

COVID-19 Newsletter

October 2, 2020

Volume 2, Number 1



In this Issue:

01. Message from the CEO

02. UMC Mission & Values

03-05. Administrative Updates

06-07. Staff Recognition

08. Get Your Flu Shot & Stay Safe!

09-10. October Is...

11-13. Community Resources & Activities

14. DC COVID Numbers

15. UMC in the News

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Washington, DC 20032
202-574-6000
Unitedmedicaldc.com

A New Season at UMC

Welcome to October, my favorite month of the year. Not only does October bring us the beautiful colors and mild temperatures of fall, it is also the start of a new fiscal year for District government. Fiscal Year 2021 brings great changes for United Medical Center including a new Chief Medical Officer and new Director of Radiology. We are actively engaging in new community partnerships, internal operations, and of course implementing a new budget. As singer Taylor Swift said, "this is a new year, a new beginning, and things will change."

As we enter this new year, I ask you to enter the month with an open mind, a spirit of collaboration, and ideas on how we can employ innovative approaches that yield excellent experiences for those entrusted in our care. Unfortunately, although we are stepping into a new season, old challenges including the coronavirus are sliding into the new year right alongside us. While we were caught off guard by the pandemic in March, we must stay vigilant in our efforts to stop the spread by maintaining our handwashing, mask wearing, and social distancing. Flu shots are now available so please be proactive and visit Occupational Health for your shot.

This weekend I ask you to think about all that went wrong in FY2020 and shake shake, shake it off. It's a new season at UMC!

Colene Y. Daniel

Chief Executive Officer





Who We Are...

Our Mission
&
Our Vision

The Not-for-Profit Hospital Corporation, commonly known as United Medical Center or UMC is a District of Columbia government acute care hospital servicing Southeast DC and surrounding Maryland communities

Our Mission

United Medical Center is dedicated to the health and well-being of individuals and communities entrusted in our care

Our Vision

UMC will be an efficient, patient-focused, provider of high quality healthcare the community needs

UMC will employ innovative approaches that yield excellent experiences

UMC will empower healthcare professionals to live up to their potential to benefit our patients

UMC will collaborate with others to provide high value, integrated and patient-centered services



Who We Are...

Values

Values

• *Compassion*

Empathy for patients, their families and staff is ingrained in our history and inspires our future. We do more than treat the patient we practice family-centered care as the cornerstone of compassion.

• *Excellence*

Our promise to treat, prevent and cure disease is an enormous responsibility. We follow the highest standards of quality and safety and expect accountability from each other.

• *Integrity*

At all times, we approach our work with openness, transparency, decency and humility. It is our responsibility to use resources wisely to sustain UMC for generations to come.

• *Collaboration*

We work in partnership with patients, their families, staff, providers, volunteers and other caregivers. This spirit of respectful cooperation extends beyond our walls to our business partners and the community.

• *Equity*

We embrace and find strength in the diversity of our patients, their families, staff and community. We believe all patients deserve exceptional care, the best outcomes, respect and a safe environment.

• *Innovation*

We aspire to be an innovative leader in community healthcare and service. We continually seek new and better solutions. Because innovation springs from knowledge, we foster learning in all disciplines.

Who We Are...

Values

Memorandum

September 21, 2020

TO: UMC Medical Staff Members

From: Colene Y. Daniel, MS, MPH, FACHE
Chief Executive Officer



Subject: **Interim CMO Coverage**

During the transition from Raymond Tu, M.D. to the arrival of the new CMO Dr. William Strudwick. Dr. Marilyn McPherson-Corder, Chief of Staff and Dr. Gregory Morrow, Vice Chief of Staff and Department of Surgery Chairman will be Co-Chief Medical Officers at United Medical Center. Below you will find the dates Dr. Morrow will be available along with their contact information.

September/October 2020

- | | | |
|---------------|------------------------------|------------|
| • Mondays- | Gregory Morrow, MD | (7am-12pm) |
| | Marilyn McPherson-Corder, MD | (12pm-5pm) |
| • Tuesdays- | Marilyn McPherson-Corder, MD | (7am-12pm) |
| | Gregory Morrow, MD | (12pm-5pm) |
| • Wednesdays- | Marilyn McPherson-Corder, MD | (All day) |
| • Thursdays- | Marilyn McPherson-Corder, MD | (7am-12pm) |
| | Gregory Morrow, MD | (12pm-5pm) |
| • Fridays- | Gregory Morrow, MD | (All day) |

The Co-CMO that is covering all day and/or until 5pm will also be the Co-CMO on-call for that day until 7am the next day. Unless it's the Co-CMO weekend and the Co-CMO will be on-call the whole weekend.

Dr. Corder and Dr. Morrow will rotate every other weekend. Dr. Corder will be on 2nd and 4th weekend. Dr. Morrow will be on 1st, 3rd, and 5th weekend.

Dr. Corder can be reached at (301) 466-0006 at Dr. Morrow can be reached at (703) 508-9698. If you are unable to reach them you may call the Medical Affairs office at (202) 574-7077 or call Cheron Rust, Interim Manager of Medical Affairs at (202) 309-4573.

Thank you and I appreciate your cooperation.

**MONDAY
OCTOBER 5,
2020**



**UMC WILL HAVE OUR OWN SILENT
PROTEST AT 2:30PM IN FRONT OF
THE UMC LOGO LOCATED ON THE
FIRST FLOOR**

Although the larger demonstration occurred in New York on September 28th, we as first responders want to show our support in the effort to obtain justice for Breonna Taylor and systematic reform.

Please see the link below for more details of the demands, and how to participate in the larger movement.

https://docs.google.com/document/u/0/d/16pN-fazVQqSg9B_xbkaRZOZQ3ZkUJFHICAzW_nIAk0/mobilebasic?fbclid=IwAR2aIPOSrtBiidVLVKNdRxLkqt_w4bynKs9LhzeutVsidxPEb_H5K11sQupM

DO YOU HAVE FAMILY ROOTS AT UMC?

IF SO TELL US YOUR FAMILY TIES!

WE WANT TO HIGHLIGHT EMPLOYEES
WHO HAVE OR HAD FAMILY
MEMBERS WHO WERE ALSO
EMPLOYEES AT UMC AT ANY TIME
DURING THE HOSPITAL'S
EXISTENCE.

CONTACT TOYA CARMICHAEL
TCARMICHAEL@UNITED-
MEDICALCENTER.COM

KENNETH WHITAKER
KWHITAKER@UNITED-
MEDICALCENTER.COM

ATTENTION!

**YOUR FAVORITE
NEWSLETTER IS NOW
BIWEEKLY.**



**IF YOU HAVE
COMMUNICATIONS, NEWS,
KUDOS, OR OTHER
ANNOUNCEMENTS FOR THE
NEWSLETTER PLEASE
FORWARD THEM TO
KWHITAKER@UNITED-
MEDICALCENTER.COM
BY WEDNESDAYS OF EACH
WEEK.**

Hey!
WELCOME
We're *very* **GLAD**
you're here!

UMC would like to welcome our newest members to the team!

Randy Darmon-Director of Radiology

Donna Harris- Health Information Management Director

An apple a day keeps the doctor away





*Thank you for being an
essential part of our success
at
United Medical Center
Happy
42nd
Anniversary
“Mr. Eugene Crawford”*



STAY SAFE

As the District of Columbia's only public hospital, we all have a heightened responsibility to prevent the spread of COVID-19 **whether on/or off duty**. Although the city continues to reopen we must continue to adhere to the safety and social distancing mandates in effect throughout the region.



Mandatory

- Attention Staff !!!
- Flu vaccines will be given in Employee Health Clinic beginning 09/21/2020 on :
- Monday - Friday : 7 AM –12 Noon
- Monday - Friday : 4 PM – 5:30 PM
- Location: Medical Office Building 2nd floor
- Room 211

IT'S SIMPLE: WHEN YOU LEAVE HOME, YOU MUST
WEAR A MASK. 

Common allowable exceptions:



You are a child age 2 or younger



You are vigorously exercising outdoors
and not close to anyone else

You are actively eating or drinking



You are in an enclosed office and alone



Wear a mask. Save lives. Stop the spread.



DC | HEALTH
GOVERNMENT OF THE DISTRICT OF COLUMBIA



GOVERNMENT OF THE DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

October is Breast Cancer Awareness Month. You may be wondering how you can get involved in the fight against the most commonly diagnosed cancer in women. Here are seven ways you can help, not just in October, but everyday.



1

SHOW YOUR SUPPORT

Spread awareness by showing your support! Don your pink ribbons, change your Facebook profile photo, wear pink, and anything else you can think of doing that can keep the conversation going about breast cancer. It's crucial to reach as many people as possible to spread awareness!



2

SHOP FOR A CAUSE

Every year, plenty of stores and online retailers donate a portion of the sale to charities that support breast cancer research and awareness. All throughout the month of October, your dollars will be supporting breast cancer awareness! Past participants have included everything from kitchen appliance brands and wineries to clothing designers and cosmetics companies.



3

WALK FOR A CAUSE

The Susan G. Komen "Race for the Cure" may be the most well-known fundraising walk, but there are plenty of other breast cancer awareness fundraiser walks and races, including the American Cancer Society's "Making Strides Against Breast Cancer" walk, which fund research and mammograms for women who need them.



4

DONATE YOUR TIME

In addition to fundraising races and walks, there are plenty of opportunities to volunteer your time to an organization dedicated to raising awareness about breast cancer. Instead of walking in an event, you can volunteer at one to help the fundraiser go smoothly for participants.

5

DONATE YOUR MONEY

Breast cancer affects 1 in 8 women in their lifetime. The primary factors that contribute to a breast cancer diagnosis are gender and aging, which means research into how to eradicate the disease is crucial. Donating money directly to a reputable charity or sponsoring a fundraiser walk or run is a generous way to help.



6

GET A GREAT DEAL

With Ebay's Charity Shop, you can score a great deal on items that benefit breast cancer awareness charities. If you are part of a non-profit organization, you can enroll to have your own charity shop and sell items for a great cause.



7

LEARN (& SHARE) FACTS

Educating men and women on breast cancer risk factors, signs, and prevention is an important part of the fight to end this disease. It is estimated that over 40,000 women will die of breast cancer in 2016. Learning and sharing the facts is a great way to raise awareness and encourage women to get life-saving mammograms and treatments.



October is National Physical Therapy Month — a time to celebrate the profession and all the ways physical therapists, physical therapist assistants, and PT and PTA students help improve lives across the country. This year's theme is the promotion of physical activity and the unique value PTs and PTAs bring to help people get moving, a focus that's also in line with our latest #ChoosePT public awareness campaign.

"Although this year has brought significant challenges to health care and the profession, we are getting through them together," said APTA President **Sharon L. Dunn, PT, PhD**. "Now, more than ever, it's important to share the value of keeping active and moving, and APTA offers inclusive ways for us to share with our communities the importance of physical activity to a healthy life."

While in-person celebrations may be postponed or look different this year, there are still exciting ways you can get involved to promote your profession! Visit the APTA [NPTM website](#) for more information, and check out these [eight easy ways to participate](#).

UMC's Public Relations Team Needs You!!

On Saturday, October 10, 2020, UMC will participate in the community event detailed below. We are asking for donations of new toys and/or books to distribute alongside UMC information and wellness guides. We also need one or two volunteers to table with the PR team. If you are interested and available to table, please send an email to KWhitake@United-medicalcenter.com.

Donations can be dropped off in room 2041 (near the staircase leading to the second floor on the backside of the Executive Office).

Thank you in advance for your support!

Toya Carmichael & Kenneth Whitaker



OFFICIAL LAUNCH INFORMATION SHEET

Smart from the Start, Inc. is thrilled to be in the final countdown to the grand opening of our **Woodland Family Success Center** at 2498 Alabama Avenue, SE, Washington, DC 20020 in the former childcare space at **Allen Chapel AME Church**!

We are hoping that YOU as a valued partner and community member would participate and consider **volunteering to be a part of this groundbreaking occasion** for the families of the greater Woodland Terrace community!!!

General Information: (Zoom links will go out with official invitations)

October 7, 2020: Smart Team will host our virtual "Grand Opening" from 5:00 -6:30pm on Zoom. <https://us02web.zoom.us/j/81446822479?pwd=VXV4bDdkcEdKREU0aHVrR2ErOW42Zz09>

October 10, 2020 Smart and Friends will host our Grand Opening **"Party n Parade"** in the parking lot of Allen Chapel AME Church 2498 Alabama Ave, featuring socially distanced activities, giveaways and resources for the community from 12:00pm – 3:00pm.

(To be Announced): Mayor Muriel Bowser's Virtual Ribbon Cutting (time and link, TBD)

How YOU can get involved:

- Join us for the virtual events on October 6th and 7th!
- Donate new toys, books, games, art supplies, learning materials to Smart for the event or Family Success Center!
- Volunteer to help out at our **"Party n Parade"** on October 10th, by setting up a table to offer information and resources from your organization OR help to staff our activity and giveaway tables!

For more information or to volunteer, reach out to Layla Ellaisy, Program Coordinator at layla@smartfromthestart.org or call (202) 446-7487.



Community Resources & Activities

The Hospital Board of Directors and Executive Leadership Team recognizes that you are more than an employee and that as much as you care for our patients, staff, and visitors, you must also care for your families at home.



Combat disease with diet! Join doctors and community partners for a FREE online nutrition class! Learn how weight, high blood pressure, diabetes, and other conditions can be treated and prevented with a plant-based diet.

Vanita Rahman, MD, Neal Barnard, MD, Jennifer Paul, MPH, and weekly class guests will provide practical tips, meal planning, and interactive Q&A during this 8-week class series from the Physicians Committee for Responsible Medicine.

Register today at PCRM.org/NutritionClass

August 25th-October 13th



**FREE 8-Week
Nutrition Class**



Meet UMC @ The Faunteroy Center in Ward 7 every Wednesday!



United Medical Center
Comes to Ward-7!

FCEC & UMC Presents:

"Wellness on Wheels"



STI Testing
(HIV free without insurance)

COVID19 Testing

Wellness Checks
(high blood pressure, diabetes,
kidney disease and more)

Treatment
(allergies, rashes, earaches, stomach
aches, sore throats, burns, muscle
sprains and more)

Referrals to Specialist

Every Wednesday!
Starting
Wednesday September 9 , 2020
10:00am-3:00pm

Location:
4800 Nannie Helen Burroughs Ave NE
Washington DC 20019

In front of the The FH Faunteroy Community
Enrichment Center

Bring your insurance card & ID



<https://faunteroycenter.org/>
<https://www.unitedmedicaldc.com/>





For the latest information on the District Government's response to COVID-19 (Coronavirus), please visit coronavirus.dc.gov.

Cases as of October 2, 2020

	Total Number Positives	Percent
All	15,423	100
Race		
Unknown	84	1
American Indian/Alaska Native	36	<1
Asian	251	2
Black/African American	7789	51
Native Hawaiian/Pacific Islander	44	<1
Other/Multi-Racial	3628	25
White	3373	22
Ethnicity		
Unknown	1299	8
Hispanic or Latinx	3887	25
NOT Hispanic or Latinx	10,221	66

UMC IN THE NEWS–September 28–October 2, 2020

UMC Staff are reminded to direct **ALL MEDIA INQUIRIES** to Toya Carmichael, VP of Public Relations @Tcarmichael@united-medicalcenter.com.



September 29, 2020 - [A New Medical Van Wants To Connect People In Public Housing With Healthcare Providers](#) by Jenny Gathright, Dcist.