

# COVID-19 Newsletter

September 18, 2020 | Volume 1, Number 24



## Your Vote is Your Voice

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1310 Southern Ave. SE  
Washington, DC 20032  
202-574-6000  
Unitedmedicaldc.com

September 18<sup>th</sup> is National Black Voter Day!

As the District's public hospital, the resources, goods, and services we provide to our patient and staff community are directly linked to who we elected into public office.

2020 has given us numerous reasons to vote including the need for COVID resources, demands for hazard pay, and protests for racial justice to name a few. While we have seen some gains in these areas we know there is much work to be done. Let's do our part and make sure we exercise our right to vote and make our voices heard on both the local and national level.

This weekend, check in with your family, friends, and neighbors and make sure everyone is registered to vote. The deadline across the DMV is October 13, 2020 but you can find more options and important dates using the links below.

District of Columbia - <https://www.dcboe.org/FAQS/Voter-Registration>

Maryland -

<https://voterservices.elections.maryland.gov/OnlineVoterRegistration/InstructionsStep1>

Virginia - <https://vote.elections.virginia.gov/VoterInformation>

Sincerely,

Colene Y. Daniel

A handwritten signature in blue ink, appearing to read "Colene Y. Daniel".

Chief Executive Officer

**SEPT  
18** **NATIONAL  
BLACK VOTER  
DAY**



Who We Are...

Our Mission  
&  
Our Vision

The Not-for-Profit Hospital Corporation, commonly known as United Medical Center or UMC is a District of Columbia government acute care hospital servicing Southeast DC and surrounding Maryland communities

### Our Mission

United Medical Center is dedicated to the health and well-being of individuals and communities entrusted in our care

### Our Vision

UMC will be an efficient, patient-focused, provider of high quality healthcare the community needs

UMC will employ innovative approaches that yield excellent experiences

UMC will empower healthcare professionals to live up to their potential to benefit our patients

UMC will collaborate with others to provide high value, integrated and patient-centered services



Who We Are...

Values

### Values

#### • *Compassion*

Empathy for patients, their families and staff is ingrained in our history and inspires our future. We do more than treat the patient we practice family-centered care as the cornerstone of compassion.

#### • *Excellence*

Our promise to treat, prevent and cure disease is an enormous responsibility. We follow the highest standards of quality and safety and expect accountability from each other.

#### • *Integrity*

At all times, we approach our work with openness, transparency, decency and humility. It is our responsibility to use resources wisely to sustain UMC for generations to come.

#### • *Collaboration*

We work in partnership with patients, their families, staff, providers, volunteers and other caregivers. This spirit of respectful cooperation extends beyond our walls to our business partners and the community.

#### • *Equity*

We embrace and find strength in the diversity of our patients, their families, staff and community. We believe all patients deserve exceptional care, the best outcomes, respect and a safe environment.

#### • *Innovation*

We aspire to be an innovative leader in community healthcare and service. We continually seek new and better solutions. Because innovation springs from knowledge, we foster learning in all disciplines.

Who We Are...

Values



# Not-For-Profit Hospital Corporation (UMC)

With Our Greatest

## APPRECIATION

Hereby Honor

***Raymond Tu, M.D., MS, FACR***  
**CHIEF MEDICAL OFFICER**



Your dedication and leadership has taught us so much! You showed us what being excellent looks like and you kept us motivated and inspired to accomplish our goals. Most importantly your guidance has helped us maintain the highest quality of patient safety and care. On our own we are individuals, together we are a Team. Thank you for being such an amazing Leader to our team of Healthcare Heroes!

When we're fully counted, we get:

# Money

Billions for education, housing, transportation, and healthcare.

# Power

Full political representation, from City Hall to the halls of Congress.

# Respect

We empower ourselves to obtain what is rightfully ours and what is owed to us.

English: 1-844-330-2020  
Spanish: 1-844-468-2020

#GetCountedDC

2020census.gov



**HEALTHCARE  
ENVIRONMENTAL  
SERVICES WEEK**

www.adp.com - Bringing Wellness to the Workplace



"HERE'S ADAMS WITH THE SIGN NOW!"



**\*\*\* ATTENTON STAFF\*\*\***

Please be advised that the Flu Vaccine is available to be ordered in Meditech for patient use and employees can proceed to Occupational Health Department for vaccination. Encourage your staff and colleagues to get early vaccination.

**Let's get 100% compliance!**



**FLU VACCINE NOW AVAILABLE FOR ORDER AND ADMINISTRATION AT UMC**



**Maxine Lawson, Pharm. D., RPh**

**Pharmacy Director**

**Pharmacy Department**

Not-For-Profit Hospital Corporation

1310 Southern Avenue, SE, Washington, DC 20032

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[MLawson@united-medicalcenter.com](mailto:MLawson@united-medicalcenter.com)

[www.united-medicalcenter.com](http://www.united-medicalcenter.com)

# STAY SAFE

As the District of Columbia's only public hospital, we all have a heightened responsibility to prevent the spread of COVID-19 **whether on/or off duty**. Although the city continues to reopen we must continue to adhere to the safety and social distancing mandates in effect throughout the region.

IT'S SIMPLE: WHEN YOU LEAVE HOME, YOU MUST  
**WEAR A MASK.** 

## Common allowable exceptions:



You are a child age 2 or younger



You are vigorously exercising outdoors  
and not close to anyone else

You are actively eating or drinking



You are in an enclosed office and alone



**Wear a mask. Save lives. Stop the spread.**



**DC | HEALTH**  
GOVERNMENT OF THE DISTRICT OF COLUMBIA



GOVERNMENT OF THE DISTRICT OF COLUMBIA  
**DC MURIEL BOWSER, MAYOR**



# 10 ESSENTIAL ITEMS YOU NEED FOR YOUR FAMILY EMERGENCY PREPAREDNESS KIT

## 1 WATER

Have one gallon per person per day to use for drinking, hygiene and cleaning as needed.

## 2 FOOD

Have a two week supply of non-perishable food per person. Try to pack foods that require no refrigeration, preparation or cooking.

## 3 CAN OPENER

Make sure it is a manual can opener in case there is no electrical power. Consider buying items with a pull-top opening.

## 4 MEDICATIONS

Collect one month's worth of any prescription medicines you are taking. Include non-prescription fever/pain reliever, antacids, anti-diarrheal items, etc., in your stockpile.

## 5 PERSONAL CARE ITEMS

Collect the basics like soap, toilet paper, toothbrush, hand sanitizer, cleaning supplies, bleach, garbage bags and feminine products.

## 6 FLASHLIGHT

Keep a bright flashlight in case there is no electrical power. Consider getting a lantern-style light for hands-free use.

## 7 RADIO

Have a battery-powered radio for listening to news and weather. Consider buying a crank-operated or solar-powered radio.

## 8 CLOTHES

Collect extra per person and consider packing blankets, rain gear and outerwear.

## 9 FIRST AID

Include basics, such as antiseptic, gloves, a variety of bandage sizes, thermometer, and protective masks. You can buy a pre-made kit at most pharmacies or grocery stores.

## 10 IMPORTANT DOCUMENTS

Collect copies of driver licenses, social security cards, birth certificates, mortgage papers, insurance policies, etc. and keep electronic copies on a flashdrive.



## Community Resources & Activities

The Hospital Board of Directors and Executive Leadership Team recognizes that you are more than an employee and that as much as you care for our patients, staff, and visitors, you must also care for your families at home.



Combat disease with diet! Join doctors and community partners for a FREE online nutrition class! Learn how weight, high blood pressure, diabetes, and other conditions can be treated and prevented with a plant-based diet.

Vanita Rahman, MD, Neal Barnard, MD, Jennifer Paul, MPH, and weekly class guests will provide practical tips, meal planning, and interactive Q&A during this 8-week class series from the Physicians Committee for Responsible Medicine.

Register today at [PCRM.org/NutritionClass](https://www.pcrm.org/nutritionclass)

August 25th-October 13<sup>th</sup>



**FREE 8-Week**  
Nutrition Class





## Meet UMC @ The Faunteroy Center in Ward 7 every Wednesday!



United Medical Center  
Comes to Ward-7!

FCEC & UMC Presents:

**"Wellness on Wheels"**



STI Testing  
(HIV free without insurance)

COVID19 Testing

Wellness Checks  
(high blood pressure, diabetes,  
kidney disease and more)

Treatment  
(allergies, rashes, earaches, stomach  
aches, sore throats, burns, muscle  
sprains and more)

Referrals to Specialist

Every Wednesday!  
Starting  
Wednesday September 9 , 2020  
10:00am-3:00pm

Location:  
4800 Nannie Helen Burroughs Ave NE  
Washington DC 20019

In front of the The FH Faunteroy Community  
Enrichment Center

Bring your insurance card & ID



<https://faunteroycenter.org/>  
<https://www.unitedmedicaldc.com/>





The DC Office of Planning is conducting a short survey on public life and activity in and around the intersection of 14<sup>th</sup> and U Streets NW, in the heart of the U Street corridor, and **we need your help!** We would like to hear from you on ways to better preserve or improve the public spaces around this intersection and how we can enhance the types of activities that take place there. Your input will help us come up with a list of recommendations and considerations for future design teams to consider, particularly for the existing public plaza at this location.

Residents are asked to complete the [Re-imagining Reeves Public Life Survey](https://publicinput.com/Project/AccessCode?id=qsW4NVcM4JbhZ8yxbWlx/g%3D%3D) by Wednesday, September 30. Completing the survey only takes 10 minutes – share your feedback today at:

<https://publicinput.com/Project/AccessCode?id=qsW4NVcM4JbhZ8yxbWlx/g%3D%3D>


 GOVERNMENT OF THE  
 DISTRICT OF COLUMBIA  
 MURIEL BOWSER, MAYOR



SUNDAY, SEPTEMBER 20<sup>TH</sup> | 10:00 AM - 12 NOON

# *Soul* SUNDAY Distribution

**IVERSON MALL**

**3737 Branch Avenue, Temple Hills, MD 20748**

**FREE GROCERIES**

Prepackaged meals from Henry's Soul Café  
Cakes from Furlough Cheesecake Sister  
and Honeybun Cake Factory



**COMMUNITY OF HOPE AME**  
Rev. Tony Lee, Senior Pastor



@CmtyofHope



@CmtyofHope



@hiphopenationtv

**[www.hiphopenation.com](http://www.hiphopenation.com)**



# FREE SUMMER MEALS

For youth 18 and under



To find the closest summer meals site:  
Call 211 • Text 'FOOD' to 877-877 •  
MDsummerMeals.org



BLACK SWAN ACADEMY DONATES

# HYGIENE KITS

THURSDAYS AT 11 AM

PICK UP FREE HYGIENE KITS  
FOR YOUR FAMILY AT  
KELLY MILLER MS  
301 49TH ST NE WDC 20019



Little Sesame will supplement the emergency response of the city.  
With the help of their nonprofit partner Dreaming Out Loud,  
they will provide meals to communities during this forced closure.

Martha's  Table | 40 years strong  
EDUCATION • FOOD • OPPORTUNITY

## GRAB-AND-GO GROCERY DISTRIBUTION

### TUESDAY

10:00 AM - 11:30 AM  
KELLY MILLER MIDDLE  
SCHOOL  
301 49TH STREET NE  
20019 (WARD 7)



### WEDNESDAY

10:00 AM - 11:30 AM  
H.D. WOODSON HIGH  
SCHOOL  
540 55TH STREET NE  
(WARD 7)



### THURSDAY

10:00 AM - 11:30 AM  
KIMBALL  
ELEMENTARY 3375  
MINNESOTA AVE  
SE (WARD 7)



### FRIDAY

10:00 AM - 11:30 AM  
BALLOU HIGH  
SCHOOL  
3401 4TH STREET  
SE (WARD 8)



10:00 AM - 11:30 AM  
STANTON  
ELEMENTARY SCHOOL  
2701 NAYLOR ROAD SE  
20020 (WARD 8)

12:30 PM - 2:00 PM  
THEARC WEST  
CAMPUS  
1901 MISSISSIPPI  
AVE SE (WARD 8)

10:00 AM - 11:30 AM  
ANACOSTIA HIGH  
SCHOOL  
1601 16TH STREET SE  
(WARD 8)

12:30 PM - 2:00 PM  
E.W. STOKES PCS -  
EAST END CAMPUS  
5600 EAST CAPITOL  
STREET NE (WARD 7)



The following goods and services are available

### Discounted bags of fresh produce

Field of Greens Market | Wednesdays 3-6pm

### RESERVATION REQUIRED

RSVP to secure your spot by the Friday prior to each market  
✉ Maya.Walker@nationals.com

### "Grab and Go" Dinner for Families (Children/Parents)

2-6pm | Monday - Friday

Meals are served on a first come first serve basis

### - LIMITED QUANTITIES AVAILABLE -

3765 Ely Place SE | Washington, DC 20019

\*\*\*  
#NATS4GOOD

### WHERE

KELLY MILLER MIDDLE SCHOOL  
301 49TH ST NE  
WASHINGTON DC, 20019

### WHEN

MONDAY - FRIDAY  
3PM - 5PM

WWW.EATLITTLESesame.COM

WWW.DREAMINGOUTLOUD.ORG

## ANONYMOUS TIP LINE

Send an anonymous tip



Text  
50411



Call  
202-727-9099

\$25,000 for information that leads to an arrest

HOSTED BY MAPCS  
OFFICE OF FAMILY & COMMUNITY ENGAGEMENT

## COMMUNITY EATS & GROCERY PICK UP



5600 East Capitol St. NE,  
Washington DC 20019  
YALC Entrance

Contact: Ms.Holley, Dir. of  
Family & community  
Engagement  
202-213-7229

Every Wednesday  
Rain Date Thursday







For the latest information on the District Government's response to COVID-19 (Coronavirus), please visit [coronavirus.dc.gov](https://coronavirus.dc.gov).

Cases as of September 17, 2020

	Total Number Positives	Percent
<b>All</b>	<b>14852</b>	<b>100</b>
<b>Race</b>		
Unknown	103	1
American Indian/Alaska Native	38	<1
Asian	235	2
Black/African American	7612	51
Native Hawaiian/Pacific Islander	39	<1
Other/Multi-Racial	3583	24
White	3240	22
<b>Ethnicity</b>		
Unknown	1279	9
Hispanic or Latinx	3800	26
NOT Hispanic or Latinx	9757	66

## UMC IN THE NEWS–September 11 - 18, 2020

UMC Staff are reminded to direct **ALL MEDIA INQUIRIES** to Toya Carmichael, VP of Public Relations @Tcarmichael@united-medicalcenter.com.



September 17, 2020 - [Urban hospitals of last resort cling to life in time of COVID](#) by Jordan Rau and Emmarie Huetteman, Kaiser Health News