

UMC Newsletter

December 23, 2020 | Volume 2, Number 6



Happy Holidays

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Our staff is the best around! I want to congratulate you all on successfully completing a challenging year. Your dedication to your work is exemplary, especially when you consider what you have accomplished in 2020 as referenced in the December 11, 2020 newsletter.

We also experienced an outpouring of love and support from a record number of local businesses and community organizations. It feels great to know that the work we do for and in the community is appreciated. I surely appreciated the recognition via the over 3,500 donated meals and hundreds of pieces of PPE and gifts we received to keep us going through this pandemic! As I look back on photographs and videos you all, your smiling faces indicate you did as well.

Before our administrative offices close for the Christmas holiday, I want to convey my warmest holiday wishes to each of you. You have more than earned much needed time with family and friends to enjoy this holiday season. No matter how you plan to spend your time, I wish you each a safe and happy time.

On behalf of the entire Executive Leadership Team, I wish you happiness, good health, and peace. We truly thank you for your devoted service and look forward to working with you in 2021.

Colene Daniel

A handwritten signature in black ink that reads "Colene Daniel". The signature is fluid and cursive, with the first name "Colene" written in a larger, more prominent script than the last name "Daniel".

Chief Executive Officer

1310 Southern Ave. SE
Washington, DC 20032
202-574-6000
Unitedmedicaldc.com



Who We Are...

Our Mission
&
Our Vision

The Not-for-Profit Hospital Corporation, commonly known as United Medical Center or UMC is a District of Columbia government acute care hospital servicing Southeast DC and surrounding Maryland communities

Our Mission

United Medical Center is dedicated to the health and well-being of individuals and communities entrusted in our care

Our Vision

UMC will be an efficient, patient-focused, provider of high quality healthcare the community needs

UMC will employ innovative approaches that yield excellent experiences

UMC will empower healthcare professionals to live up to their potential to benefit our patients

UMC will collaborate with others to provide high value, integrated and patient-centered services



Who We Are...

Values

Values

• *Compassion*

Empathy for patients, their families and staff is ingrained in our history and inspires our future. We do more than treat the patient we practice family-centered care as the cornerstone of compassion.

• *Excellence*

Our promise to treat, prevent and cure disease is an enormous responsibility. We follow the highest standards of quality and safety and expect accountability from each other.

• *Integrity*

At all times, we approach our work with openness, transparency, decency and humility. It is our responsibility to use resources wisely to sustain UMC for generations to come.

• *Collaboration*

We work in partnership with patients, their families, staff, providers, volunteers and other caregivers. This spirit of respectful cooperation extends beyond our walls to our business partners and the community.

• *Equity*

We embrace and find strength in the diversity of our patients, their families, staff and community. We believe all patients deserve exceptional care, the best outcomes, respect and a safe environment.

• *Innovation*

We aspire to be an innovative leader in community healthcare and service. We continually seek new and better solutions. Because innovation springs from knowledge, we foster learning in all disciplines.

Who We Are...

Values



MEMORANDUM

TO: NFPHC Department Manager

FROM: Colene Y. Daniel
Chief Executive Officer

DATE: December 22, 2020

RE: **Moderna COVID-19 Vaccine Education and Staff Appointment Schedule**

As part of our commitment to provide health care workers with a safe working environment during the COVID-19 pandemic, *UMC is proud to offer the Moderna COVID-19 vaccine to its Employees and Medical staff.* At this time, the vaccine is available to front-line medical personnel on a voluntary and no-cost basis. In order to ensure that we obtain and distribute enough vaccines for our entire staff **we need assistance from every department manager.**

The vaccine will be administered on the 6th floor nursing unit **BY APPOINTMENT ONLY.**

Due the number of vaccines currently available, everyone cannot be vaccinated at the same time. In order to ensure distribution of the educational materials and fairly administer vaccines, **MANAGERS WILL BE REQUIRED** to distribute and collect information and schedule vaccination appointments for their team.

To ensure safety and effectiveness, UMC along with DC Health will monitor the administration of the vaccine in accordance with Phase 1a of the District's vaccination plan. All employees and medical staff members are encouraged to receive the vaccine. **To ensure all staff are informed and offered the opportunity to receive the vaccine managers shall:**

1. Distribute the attached educational materials during each shift team meeting.
2. Schedule **two appointments** for staff interested in receiving the vaccine. **Call Patient Access at 202-574-6473 to schedule appointments.**

The vaccination is 94.5% effective at decreasing the chance of getting the COVID-19 disease when administered properly. *Proper administration = TWO DOSES administered a few weeks apart for proper administration.*

VACCINATION SCHEDULE

*****The Moderna Vaccines will be administered on the following dates and times:**

Wednesday December 23rd 9:30 am – 6:30 pm

Monday December 28th 7:30 am – 6:30 pm

Tuesday December 29th 7:30 am – 6:30 pm

Wednesday December 30th 7:30 – 6:30 pm

In 2021

Tuesday January 12th 7:30 – 6:30 pm

Wednesday January 13th 7:30 – 6:30 pm

Thursday January 14th 7:30 – 6:30 pm

Friday January 15th 7:30 – 6:30 pm

Please remember that at the time you receive the first dose, you must commit and be scheduled for the second dose.

Day_First Dose	First Dose	Second Dose				
		24th Day	25th Day	26th day	27th Day	28th Day
Wednesday	12/23/2020	1/16/2021		1/18/2021	1/19/2021	1/20/2021
Monday	12/28/2020	1/21/2021	1/22/2021			1/25/2021
Tuesday	12/29/2020	1/22/2021	1/23/2021	1/24/2021	1/25/2021	1/26/2021
Wednesday	12/30/2020	1/23/2021	1/24/2021	1/25/2021	1/26/2021	1/27/2021
Tuesday	1/12/2021	2/5/2021	2/6/2021		2/8/2021	2/9/2021
Wednesday	1/13/2021		2/7/2021	2/8/2021	2/9/2021	2/10/2021
Thursday	1/14/2021	2/7/2021	2/8/2021	2/9/2021	2/10/2021	2/11/2021
Friday	1/15/2021	2/8/2021	2/9/2021	2/10/2021	2/11/2021	2/12/2021
Saturday	1/16/2021	2/9/2021	2/10/2021	2/11/2021	2/12/2021	

 No Administration on Saturdays & Sundays

COVID-19 VACCINE - FACT #1

WHAT IS THE VACCINE?

THE PFIZER-BIONTECH VACCINE IS AN UNAPPROVED VACCINE THAT MAY PREVENT COVID-19.



COVID-19 VACCINE - FACT #2

WILL I CONTRACT THE COVID-19 VIRUS IF I TAKE THE VACCINE?

NO. THE VACCINE DOES NOT INJECT OR PRODUCE THE COVID-19 VIRUS IN YOUR BODY. THE INJECTION IS AN MRNA MOLECULE THAT TELLS YOUR CELLS TO MAKE A COPY OF A HARMLESS PROTEIN THAT IS ON THE OUTER SHELL OF THE COVID-19 VIRUS. THE PROTEIN CAUSES YOUR BODY TO CREATE ANTIBODIES THAT WILL HELP YOUR IMMUNE SYSTEM FIGHT OFF FUTURE COVID-19 INFECTIONS.



[#GetVaccinatedDC](https://twitter.com/GetVaccinatedDC)

MARTIN CONSTABLE
NURSING ADMIN.COODINATOR

I'M TAKING THE COVID-19 VACCINE BECAUSE I WANT TO KEEP MYSELF AND OTHERS SAFE. I'M HOPING OTHERS WILL TAKE THE VACCINE NOT ONLY FOR THEM, BUT TO KEEP OUR PATIENTS AND THE GENERAL PUBLIC SAFE.




MARCELA MAAMARI
CHIEF OPERATING OFFICER

MY REASON FOR TAKING THE VACCINE IS SO THAT I AM MORE PROTECTED TO CONTINUE TO SERVE OUR UMC COMMUNITY AND TO KEEP MY FAMILY SAFE.




COVID-19 VACCINE - FACT #4

WHAT ARE THE SIDE EFFECTS OF TAKING THE VACCINE?

THE MOST COMMON SIDE EFFECTS ARE SORE ARMS, FATIGUE, FEVER AND JOINT AND MUSCLE ACHES OR FLU LIKE SYMPTOMS THAT LAST FOR A DAY OR TWO. THESE ARE NORMAL AND MEANS THE VACCINE IS WORKING.



COVID-19 VACCINE - FACT #3

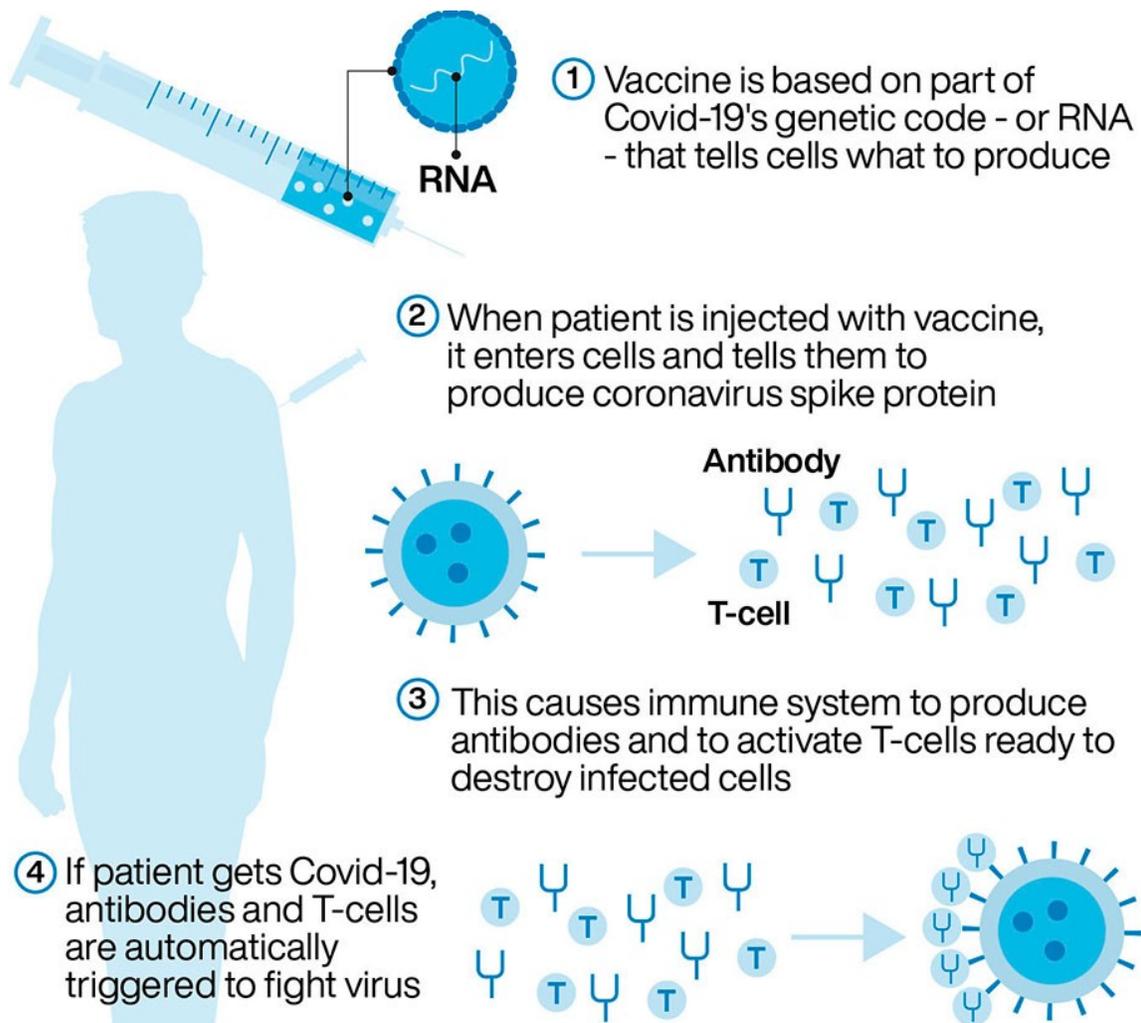
HOW EFFECTIVE IS THE VACCINE?

THE VACCINATION IS 95% EFFECTIVE WHEN ADMINISTERED PROPERLY. YOU WILL REQUIRE TWO DOSES A FEW WEEKS APART FOR MAXIMUM PROTECTION



The COVID-19 Vaccine will become available to UMC Staff in late December. The information provided below is the best information we have thus far. We will continue to provide updated information and facts as it becomes available. Please refer to the FAQs for more detailed information.

How the COVID-19 Vaccine Works



PA graphic. Source: Nature

THANK YOU!!!!

We are so grateful to the District residents and local businesses who have poured out an overflow of support to UMC through donated meals and/or PPE. Please share expressions of gratitude to the businesses directly or send a note to Toya Carmichael, VP of Public Relations / Corporate Secretary @ Tcarmichael@united-medicalcenter.com.

[Caring for Yourself & Others Books](#)

Church of Scientology

[UMC Clothing Drive](#)

Jimmy Ward, Will Interactive

Thank you to the generous UMC Team Members who also donated to the UMC Clothing Drive.



UMC is extremely grateful to have the support of Washington Wizards superstar Bradley Beal! On Saturday, December 19, 2020, Beal and his #BB3 team donated gifts and meals to the UMC staff to show his appreciation of all that we do!

Thank you very much Bradley Beal for your support and for thinking of us during this time.

GO WIZARDS!!!



**HAPPY
HOLIDAY'S!!**



STAY SAFE

As the District of Columbia's only public hospital, we all have a heightened responsibility to prevent the spread of COVID-19 **whether on/or off duty**. Although the city continues to reopen we must continue to adhere to the safety and social distancing mandates in effect throughout the region.



Mandatory

- Attention Staff !!!
- Flu vaccines will be given in Employee Health Clinic beginning 09/21/2020 on :
- Monday - Friday : 7 AM –12 Noon
- Monday - Friday : 4 PM – 5:30 PM
- Location: Medical Office Building 2nd floor
- Room 211

IT'S SIMPLE: WHEN YOU LEAVE HOME, YOU MUST

WEAR A MASK.



Common allowable exceptions:



You are a child age 2 or younger



You are vigorously exercising outdoors
and not close to anyone else

You are actively eating or drinking



You are in an enclosed office and alone



Wear a mask. Save lives. Stop the spread.

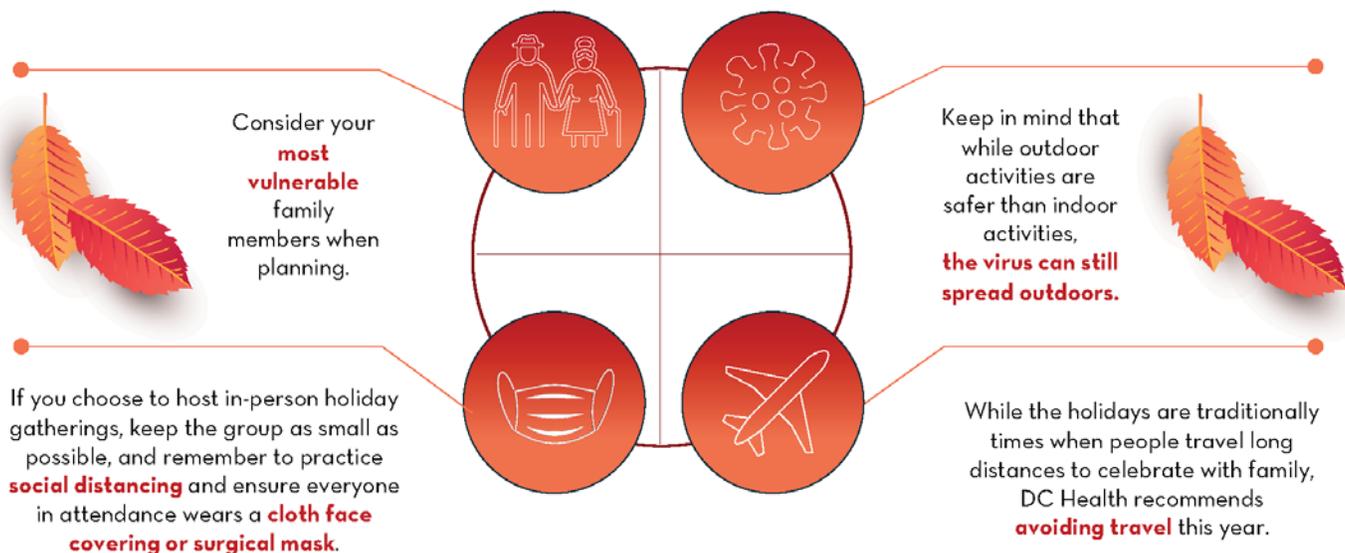


DC HEALTH
GOVERNMENT OF THE DISTRICT OF COLUMBIA

GOVERNMENT OF THE DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

CELEBRATE SAFELY

Celebration Basics



CORONAVIRUS.DC.GOV

October 26, 2020



DC HEALTH
GOVERNMENT OF THE DISTRICT OF COLUMBIA

GOVERNMENT OF THE DISTRICT OF COLUMBIA
DC MURIEL BOWSER, MAYOR

Host Considerations

- ✓ When deciding how many people to invite to your gathering, consider the amount of space you have and the ability to maintain social distancing during the event.
- ✓ Remind guests to wear a mask and to stay home if they feel sick or have been exposed to someone with COVID-19.
- ✓ If having an indoor gathering, improve ventilation by opening doors and windows as much as possible
- ✓ Clean and disinfect commonly touched surfaces frequently and any shared items between use.

If anyone in your household does not feel well, cancel the gathering.



CORONAVIRUS.DC.GOV

October 26, 2020



DC HEALTH
GOVERNMENT OF THE DISTRICT OF COLUMBIA

GOVERNMENT OF THE DISTRICT OF COLUMBIA
DC MURIEL BOWSER, MAYOR



For the latest information on the District Government's response to COVID-19 (Coronavirus), please visit coronavirus.dc.gov.

Cases as of December 23, 2020

	Total Number Positives	Percent
All	27,226	100
Race		
Unknown	328	1
American Indian/Alaska Native	56	<1
Asian	499	2
Black/African American	12,893	47
Native Hawaiian/Pacific Islander	66	<1
Other/Multi-Racial	6729	26
White	6653	24
Ethnicity		
Unknown	2279	8
Hispanic or Latinx	6105	22
NOT Hispanic or Latinx	18,826	69

UMC IN THE NEWS–December 12–

December 23, 2020

UMC Staff are reminded to direct **ALL MEDIA INQUIRIES** to Toya Carmichael, VP of Public Relations @Tcarmichael@united-medicalcenter.com.



'I have never seen such detailed planning' | GW Hospital gets first vaccine doses

December 13, 2020, Tom Dempsey, WUSA

Here's Where DC Will Be Distributing Its Covid Vaccines

December 13, 2020, Jane Recker, Washingtonian

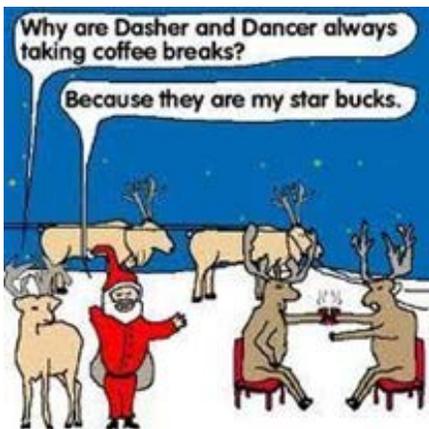
Bradley Beal Hosting 'Bradley Beal Christmas Giveback' to Benefit Frontline Works

December 17, 2020, Chris Miller NBC 4 Washington.

Meet Some Of D.C.'s First Health Care Workers To Get The COVID-19 Vaccine

December 18, 2020, Matt Blitz, DCist

Did you catch VP of Public Relations / Corporate Secretary Toya Carmichael on Sunday Brunch with Higher Heights? Listen [HERE](#)



the sip presents
Sunday Brunch
WITH HIGHER HEIGHTS
My COVID19 Vaccine Experience
LIVE YouTube
December 20, 2020 | 2 p.m. ET

 DR. EBONY JADE HILTON Associate Professor of Anesthesiology & Critical Care Medicine and Medical Director & Co-Founder GOODSTOCK Consulting, LLC	 TOYA CARMICHAEL ESQ. VP Public Relations & Corporate Secretary, United Medical Center
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