

COVID-19 Newsletter

September 25, 2020 | Volume 1, Number 24



In this Issue:

01. Message from the CEO

02. UMC Mission & Values

03. Welcome To UMC

04. Administrative Update

05. Get Your Flu Shot & Stay Safe!

06. Gone But Not Forgotten

07. Get Counted

08. Get Counted

09 – 15. Community Resources & Activities

16. DC COVID Numbers

17. UMC in the News

1310 Southern Ave. SE
Washington, DC 20032
202-574-6000
Unitedmedicaldc.com

Be The Change You Wish To See

As the city's only public hospital, we are reminded everyday how inequities in healthcare resources, preventive services, employment opportunities, and the criminal system impact our patient and often our staff community. This week, the world witnessed yet again, how little value is placed on the lives of people of African descent even frontline heroes like Breonna Taylor. These unfortunate and constant reminders, make it increasingly difficult to show up with a kind, compassionate, and caring face for our patients but **WE MUST** find a way to push through and play our critically important role as healthcare professionals.

When I think about how to push through, I am reminded of a quote by Maya Angelou that reads, "if you don't like something, change it. If you can't change it, change your attitude." Last week, the newsletter reminded you of the importance of casting your vote in local, state, and federal elections, as this is the easiest way for you make your voice heard and select officials who share your values.

Here at UMC, be the change you wish to see by learning our mission, vision, and values and identifying what work habits you need to improve upon to achieve our stated goals.

This weekend at home, rest and then reflect with family on what your household needs to be prepared for emergencies both financial and natural; as preparation for unforeseen events is the only way to recover when disaster strikes. Encourage yourself with words of self-affirmation and success and seek support from others when needed.

I know we can be the change we wish to see, after all, we are **HEALTHCARE HEROES!**

Colene Y. Daniel

A handwritten signature in blue ink that reads "Colene Y. Daniel".

Chief Executive Officer



Who We Are...

Our Mission
&
Our Vision

The Not-for-Profit Hospital Corporation, commonly known as United Medical Center or UMC is a District of Columbia government acute care hospital servicing Southeast DC and surrounding Maryland communities

Our Mission

United Medical Center is dedicated to the health and well-being of individuals and communities entrusted in our care

Our Vision

UMC will be an efficient, patient-focused, provider of high quality healthcare the community needs

UMC will employ innovative approaches that yield excellent experiences

UMC will empower healthcare professionals to live up to their potential to benefit our patients

UMC will collaborate with others to provide high value, integrated and patient-centered services



Who We Are...

Values

Values

• *Compassion*

Empathy for patients, their families and staff is ingrained in our history and inspires our future. We do more than treat the patient we practice family-centered care as the cornerstone of compassion.

• *Excellence*

Our promise to treat, prevent and cure disease is an enormous responsibility. We follow the highest standards of quality and safety and expect accountability from each other.

• *Integrity*

At all times, we approach our work with openness, transparency, decency and humility. It is our responsibility to use resources wisely to sustain UMC for generations to come.

• *Collaboration*

We work in partnership with patients, their families, staff, providers, volunteers and other caregivers. This spirit of respectful cooperation extends beyond our walls to our business partners and the community.

• *Equity*

We embrace and find strength in the diversity of our patients, their families, staff and community. We believe all patients deserve exceptional care, the best outcomes, respect and a safe environment.

• *Innovation*

We aspire to be an innovative leader in community healthcare and service. We continually seek new and better solutions. Because innovation springs from knowledge, we foster learning in all disciplines.

Who We Are...

Values



UMC would like to welcome our newest members to the team!

We are pleased to announce Kim Greer as the new Phlebotomy/Accessioning Supervisor of the department of Pathology. Kim Greer has worked in the Anatomic Pathology Department for 20 years with UMC as the Laboratory Coordinator/Transcriptionist. Kim has over 20+ years of experience as a Phlebotomist and instructor. In addition to her responsibilities as the Phlebotomy supervisor, she will continue to assist the Pathology department in report transcription as needed.

Her office is located on the first floor in the laboratory department room L12A. She can be reached at (202) 574-6959

Memorandum

September 21, 2020

TO: UMC Medical Staff Members

From: Colene Y. Daniel, MS, MPH, FACHE
Chief Executive Officer



Subject: **Interim CMO Coverage**

During the transition from Raymond Tu, M.D. to the arrival of the new CMO Dr. William Strudwick. Dr. Marilyn McPherson-Corder, Chief of Staff and Dr. Gregory Morrow, Vice Chief of Staff and Department of Surgery Chairman will be Co-Chief Medical Officers at United Medical Center. Below you will find the dates Dr. Morrow will be available along with their contact information.

September/October 2020

- | | | |
|---------------|------------------------------|------------|
| • Mondays- | Gregory Morrow, MD | (7am-12pm) |
| | Marilyn McPherson-Corder, MD | (12pm-5pm) |
| • Tuesdays- | Marilyn McPherson-Corder, MD | (7am-12pm) |
| | Gregory Morrow, MD | (12pm-5pm) |
| • Wednesdays- | Marilyn McPherson-Corder, MD | (All day) |
| • Thursdays- | Marilyn McPherson-Corder, MD | (7am-12pm) |
| | Gregory Morrow, MD | (12pm-5pm) |
| • Fridays- | Gregory Morrow, MD | (All day) |

The Co-CMO that is covering all day and/or until 5pm will also be the Co-CMO on-call for that day until 7am the next day. Unless it's the Co-CMO weekend and the Co-CMO will be on-call the whole weekend.

Dr. Corder and Dr. Morrow will rotate every other weekend. Dr. Corder will be on 2nd and 4th weekend. Dr. Morrow will be on 1st, 3rd, and 5th weekend.

Dr. Corder can be reached at (301) 466-0006 at Dr. Morrow can be reached at (703) 508-9698. If you are unable to reach them you may call the Medical Affairs office at (202) 574-7077 or call Cheron Rust, Interim Manager of Medical Affairs at (202) 309-4573.

Thank you and I appreciate your cooperation.

STAY SAFE

As the District of Columbia's only public hospital, we all have a heightened responsibility to prevent the spread of COVID-19 **whether on/or off duty**. Although the city continues to reopen we must continue to adhere to the safety and social distancing mandates in effect throughout the region.



Mandatory

- Attention Staff !!!
- Flu vaccines will be given in Employee Health Clinic beginning 09/21/2020 on :
- Monday - Friday : 7 AM –12 Noon
- Monday - Friday : 4 PM – 5:30 PM
- Location: Medical Office Building 2nd floor
- Room 211

IT'S SIMPLE: WHEN YOU LEAVE HOME, YOU MUST

WEAR A MASK.



Common allowable exceptions:



You are a child age 2 or younger



You are vigorously exercising outdoors
and not close to anyone else

You are actively eating or drinking



You are in an enclosed office and alone



Wear a mask. Save lives. Stop the spread.



DC | HEALTH
GOVERNMENT OF THE DISTRICT OF COLUMBIA



GOVERNMENT OF THE DISTRICT OF COLUMBIA
DC MURIEL BOWSER, MAYOR

In Loving memory

We remember those whom
have recently passed.

We remember those who have
gone before.

We remember those on these
special occasions.

The Patient Access Department has lost one of their own, please send your condolences to this department in their time of need.

BRIAN "Mr. B" ROSS

1979-2020



Brian had such a great spirit , he was caring, loving and always willing to make you smile ☺ He always exuded the smarter values which included in only his way.

S- SOULFUL

M- MOTIVATED

A-CCOUNTABLE

R- RESPECTFUL

T- TRUSTWORTHY

E-EXCITED

R- RELIABLE

When we're fully counted, we get:

Money

Billions for education, housing, transportation, and healthcare.

Power

Full political representation, from City Hall to the halls of Congress.

Respect

We empower ourselves to obtain what is rightfully ours and what is owed to us.

English: 1-844-330-2020
Spanish: 1-844-468-2020

#GetCountedDC

2020census.gov



About a Nurse



"I've had a lot of patients who are afraid of needles, but this one is a little harder to catch."

Doctor: What's the condition of the boy who swallowed the quarter?
Nurse: No change yet.



JuicyQuotes.com



THE BEST JOKES TO SHARE



NATIONAL PREPAREDNESS MONTH

2020

Disasters Don't Wait.
MAKE YOUR PLAN TODAY.

BE READY DURING CORONAVIRUS

Pack face coverings and
disinfectants in your
emergency kit



Ready

FEMA

ad

10 ESSENTIAL ITEMS YOU NEED FOR YOUR FAMILY EMERGENCY PREPAREDNESS KIT

1 WATER

Have one gallon per person per day to use for drinking, hygiene and cleaning as needed.



2 FOOD

Have a two week supply of non-perishable food per person. Try to pack foods that require no refrigeration, preparation or cooking.



3 CAN OPENER

Make sure it is a manual can opener in case there is no electrical power. Consider buying items with a pull-top opening.



4 MEDICATIONS

Collect one month's worth of any prescription medicines you are taking. Include non-prescription fever/pain reliever, antacids, anti-diarrheal items, etc., in your stockpile.



5 PERSONAL CARE ITEMS

Collect the basics like soap, toilet paper, toothbrush, hand sanitizer, cleaning supplies, bleach, garbage bags and feminine products.



6 FLASHLIGHT

Keep a bright flashlight in case there is no electrical power. Consider getting a lantern-style light for hands-free use.



7 RADIO

Have a battery-powered radio for listening to news and weather. Consider buying a crank-operated or solar-powered radio.



8 CLOTHES

Collect extra per person and consider packing blankets, rain gear and outerwear.



9 FIRST AID

Include basics, such as antiseptic, gloves, a variety of bandage sizes, thermometer, and protective masks. You can buy a pre-made kit at most pharmacies or grocery stores.



10 IMPORTANT DOCUMENTS

Collect copies of driver licenses, social security cards, birth certificates, mortgage papers, insurance policies, etc. and keep electronic copies on a flashdrive.



Community Resources & Activities

The Hospital Board of Directors and Executive Leadership Team recognizes that you are more than an employee and that as much as you care for our patients, staff, and visitors, you must also care for your families at home.



Combat disease with diet! Join doctors and community partners for a FREE online nutrition class! Learn how weight, high blood pressure, diabetes, and other conditions can be treated and prevented with a plant-based diet.

Vanita Rahman, MD, Neal Barnard, MD, Jennifer Paul, MPH, and weekly class guests will provide practical tips, meal planning, and interactive Q&A during this 8-week class series from the Physicians Committee for Responsible Medicine.

Register today at [PCRM.org/NutritionClass](https://www.pcrm.org/NutritionClass)

August 25th-October 13th



FREE 8-Week
Nutrition Class



**Meet UMC @ The
Faunteroy Center in
Ward 7 every
Wednesday!**



**United Medical Center
Comes to Ward-7!**

FCEC & UMC Presents:

"Wellness on Wheels"



STI Testing
(HIV free without insurance)

COVID19 Testing

Wellness Checks
(high blood pressure, diabetes,
kidney disease and more)

Treatment
(allergies, rashes, earaches, stomach
aches, sore throats, burns, muscle
sprains and more)

Referrals to Specialist

**Every Wednesday!
Starting
Wednesday September 9 , 2020
10:00am-3:00pm**

**Location:
4800 Nannie Helen Burroughs Ave NE
Washington DC 20019**

**In front of the The FH Faunteroy Community
Enrichment Center**

Bring your insurance card & ID



<https://faunteroycenter.org/>
<https://www.unitedmedicaldc.com/>



"Making It Plain: African Americans and the Covid-19 Vaccine," that will focus on Covid 19 vaccinations and the impact and implications of vaccinations for Black people.



The WHUT-TV Broadcast will air the rebroadcast on the following dates and times:

September 25th @ 8-10pm

September 26th @ 12-2am

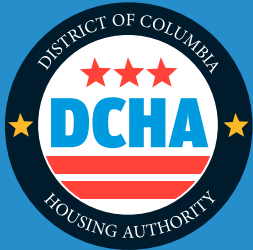
September 26th @ 10a-12n

If you want to watch now click the links below:

Day 1 - Link: <https://www.youtube.com/watch?v=76-PBL3OYeQ>

Day 2 - Link: https://www.youtube.com/watch?v=gZLXR2_WGK4





D.C. HOUSING AUTHORITY

MOBILE HEALTH UNIT from United Medical Center



SERVICES

- COVID-19 Testing
- Primary and Preventive Health Care Screenings

TUESDAY
SEPTEMBER

29

10 A.M.
to
3:30 P.M.

Benning Terrace

4450 G STREET S.W. WASHINGTON, D.C. 20019

For more information contact Byron Pugh at (202) 535-1517 or bapugh@dchousing.org

DCHA is committed to providing equal access to this event for all participants & residents with disabilities. If you need a reasonable accommodation or sign language interpreter service, please contact ADA/504/Language Department at 202-535-2737 or ADA504@dchousing.org with your complete request. Please allow at least 3 business days to make the necessary arrangements. If you need a foreign language translator, please contact ADA/504/Language Department at 202-535-2737 or ADA504@dchousing.org. Please allow at least 5 business days to make the necessary arrangements.

SUICIDE PREVENTION AWARENESS MONTH

Learn more about
what you can do as
an individual, friend
or family member.

[One conversation can change a life.]

NAMI.org/suicideawarenessmonth

Dear Ward 8 Residents,

September is Suicide Prevention and Awareness Month. This is a significant public health issue and one that is often highly stigmatized and taboo to discuss.

This month, we want to take the time to share resources in an effort to break that stigma.

Suicidal thoughts, much like mental health conditions, can affect anyone regardless of age, gender, or background. We are committed to providing trauma-focused care and resources for residents in Ward 8.

Check out these informational resources that may help. Know the warning signs and risk factors of suicide.

Informational Resources

- [Know the Warning Signs and Risk Factors of Suicide](#)
 - [Being Prepared for a Crisis](#)
 - [Navigating a Mental Health Crisis](#)

Be well and be safe,

Trayon White, Sr.
Councilmember, Ward 8



FREE SUMMER MEALS

For youth 18 and under



To find the closest summer meals site:
Call 211 • Text 'FOOD' to 877-877 •
MDsummerMeals.org



HYGIENE KITS

THURSDAYS AT 11 AM

PICK UP FREE HYGIENE KITS
FOR YOUR FAMILY AT
KELLY MILLER MS
301 49TH ST NE WDC 20019



Little Sesame will supplement the emergency response of the city.
With the help of their nonprofit partner Dreaming Out Loud,
they will provide meals to communities during this forced closure.

WHERE

KELLY MILLER MIDDLE SCHOOL
301 49TH ST NE
WASHINGTON DC, 20019

WHEN

MONDAY - FRIDAY
3PM - 5PM

WWW.EATLITTLESesame.COM

WWW.DREAMINGOUTLOUD.ORG

Martha's Table 40 years strong
EDUCATION • FOOD • OPPORTUNITY

GRAB-AND-GO GROCERY DISTRIBUTION

TUESDAY

10:00 AM - 11:30 AM
KELLY MILLER MIDDLE
SCHOOL
301 49TH STREET NE
20019 (WARD 7)



10:00 AM - 11:30 AM
STANTON
ELEMENTARY SCHOOL
2701 NAYLOR ROAD SE
20020 (WARD 8)

WEDNESDAY

10:00 AM - 11:30 AM
H.D. WOODSON HIGH
SCHOOL
540 55TH STREET NE
(WARD 7)



12:30 PM - 2:00 PM
THEARC WEST
CAMPUS
1901 MISSISSIPPI
AVE SE (WARD 8)

THURSDAY

10:00 AM - 11:30 AM
KIMBALL
ELEMENTARY 3375
MINNESOTA AVE
SE (WARD 7)



10:00 AM - 11:30 AM
ANACOSTIA HIGH
SCHOOL
1601 16TH STREET SE
(WARD 8)

FRIDAY

10:00 AM - 11:30 AM
BALLOU HIGH
SCHOOL
3401 4TH STREET
SE (WARD 8)



12:30 PM - 2:00 PM
E.W. STOKES PCS -
EAST END CAMPUS
5600 EAST CAPITOL
STREET NE (WARD 7)



The following goods and services are available

Discounted bags of fresh produce

Field of Greens Market | Wednesdays 3-6pm

RESERVATION REQUIRED

RSVP to secure your spot by the Friday prior to each market
Maya.Walker@nationals.com

"Grab and Go" Dinner for Families (Children/Parents)

2-6pm | Monday - Friday

Meals are served on a first come first serve basis

- LIMITED QUANTITIES AVAILABLE -

3765 Ely Place SE | Washington, DC 20019

#NATS4GOOD

ANONYMOUS TIP LINE

Send an anonymous tip



Text
50411



Call
202-727-9099

\$25,000 for information that leads to an arrest

HOSTED BY MAPCS
OFFICE OF FAMILY & COMMUNITY ENGAGEMENT

COMMUNITY EATS & GROCERY PICK UP



Hot Meal
Provided

5600 East Capitol St. NE,
Washington DC 20019
YALC Entrance

Contact: Ms.Holley, Dir. of
Family & community
Engagement
202-213-7229

Every Wednesday
Rain Date Thursday





UnitedHealthcare and UNITED MEDICAL CENTER present: a special health event.

If you have Medicare and Medicaid, you may qualify for a Dual Special Needs Medicare Advantage plan. This plan provides additional benefits and services designed to help you live a healthier life at no additional cost to you. Stop by our event to learn more. You'll enjoy:

- UnitedHealthcare® giveaways
- Informational hand-outs
- Health information

Bring a friend!

We hope you can join us.

Debra Jeje

Licensed Sales Agent

240-423-0116, TTY 711

APPRECIATION DAY

**Thursday, October 8
10:00AM**

UNITED MEDICAL CENTER
1310 Southern Ave
Washington, DC 20032

UHCCommunityPlan.com/DC

 **UnitedHealthcare®**
Community Plan

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid program. Enrollment in the plan depends on the plan's contract renewal with Medicare. For accommodations of persons with special needs at meetings call 240-423-0116 TTY 711, 8 a.m. – 8 p.m. local time, 7 days a week. Eligible for a free drawing, gift, or prizes with no obligation to enroll.

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20CST20921_H2228-045-000



For the latest information on the District Government's response to COVID-19 (Coronavirus), please visit coronavirus.dc.gov.

Cases as of September 25, 2020

	Total Number Positives	Percent
All	15106	100
Race		
Unknown	110	1
American Indian/Alaska Native	38	<1
Asian	245	2
Black/African American	7717	51
Native Hawaiian/Pacific Islander	41	<1
Other/Multi-Racial	3628	24
White	3325	22
Ethnicity		
Unknown	1285	9
Hispanic or Latinx	3851	26
NOT Hispanic or Latinx	9954	66

UMC IN THE NEWS–September 18 - 25, 2020

UMC Staff are reminded to direct **ALL MEDIA INQUIRIES** to Toya Carmichael, VP of Public Relations @Tcarmichael@united-medicalcenter.com.



No News Is Good News