medicine

**Ebere Ibe**, Clinical Nurse II

**Melissa King**, Monitor Tech

**Francis Nwachukwu**, Psych Tech I

**Funmilayo Akintomide**, Clinical Nurse II



**EMPLOYEE  
RECOGNITION**

**A LITTLE THANKS  
GOES A LONG WAY**



### **Congratulations on a job well done:**

**Yvonne Boone, Respiratory Therapist** (since 1979!) for the care and compassion you should to a patient treated at the hospital for the coronavirus. Ms. Boone not only provided high quality medical care but stayed with the patient often to just hold her hand, pray, encourage and comfort her. We are happy to hear the patient is feeling much better.

**Dr. Francis O'Connell, Emergency Medicine** for the extra care and kindness you showed to a young man being discharged from the ED to a nearby shelter. Dr. O'Connell showed great concern for the gentlemen who was in need of clothing and went shopping for him in our hospital clothes closet. Not only did Dr. O'Connell pick a complete outfit for the patient, but also took the time to present him the clothing and make sure his shoes (from the clothes closet) were tied!

**Cheron Rust, Manager, Medical Affairs** for volunteering with TEAM UMC on Saturday, July 31<sup>st</sup> at Ballou Senior High School. Cheron showed up with a positive spirit and friendly deamenor sharing information about UMC's programs and services and distributing UMC logo hand sanitizers to help keep the community safe.

You have the  
**power to  
protect**

against vaccine-preventable  
diseases.



National Immunization  
Awareness Month

#GetVaccinated

## Vaccinations for Adults

### You're never too old to get vaccinated!

*Getting vaccinated is a lifelong, life-protecting job. Don't leave your healthcare provider's office without making sure you've had all the vaccinations you need.*

Vaccine	Do you need it?
Hepatitis A (HepA)	<b>Maybe.</b> You need this vaccine if you have a specific risk factor for hepatitis A* or simply want to be protected from this disease. The vaccine is usually given in 2 doses, 6–18 months apart.
Hepatitis B (HepB)	<b>Maybe.</b> You need this vaccine if you have a specific risk factor for hepatitis B* or simply want to be protected from this disease. The vaccine is given in 2 or 3 doses, depending on the brand.
Hib ( <i>Haemophilus influenzae</i> type b)	<b>Maybe.</b> Some adults with certain high-risk conditions, for example, lack of a functioning spleen, need vaccination with Hib. Talk to your healthcare provider to find out if you need this vaccine.
Human papillomavirus (HPV)	<b>Yes!</b> You should get this vaccine if you are age 26 years or younger. Adults age 27 through 45 may also be vaccinated after a discussion with their healthcare provider. The vaccine is usually given in 3 doses over a 6-month period.
Influenza	<b>Yes!</b> You need a dose every fall (or winter) for your protection and for the protection of others around you.
Measles, mumps, rubella (MMR)	<b>Maybe.</b> You need at least 1 dose of MMR vaccine if you were born in 1957 or later. You may also need a second dose if you are a healthcare worker or traveling internationally. However, people with weakened immune systems should not get MMR.*
Meningococcal ACWY (MenACWY)	<b>Maybe.</b> You may need MenACWY vaccine if you have one of several health conditions,* for example, if you don't have a functioning spleen, and also boosters if your risk is ongoing. You need MenACWY if you are age 21 or younger and a first-year college student living in a residence hall and you either have never been vaccinated or were vaccinated before age 16.
Meningococcal B (MenB)	<b>Maybe.</b> You need MenB if you have one of several health conditions,* for example, if you do not have a functioning spleen, and also boosters if your risk is ongoing. You may also consider getting the MenB vaccine if you are age 23 or younger (even if you don't have a high-risk medical condition) after a discussion with your healthcare provider.
Pneumococcal (Pneumovax 23, PPSV23; Prevnar 13, PCV13)	<b>Yes!</b> If you are younger than age 65 and have a certain high-risk condition (for example, asthma, heart, lung, or kidney disease, immunosuppression, or you lack a functioning spleen or are a smoker),* you need 1 or both vaccines. At age 65 (or older), you will need PPSV23 and you may also be given PCV13 (if you haven't had it before) after a discussion with your healthcare provider.*
Tetanus, diphtheria, whooping cough (pertussis) (Tdap, Td)	<b>Yes!</b> If you have not received a dose of Tdap during your lifetime, you need to get a Tdap shot now (the adult whooping cough vaccine). And all women need to get a dose during each pregnancy. After that, you need a Td or Tdap booster dose every 10 years. Consult your healthcare provider if you haven't had at least 3 tetanus- and diphtheria-toxoid containing shots sometime in your life or if you have a deep or dirty wound.
Varicella (Chickenpox)	<b>Maybe.</b> If you've never had chickenpox, never were vaccinated, or were vaccinated but received only 1 dose, talk to your healthcare provider to find out if you need this vaccine.*
Zoster (shingles)	<b>Yes!</b> If you are age 50 or older, you should get the 2-dose series of the Shingrix brand of shingles vaccine, even if you already were vaccinated with Zostavax.

\* Consult your healthcare provider to determine your level of risk for infection and your need for this vaccine.

**Are you planning to travel outside the United States?** Visit the Centers for Disease Control and Prevention's (CDC) website at [wwwnc.cdc.gov/travel/destinations/list](http://wwwnc.cdc.gov/travel/destinations/list) for travel information, or consult a travel clinic.



Saint Paul, Minnesota • 651-647-9009 • [www.immunize.org](http://www.immunize.org) • [www.vaccineinformation.org](http://www.vaccineinformation.org)

[www.immunize.org/catg.d/p4030.pdf](http://www.immunize.org/catg.d/p4030.pdf) • Item #P4030 (4/20)



# Community Resources & Activities

Catch the UMC Mobile Unit Team in the community this month at:



- August 10, 2021 1:00pm – 5:00pm MPD Beat the Streets @ 7<sup>th</sup> & O Streets, NW, WDC
- August 12, 2021 1:00pm – 5:00pm MPD Beat the Streets @ 6<sup>th</sup> & Chesapeake Streets, SE, WDC
- August 17, 2021 10:00am – 3:00pm Vida Senior Centers @ 1842 Calvert Street, NW, WDC
- August 18, 2021 1:00pm – 5:00pm MPD Beat the Streets @ 115 Atlantic Street, SE, WDC
- August 19, 2021 10:00am – 3:00pm The Hamilton @ 600 14<sup>th</sup> Street, NW WDC
- August 24, 2021 10:00am – 2:00pm Bureau of Engraving & Printing @ 300 14<sup>th</sup> Street, NW, WDC

## DC Department of Behavioral Health Wellness Wednesday/Support for Parents

### AUGUST 2021 – Supporting Reopening Together

Date	Workshop Topic	Time	Weekly Series
AUG 4	How Do You Know You're Ready?	5:30 PM	Relationships
AUG 11	Catching up with School and Making New Adjustments – Part I	5:30PM	Self Care
AUG 18	Catching up with School and Making New Adjustments – Part II	5:30 PM	Knowledge
AUG 25	Changes, Challenges and Self-Care	5:30 PM	Communication

ALL SESSIONS ARE RECORDED AND WILL BE PLACED ON THE DBH WEB-SITE IN THE ON-DEMAND VIDEO LIBRARY

**JOIN US USING THIS LINK:** [https:// bit.ly/2Kr4PDk](https://bit.ly/2Kr4PDk)  
Password: WW20

*Web Ex Instructions:*  
Use CHROME - DOWNLOAD Cisco WebEx APP- DISABLE Pop-up Blockers  
Link to DBH/Parent Support Program:  
<https://dbh.dc.gov/service/parent-support-program> RIGHT-CLICK on Link to "OPEN HYPERLINK"

Join meeting by phone:  
Call-in toll number: 1-650-479-3208 Local (Washington D.C.)  
1-202-860-2110 Access Code: 1726204243



DC HEALTH GOVERNMENT OF THE DISTRICT OF COLUMBIA MURIEL BOWSER, MAYOR

## Living Well WORKSHOPS

CANCER: THRIVING & SURVIVING  
FREE SELF-MANAGEMENT WORKSHOPS



**Seven Thursday Virtual Sessions**  
**August 19 – September 30, 2021**  
**10:30 AM – 1:00 PM**  
To register online visit:  
<https://livingwell.dc.gov/page/find-class>

*Are you an adult living with or who has survived cancer? Are you or have you been a caretaker for a person with cancer?*

Whether newly diagnosed, in active treatment, or living beyond it, this FREE 7-week workshop helps survivors cope with the concerns, thoughts, and health concerns that accompany having a cancer diagnosis.

- This FREE 7-week workshop will help you learn how to:
- Live with uncertainty
  - Manage your symptoms more effectively
  - Deal with fatigue, pain, and decrease frustration or isolation
  - Communicate better with your providers and make informed decisions about your treatment

To Register Contact: [tmoses@smilcgroup.com](mailto:tmoses@smilcgroup.com) or 202-617-5919



# Back to School Fairs

**BACK TO SCHOOL Giveaway**

Must Show Proof of DC Residency

Children Health Screenings starting @ 9AM  
Book bag distribution starting @ 11AM

**AUGUST 7, 2021 | 9AM - 2PM**  
GREENSPACE NEXT TO UNITY @ PARKSIDE  
765 KENILWORTH AVE NE  
WASHINGTON, DC 20019

450+ FREE BOOK BAGS & SCHOOL SUPPLIES, HEALTH SCREENINGS, IMMUNIZATIONS, COVID19 VACCINES, FACE PAINT, MOON BOUNCE, SNOW CONES, GAME TRUCK, FREE FOOD AND MUCH MORE!!!

FOR MORE INFORMATION CALL 202-998-1030

www.northcapinc.org

Children must be present to receive more than 1 book bag per household

SO WHAT ELSE DC & FATHER FACTOR PRESENTS

**SUMMER COMMUNITY BASH**

SATURDAY AUGUST 7, 2021  
3PM TO 6PM

BALD EAGLE RECREATION CENTER  
100 JOLIET STREET SW WASHINGTON, DC 20032

- > SNOW CONES & POPCORN
- > VIDEO GAME TRUCK
- > BACK TO SCHOOL SUPPLIES
- > MINI CONCERT PERFORMANCE
- > MUSIC & FOOD
- > PRIZES, COMMUNITY & FUN

QUESTIONS? CALL DR. HOLDEN (202) 483-7413  
A CURE THE STREETS PARTNER OF THE OFFICE OF ATTORNEY GENERAL

Logos for: The Language Key, DASH VIDEO ENTERTAINMENT, K&D IMAGERY, WELCOME TO JOYCE'S KITCHEN!, and CRABMAN.

**AUG 8**  
1PM-5:30PM

CHRISTOPHER BROWN HEART BEATS PRESENTS

**Back to School DRIVE**

PERFORMING LIVE  
boe PROVIDE EVIDENCE

SPECIAL GUEST PERFORMANCE HUNCHO

BARBERS HAIR STYLISTS RAFFLES FOOD MOONBOUNCE & MORE

& COMMUNITY DAY  
IN HONOR OF CHRISTOPHER BROWN  
3227 DUBOIS PL SE WASHINGTON DC

Logos for: PAPA JOHN'S, TANGERS, and others.

**Back to School**

**AT CAPITOL VIEW**

**4-6 PM**

**THURSDAY AUGUST 26**

**FREE**

SPONSORED BY SE-NE FRIENDS OF CAPITOL VIEW LIBRARY

- RAFFLE PRIZES
- CRAFTS
- SCAVENGER HUNT
- BACKPACK GIVEAWAY
- SNACKS
- LIBRARY CARD SIGNUPS
- FRIENDS GROUP BOOK SALE & GIVEAWAY
- SUMMER READING PRIZE PICKUP
- VOTER REGISTRATION
- PHOTO BOOTH

CAPITOL VIEW NEIGHBORHOOD LIBRARY  
5001 CENTRAL AVENUE SE  
WWW.DCLIBRARY.ORG

DC Public Library

NCS SYSTEM  
PRESENTS....

SATURDAY AUGUST 21  
12PM- 3:30PM

**FREE  
COVID 19  
SHOT**



**LOCATION:**  
UNITED MEDICAL CENTER  
1310 SOUTHERN AVE SE,  
WASHINGTON, DC 20032

**Campaign  
for Children**  
AGES 12 YEARS & UP  
**COLLABORATORS &  
VENDORS NEEDED**

**FREE  
BOOK BAGS**

**FREE  
SCHOOL  
SUPPLIES**

**FREE  
FOOD**

**FREE  
RECREATIONAL  
ACTIVITIES**

**CONTACT PROFESSOR DEBORAH JOHNSON 202-717-1767**

NCS Systems is seeking non profit organizations medical groups, educational institutions, corporate groups and the public at large to partner with us as we plan, develop and implement the back to school event.



# Back to School Planning



Whether your child is beginning kindergarten, moving up to middle school or returning for another year of high school, the transition back to school requires an adjustment. To help ease the stress or anxiety of the transition, consider the following tips:

**Prepare in advance.** Know what to expect and how daily routines will change. Mapping out a morning schedule or laying out clothing in advance may be helpful.

**Get up earlier.** Start the new morning routine a couple of days before the first day of school begins to help adjust to the new routine.

**Arrive early.** Getting a head start on the first day will help your kids settle in.

**Talk about feelings.** Encourage children to describe how they feel about the new year and try to ease any fears they may have.

**Express interest.** Listen to your child's viewpoint, even if it is difficult to hear.

Beginning something new can be stressful and adjustments take a lot of concentration and effort. How adults handle such transitions can set the stage for how well a child adjusts to his or her own challenges later in life. Help them adapt by making preparations in advance, clearly explaining the changes about to take place and listening if they express doubts or fears.

For more tips on preparing your child for the return to school, contact your Employee Assistance Program.

## Here when you need us.

Call: | TTY: 800.697.0353

Online: [guidanceresources.com](https://www.guidanceresources.com)

App: GuidanceNow<sup>SM</sup>

Web ID:

# Wellness News



Tips to stay healthy throughout the year  
Issue VIII ■ August, 2021

## Hit me with your best shot!

### Vaccine Basics

A vaccine helps your body defend itself against harmful diseases by building up resistance to specific disease producing bacteria and viruses. Vaccines contain either killed or weakened germs that cause these harmful diseases. They are typically either injected, given orally, or sprayed into your nose to initiate your body's production of antibodies. This process ultimately helps you develop immunity to that disease without ever actually having to catch it first!

National Resource: [Basics of Vaccines | CDC](#)

### The Importance of Vaccinations

By getting vaccinated, we are not only protecting ourselves from various diseases that could potentially be fatal, but also our loved ones. In the United States, vaccines have been instrumental in reducing the risk of disease in infants, children, and adults, but the viruses and bacteria that create these diseases are still in existence today. By getting vaccinated, you are not only lowering your chance of getting sick yourself, but also reducing the chance of spreading it to your community and loved ones.

### Healthy Equals Happy

Think about it. The healthier you are, the more time you get to spend doing what you love, with the people you love. No one wants to spend time being sick, missing work or important

events with family and friends. By getting recommended vaccines, you are able to have the best possible defense against disease and spend more time enjoying life!

### The Seasonal Flu

Getting an annual flu vaccine is the best way we can prevent contracting it ourselves, as well as spreading it to others. Since the flu strains tend to vary every year, getting a seasonal vaccine helps ensure you are protected from the influenza virus that will be most pertinent during the upcoming season.

### Benefits of Getting your Seasonal Flu Vaccine

- Staying healthy! Fewer sick days used means more days left for vacation.
- Improves workplace morale.
- Improves your personal health, as well as your colleagues, friends, and family.
- Vaccination is often already covered under your employee health plan!

Check out the CDC's website [here](#) for more information on how you can keep your workplace healthy and encourage vaccination this flu season.

### Healthy Habit Flu Prevention

- Avoid close contact to people who are sick.
- Stay home if you are sick! This will prevent the chance of spreading your illness to others in

areas you live, work or play.

- Wash your hands! This has been especially imperative throughout the last year with COVID-19. Washing your hands helps protect you from germs.
- Cover your mouth and nose. The flu can spread by coughing, sneezing or unclean hands, so be sure to cover your mouth or nose with a tissue to prevent the spread.
- Frequently clean commonly touched areas such as doorknobs, keyboards, and phones to reduce germs.

## School Safety Tips Keeping Kids Germ-Free

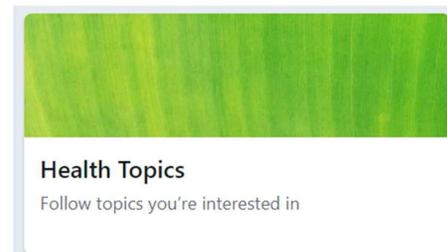
Now more than ever, it is so important we keep our kids germ-free as they transition back to in-person learning. Check out a few tips below you can share with your children to keep them as healthy as possible this school year.

- Wash your hands! Click [here](#) to view the CDC's handwashing tips.
- Do not share personal items such as water bottles, earbuds, brushes, Chapstick, etc.
- Cover sneezes and coughs with a tissue if possible...not your hands!
- Keep hands off face and out of mouth, nose, and ears.
- Be sure to eat your fruits and veggies! Eating nutritious foods is an easy way we can support our immune system. Check out [Support Your Health With Nutrition \(eatright.org\)](#) for more information.
- Stay home if sick to prevent spreading to others, as well as contracting other germs.
- Get good, quality rest. Rest is another essential factor that supports our immune system.

## Children's Eye Health & Safety Month

August is Children's Eye Health and Safety Month. This annual health observance is a helpful reminder for parents to check with your child's pediatrician and schedule their annual physical and eye exam.

## CareFirst Resources



Looking for more information specific to adult or pediatric vaccinations? Login to your CareFirst wellness platform to find information or follow these topics. Go to the "Discover" tab and click on "health topics" to get up to date information in your timeline pertaining to vaccination information.



The CareFirst Wellness platform powered by Sharecare, has an entire section under the "Discover" tab devoted to providing members the information they need to stay informed and stay well. Find testing centers, current data, stress management tools, and at home workouts. Login to [CareFirst and Sharecare](#) to learn more.

# Get a healthy start to the school year

As students return to the classroom, things can get stressful. Here are five tips to make the back to school transition easy and healthy for everyone.

- 1. Don't wait until the last minute.** Start early while stores are stocked, and don't be afraid to go online and skip stores altogether.
- 2. Make family time.** It's easy to feel disconnected from kids when they start a new school year. Make an effort to have regular meals together, a family game night, or walks around the neighborhood to stay connected.
- 3. Plan healthy meals.** Take time on Sundays to prep healthy lunches for the week ahead.
- 4. Keep stress in check.** Check in with yourself and your kids to manage stress. Consider engaging in breathing exercises or meditation as a family when stress is high.
- 5. Create a healthy outlet.** It can be hard to make time for yourself as the school year ramps up, but it's even more important to take these breaks when you're feeling stressed. Consider scheduling 30 minutes in your week to do something that's just for you—whether that's time to meditate, write, paint or watch your favorite sitcom.



To learn more helpful tips about maintaining a healthy lifestyle, visit [carefirst.com/sharecare](https://carefirst.com/sharecare) or call a health coach at **877-260-3253**.

## Healthier Sloppy Joes

These Sloppy Joes use lean ground beef, with the addition of healthy chopped cremini mushrooms and diced fresh plum tomatoes, all in a zesty sauce. Served on a whole-wheat bun, it's a hearty dinner sandwich that will please the entire family.



### INGREDIENTS

- 12 ounces 90%-lean ground beef
- 1 large onion finely diced
- 2 cups finely chopped cremini mushrooms (about 4 ounces)
- 5 plum tomatoes diced
- 2 tablespoons all-purpose flour
- 1/2 cup water
- 1/4 cup cider vinegar
- 1/4 cup chili sauce such as Heinz
- 1/4 cup ketchup
- 8 whole-wheat hamburger buns toasted if desired

**Servings:** 8

### PREPARATION

Cook beef in a large nonstick skillet over medium heat, until it starts to sizzle, about 1 minute. Add onion and mushrooms and cook, stirring occasionally, breaking up the meat with a wooden spoon, until the vegetables are soft, the meat is browned and the moisture has evaporated, 8 to 10 minutes.

Add tomatoes and flour; stir to combine. Stir in water, vinegar, chili sauce and ketchup and bring to a simmer, stirring often. Reduce heat to a low simmer and cook, stirring occasionally, until the sauce is thickened, and the onion is very tender, 8 to 10 minutes. Serve warm on buns.

### NUTRITION

**Per serving:** 233 calories; 31 g carbohydrates; 5 g fiber; 6 g fat; 28 mg cholesterol; 14 g protein; 436 mg sodium.

**Exchanges:** 2 starch, 1.5 lean meat

**Nutrition Bonus:** Zinc (20% daily value), Vitamin C (15% dv)

To learn more helpful tips about maintaining a healthy lifestyle, visit [carefirst.com/sharecare](https://carefirst.com/sharecare).

## **UMC IN THE NEWS – July 2 – August 6, 2021**

UMC Staff are reminded to direct **ALL MEDIA INQUIRIES** to Toya Carmichael,  
VP of Public Relations @Tcarmichael@united-medicalcenter.com.



**July 2, 2021 – Rachel Chason – [Covid wards in the D.C. area are almost empty. Doctors credit the coronavirus vaccine](#) – The Washington Post**

**July 12, 2021 – Katie Adams - [The hospital with the biggest community health investment in each state, per Lown ranking](#) - Becker's Hospital CFO Report**

**July 13, 2021 – Sara Gilgore – [D.C. has unveiled the draft design for a future St. E's hospital. Here's the latest](#) – Washington Business Journal**

**August 1, 2021 – Oluatoyin Alleyne – [Guyanese-American nurse who gave jab to US VP urges all to get vaccinated](#) – Stabroek Weekend**

**August 3, 2021 – Patricia Zapor – [Ethiopian priest serving as D.C. hospital chaplain marks his 40<sup>th</sup> anniversary](#) – Catholic Standard**

**August 6, 2021 – Rachel Chason – [D.C.-area hospitals do not yet have vaccine mandates for staffers – but many will soon](#) – The Washington Post**



For the latest information on the District Government’s response to COVID-19 (Coronavirus), please visit [coronavirus.dc.gov](https://coronavirus.dc.gov).

Cases as of August 3, 2021

	Total Number Positives
<b>All</b>	<b>50,858</b>
<b>Race</b>	
Unknown	221
American Indian/Alaska Native	78
Asian	1,109
Black/African American	26,147
Native Hawaiian/Pacific Islander	102
Two or More Races	10,157
White	13,016
<b>Ethnicity</b>	
Unknown	3,387
Hispanic or Latino	9,255
NOT Hispanic or Latinx	38,201