

COVID-19 Newsletter

April 24, 2020

Volume 1, Number 5



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We Are in This Together

As we find ourselves in another week with the COVID-19 pandemic, it is with tremendous gratitude and appreciation I have for everyone's dedication and conviction in undertaking the rapid working pace to help us combat this unprecedented pandemic. Our staff continues to go above and beyond to ensure that UMC's patients receive the best possible care and emotional support.

In this challenging and stressful time, I am energized by the continued commitment and dedication I see from the UMC team. In addition, our community has come together by supporting us in donations on every level possible. We owe it to them and ourselves to protect one another as best we can, while also ensuring the best possible experience towards our patients and visitors.

One of our most important resources is our entire team. We must stay healthy for not just our patients, but also our family, love ones and fellow co-workers. If you are experiencing any COVID-19 symptoms, please immediately contact your physician and your UMC manager so arrangements can be made for testing if necessary.

It is essential we stay aware of the policies and protocols we have put in place to protect our patients, the community, and one another. Whether it's visitor restrictions, proper use (and disposal) of PPE, or reporting of safety issues, we must continuously think of how we can be best prepared for current and additional patients, strain on our hospital's resources and the surge that will embark upon us over the next several weeks.

Finally, I am thankful for the community for entrusting their care and the care of their love ones to UMC. We have treated and continue to treat some of the most challenging patients in the city. Even so, it is a privilege to know that UMC has provided them with the highest quality care that is expected and deserved.

UMC, thank you for all you you're doing. We are all in this together.

Colene Y. Daniel
Chief Executive Officer



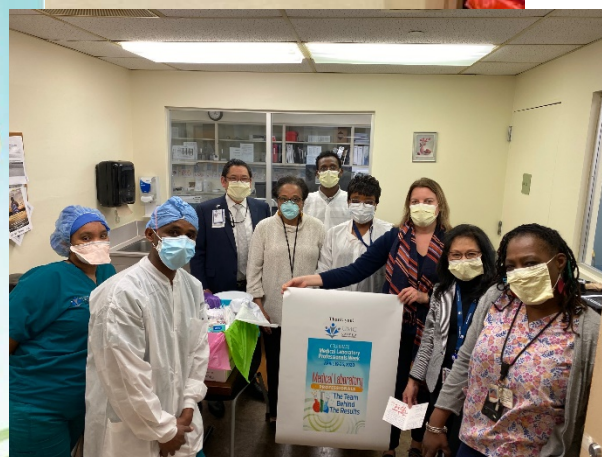
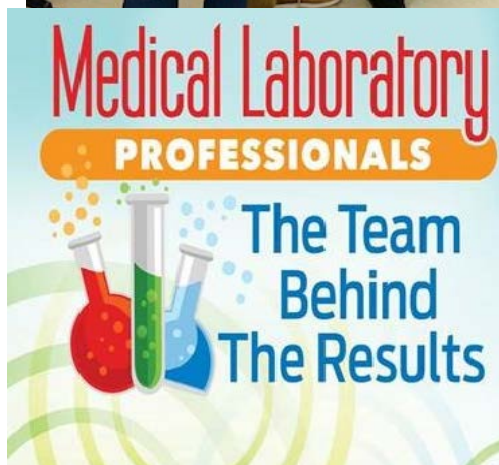
You Are Appreciated



Being a healthcare professional is a calling and we are so thankful that you accepted the call. The daily demands on your physical, mental, and emotional self is more than many people will ever experience. During this COVID-19 Pandemic we just want to say thank you and ask that you **STAY ENCOURAGED.**

Let's Celebrate!!

Medical Laboratory Professionals Week, April 19-25, 2020, is an annual celebration of medical laboratory professionals and pathologists who play a vital role in health care and patient advocacy! **We are grateful for our UMC Laboratory Team.**



Without you, our doctors are just guessing.



Stay Safe

As the District of Columbia's only public hospital, we all have a heightened responsibility to prevent the spread of COVID-19 **whether on/or off duty**. Thus, please continue to adhere to the safety, shut-in, and social distancing mandates in effect throughout the region.

✓ YES

Maintain at least **6 feet** between you and others outside your family unit



After returning home, **wash hands** with soap and water for at least 20 seconds



✗ NO

Congregating in groups of **10 or more**



Team sports or sports requiring sharing of equipment



Close contact with individuals outside your family unit



STOP THE SPREAD OF GERMS!

Stay home when sick



Cover your cough or sneeze with a tissue



Dispose of tissue after use



If you don't have a tissue, cough or sneeze into your upper sleeve



Wash hands with soap and water for at least 20 seconds



Avoid touching eyes, nose, and mouth with unwashed hands



CORONAVIRUS.DC.GOV

DC HEALTH
GOVERNMENT OF THE DISTRICT OF COLUMBIA

DC MURIEL BOWSER, MAYOR



3

TIPS FOR USING NON-MEDICAL MASKS OR FACE COVERINGS



Masks or face coverings do not eliminate the need for **social distancing** and staying home when sick!



Before putting on a cloth mask, **clean hands** with soap and water or use hand sanitizer.



Cover **mouth and nose**, make sure there are no gaps.



Avoid touching the mask when using it.



After using, **toss single-use masks in the garbage** or immediately **wash cloth masks** and clean your hands with soap and water or use hand sanitizer.



Please **don't purchase N95 respirator masks**, they are needed for healthcare workers and first responders.



THANK YOU!!!!

We are so grateful to the District residents and local businesses who have poured out an overflow of support to UMC through donated meals and/or PPE. Please share expressions of gratitude to the businesses directly or send a note to Toya Carmichael, VP of Public Relations / Corporate Secretary @ Tcarmichael@united-medicalcenter.com. You may also follow UMC on Instagram @unitedmedicaldc.



Donated Meals

[Monumental Sports Foundation](#) / [Superfd](#)

[Goodfynd Give](#) / [GW Rodham Institute](#) / [AC Sliders](#)

[Off Their Plate](#) / [Emilie's Café](#)

[All Purpose Pizza](#)

Kamilah Starks & Friends

[Sun Dun Refreshments](#) / Association of American Railroads/ PenFed Credit Union / Bernstein Management Corporation

Donated PPE

Vineela Yannamreddy &

Martin Chase Community

L'Oréal / Jackie Jiles

[Williams & Connolly LLP](#) DC

Kareem Petteway

James & Rosena Peters

[Masks for America](#)

Tracie Chaconas & Family

[Skidmore, Owings & Merrill LLP](#) DC



On behalf of Monumental Sports & Entertainment
Thank You.



Administrative Updates

Personal Protective Equipment Inventory Process

It is the responsibility of Materials Management to manage the replenishment of inventory stored within the storeroom (central supply) as well as manage the replenishment of inventory at various patient care areas. Inventory will be replenished according to the established stock par levels.

Storeroom personnel are responsible for replenishing stock to the PPE cage locations daily. The storeroom personnel will pick the items from central supply storeroom accordingly, distribute to PPE inventory cages, and signature will be required upon delivery by management.

PPE Inventory cages will be in designated locations with PPE and secured with lock. A key will be issued to management only; unit management must assure the key is given to each shift and not shared with employees. It is the responsibility of the designated manager/supervisor of the shift to distribute/replenish the supplies to isolation cart as needed. ***Management is responsible for the issuance and security of all PPE supplies once delivered.***

Distribution of PPE:

Non-patient units: Personnel will request PPE directly from storeroom when needed. A storeroom requisition form must be completely filled out and signed by manager before items are issued. **only issued approved par level amounts

Patient units: PPE will no longer be stocked in the inventory areas, will only be stocked in the secured cages. No PPE will be distributed without a signature from management.

PPE consist of but not limited to:

- Isolation Gown
- N95 Mask (regular and small)
- Isolation Mask
- Gloves (small, medium, large, X-large)
- Eye shield
- Mask w/shield

The yellow isolation cart will be issued on an as needed basis as mobile storage for PPE. The isolation carts contents are below:

- QTY. 60 -yellow isolation gowns
- QTY. 1- box large gloves
- QTY. 1 -box medium gloves
- QTY. 1 -disposable stethoscope
- QTY. 1 -disposable blood pressure cup
- QTY. 6 -disposable thermometers
- QTY 50- isolation mask

Par levels based upon availability



Where can I
park?

DDOT is providing on street parking to assist with parking for staff. Specifically, the locations are the west side of 13th Street SE from the second entrance to Varney Street SE and Southern Ave opposite of the hospital. **PLEASE DISPLAY YOUR UMC PARKING PERMIT WHEN PARKING ON THE STREET.**



Community Resources

The Hospital Board of Directors and Executive Leadership Team recognizes that you are more than an employee and that as much as you care for our patients,

Transportation

In response to public transportation limitations during COVID-19 pandemic, UMC has partnered DC Neighborhood Connect to provide discounted for evening and night shifts during this pandemic.

The following outlines the program, please refer to the attached to use this service:


- The program begins **April 14, 2020 at 9 pm**
- Employees can access trips from Washington, DC or Prince George's County to United Medical Center
- Each ride costs \$3
- Operates from 9pm to 1am, daily
- Employees may use an app on their phone or call directly

UMC Healthcare Worker Transportation with DC Neighborhood Connect

Operates 9pm to 1am, seven days a week.


STEP 1

Download free "DC Neighborhood Connect" from App store and click "Sign Up".




STEP 2

After entering profile information, input billing information. If planning to pay with cash, select "Cash" option.




STEP 3

Open Menu and go to "Promo Codes" page.



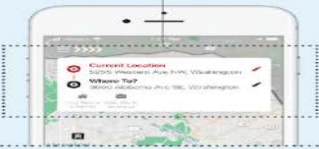
STEP 4

Insert Promo Code "UMC-2020" and click "Done".




STEP 5

Enter your pickup address and press "Set Pickup," then do the same with your dropoff address.




STEP 6

After requesting, the rider will receive a proposal for a \$3 ride. Tap "Book This Ride" before the line goes away.




STEP 7

Walk to pickup spot, which will be displayed once your ride has been confirmed.




STEP 8

Track your ride in real time in the app. We'll also nudge you when your driver is almost there.





STEP 9

Display your hospital badge upon entering the vehicle, and enjoy the ride!



Have questions?
Email us at: dcneighborhoodconnect@districtcab.com
Don't have a smartphone? Book by calling 202.398.0500



Transportation Cont.

Uber has partnered with DCHA to provide free transportation for health care workers. Managers, please share the attached documents with your employees and post them in your break rooms.





Program Details:


- Each week employees can access the Uber promo code via the following link: <https://r.uber.com/cdTeela5IW>
- Once downloaded employees can use their Uber account as they normally would, and the credits will automatically apply
- Rides are valid from 9 pm - 1 am every day and 5 am - 8 am on weekends
- Trips must begin or end at UMC hospital entrance
- Each trip is valid for up to \$25; balance owed by each passenger
- Health care workers are required to show their hospital badge and wear a face mask when ride sharing
- A new promo link will be provided every Monday by Noon using the link: <https://r.uber.com/cdTeela5IW>.

If you have questions, contact Pam Whiting in Human Resources at extension 6079.

Uber partnered with DCHA to provide "lifeline" transportation for health care workers in District hospitals.

- 9 pm - 1 am every day and 5 am - 8 am weekends
- Valid for all DCHA member hospitals
- Trips must begin or end at a DC hospital entrance





**Contact Your
HR Department
For Details**

- Promotion ends June 15, 2020 or after the use of 20,000 trips.
- Promotion code valid in DC, Maryland and Northern Virginia.
- Each trip valid for up to \$25; balance owed by passenger
- Health care workers are required to show their hospital badge and wear a face mask when ride sharing.

All UMC Employees have access to [GuidanceResources](#) (UMC Web ID: EAPComplete) or by dialing 1-877-595-5284. Guidance Resources provides information for personal and work-life issues including:

Confidential Counseling - Financial Counseling - Online Will Preparation - Legal Support -Work-Life Solutions (Child-care, college planning, moving & relocation, etc.)

You can access additional mental health support from your respective health plan as well:

CareFirst BlueCross BlueShield

- Available 24/7 soothing music and relaxation videos to help break free from stress, unwind at the end of the day or ease into a restful night of sleep
- Yoga and meditation videos
- Airplay functionality using AppleTV
- Relax 360° can be viewed in virtual reality experience
- Visit carefirst.com/sharecare to register

Visit <https://individual.carefirst.com/individuals-families/about-us/coronavirus-resource-center.page> for additional information on resources related to COVID-19.

Maryland Residents: For the latest updates visit:
<https://coronavirus.maryland.gov/> or

| County | Telephone # | | Telephone # |
|------------------------|------------------------------|--|------------------------------|
| Charles County | 301-609-6900 | | 301-932-2222 |
| Montgomery County | 240-777-1741 | | 240-777-4000 |
| Prince George's County | 301-883-7834 301-883-7879 | | 301-883-4748 301-883-7879 |

Virginia Residents: For the latest updates visit:
<http://www.vdh.virginia.gov/surveillance-and-investigation/novel-coronavirus/> or

| County | Telephone # | County | Telephone # |
|-------------------|--------------|-----------------------|--|
| Arlington County | 703-228-5580 | Fairfax County | 703-534-8343 703-569-1031 703-246-7100 703-704-5203 |
| Alexandria County | 703-746-4996 | Prince William County | 703-792-7300 |

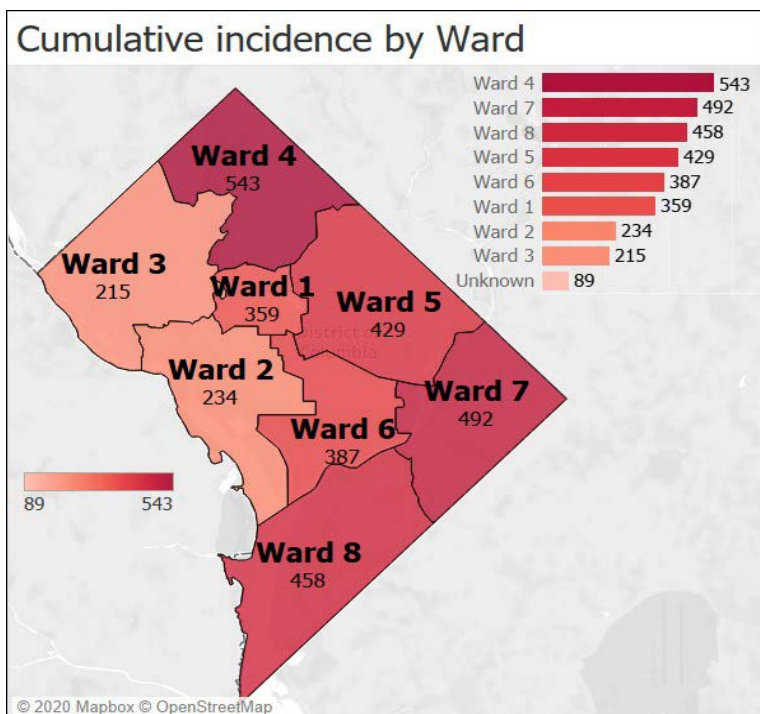




For the latest information on the District Government's response to COVID-19 (Coronavirus), please visit coronavirus.dc.gov.

Cases as of April 23, 2020

| | Total Number Positives | Percent |
|----------------------------------|------------------------|------------|
| All | 3,361 | 100 |
| Race | | |
| Unknown | 479 | 14 |
| American Indian/Alaska Native | 12 | <1 |
| Asian | 58 | 2 |
| Black/African American | 1670 | 50 |
| Native Hawaiian/Pacific Islander | 7 | <1 |
| Other/Multi-Racial | 508 | 15 |
| White | 603 | 18 |
| Refused During Interview | 24 | 1 |
| Ethnicity | | |
| Unknown | 663 | 20 |
| Hispanic or Latinx | 610 | 18 |
| NOT Hispanic or Latinx | 2074 | 62 |
| Refused During Interview | 14 | <1 |



UMC IN THE NEWS– April 18-24, 2020

UMC Staff are reminded to direct **ALL MEDIA INQUIRIES** to Toya Carmichael, VP of Public Relations @Tcarmichael@united-medicalcenter.com.



The Not-For-Profit Hospital Corporation commonly known as United Medical Center ("UMC") in the news:

A day in the life of a DC nurse treating COVID-19 patients **WTOP, Mike Murillo, April 20, 2020**

<https://wtop.com/coronavirus/2020/04/a-day-in-the-life-of-dc-nurse-treating-covid-19-patients/>

Officials Say The Curve Is Flattening — But Some Local Hospitals Are Seeing The Coronavirus Surge, WAMU, Jenny Gathright, April 22, 2020

<https://wamu.org/story/20/04/22/officials-say-the-curve-is-flattening-but-some-local-hospitals-are-seeing-the-coronavirus-surge/>

The intersection of COVID-19, race and class

The DC Line, Jonetta Rose Barras, April 23, 2020

<https://thedcline.org/2020/04/23/jonetta-rose-barras-the-intersection-of-covid-19-race-and-class/>

Patriot delivered six converted PODS® storage containers to United Medical Center in Washington DC

PRNewswire, April 22, 2020

<https://www.prnewswire.com/news-releases/patriot-delivered-six-converted-pods-storage-containers-to-united-medical-center-in-washington-dc-today-which-are-the-first-cost-effective-units-that-can-be-mass-produced-as-medical-stations-for-covid-19-patients-301045622.html>

Despite a Stay-at-Home Order, Homicide Numbers in D.C. Haven't Dropped

Washington City Paper, Amanda Michelle Gomez, April 23, 2020

<https://www.washingtoncitypaper.com/news/city-desk/article/21129952/despite-a-stayathome-order-homicide-numbers-in-dc-havent-dropped>

This DC High School Student Got More Than a Thousand Face Shields Made for Healthcare Workers

Washingtonian, Evy Mags, April 22, 2020

<https://www.washingtonian.com/2020/04/22/this-dc-high-school-student-got-more-than-a-thousand-face-shields-made-for-healthcare-workers/>