

# COVID-19 Newsletter

September 4, 2020

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1310 Southern Ave. SE  
Washington, DC 20032  
202-574-6000  
[Unitedmedicaldc.com](http://Unitedmedicaldc.com)

## Happy Labor Day

Hard to believe the summer and the year is almost over! Time does indeed fly when you're having fun or working in overdrive as we have been at UMC. As the summer comes to an end and flu season approaches we know our work is far from done. Let us continue to work as a team to provide the quality care envisioned by our mission and values always keeping patient safety and satisfaction at the forefront of our minds.

This weekend, please safely enjoy time with your family and friends while you celebrate the labor you have provided thus far.

HAVE A HAPPY  
**LABOR DAY!**



Sincerely,

A handwritten signature in blue ink, appearing to read "Clyde Daniel".

Chief Executive Officer



Who We Are...

Our Mission  
&  
Our Vision

The Not-for-Profit Hospital Corporation, commonly known as United Medical Center or UMC is a District of Columbia government acute care hospital servicing Southeast DC and surrounding Maryland communities

## Our Mission

United Medical Center is dedicated to the health and well-being of individuals and communities entrusted in our care

## Our Vision

UMC will be an efficient, patient-focused, provider of high quality healthcare the community needs

UMC will employ innovative approaches that yield excellent experiences

UMC will empower healthcare professionals to live up to their potential to benefit our patients

UMC will collaborate with others to provide high value, integrated and patient-centered services



Who We Are...

## Values

### Values

- ***Compassion***

Empathy for patients, their families and staff is ingrained in our history and inspires our future. We do more than treat the patient we practice family-centered care as the cornerstone of compassion.

- ***Excellence***

Our promise to treat, prevent and cure disease is an enormous responsibility. We follow the highest standards of quality and safety and expect accountability from each other.

- ***Integrity***

At all times, we approach our work with openness, transparency, decency and humility. It is our responsibility to use resources wisely to sustain UMC for generations to come.



Who We Are...

## Values

### Values

- ***Collaboration***

We work in partnership with patients, their families, staff, providers, volunteers and other caregivers. This spirit of respectful cooperation extends beyond our walls to our business partners and the community.

- ***Equity***

We embrace and find strength in the diversity of our patients, their families, staff and community. We believe all patients deserve exceptional care, the best outcomes, respect and a safe environment.

- ***Innovation***

We aspire to be an innovative leader in community healthcare and service. We continually seek new and better solutions. Because innovation springs from knowledge, we foster learning in all disciplines.

When we're fully counted, we get:

# Money

Billions for education, housing, transportation, and healthcare.

# Power

Full political representation, from City Hall to the halls of Congress.

# Respect

We empower ourselves to obtain what is rightfully ours and what is owed to us.

English: 1-844-330-2020  
Spanish: 1-844-468-2020

#GetCountedDC

2020census.gov



## About a Nurse



*"I thought putting a punching bag in the break room would be good exercise and relieve stress."*



# STAY SAFE

As the District of Columbia's only public hospital, we all have a heightened responsibility to prevent the spread of COVID-19 **whether on/or off duty**. Although the city continues to reopen we must continue to adhere to the safety and social distancing mandates in effect throughout the region.

IT'S SIMPLE: WHEN YOU LEAVE HOME, YOU MUST  
**WEAR A MASK.** 

## Common allowable exceptions:



You are a child age 2 or younger



You are vigorously exercising outdoors  
and not close to anyone else

You are actively eating or drinking



You are in an enclosed office and alone



**Wear a mask. Save lives. Stop the spread.**



**DC | HEALTH**  
GOVERNMENT OF THE DISTRICT OF COLUMBIA



GOVERNMENT OF THE DISTRICT OF COLUMBIA  
**DC MURIEL BOWSER, MAYOR**





## You Are Appreciated!



This week hospital leadership would like to acknowledge, Janay Lancaster UMC Café Catering/Cashier and Thoaron Hunter "T" UMC Café Cook for their exemplary service and dedication to UMC. In the midst of the pandemic, Janay and T consistently showed up ready to assist with meal distributions and community events; becoming the Public Relations Department's "dynamic duo." T even stepped outside of his role on the Food & Nutrition team and served as a Shipping and Receiving Assistant helping to unpack, label, and organize PPE. "Their support is such a valuable asset. Whenever we need assistance with meal distribution, I know I can count on them to show the type of care and respect for our staff in the Café' while I finish projects in my office" commented Toya Carmichael, VP of Public Relations & Corporate Secretary. Special thank you to Lloyd Wynn, Director of Food Services, for allowing his staff to assist in such a major way.





## Community Resources & Activities

The Hospital Board of Directors and Executive Leadership Team recognizes that you are more than an employee and that as much as you care for our patients, staff, and visitors, you must also care for your families at home.



Combat disease with diet! Join doctors and community partners for a FREE online nutrition class! Learn how weight, high blood pressure, diabetes, and other conditions can be treated and prevented with a plant-based diet.

Vanita Rahman, MD, Neal Barnard, MD, Jennifer Paul, MPH, and weekly class guests will provide practical tips, meal planning, and interactive Q&A during this 8-week class series from the Physicians Committee for Responsible Medicine.

Register today at [PCRM.org/NutritionClass](https://www.pcrm.org/nutritionclass)

August 25th-October 13<sup>th</sup>



**FREE 8-Week**  
Nutrition Class







# FREE SUMMER MEALS

For youth 18 and under



To find the closest summer meals site:  
Call 211 • Text 'FOOD' to 877-877 •  
MDsummerMeals.org



BLACK SWAN ACADEMY DONATES

# HYGIENE KITS

THURSDAYS AT 11 AM

PICK UP FREE HYGIENE KITS  
FOR YOUR FAMILY AT  
KELLY MILLER MS  
301 49TH ST NE WDC 20019



Little Sesame will supplement the emergency response of the city.  
With the help of their nonprofit partner Dreaming Out Loud,  
they will provide meals to communities during this forced closure.

Martha's Table 40 years strong  
EDUCATION • FOOD • OPPORTUNITY

## GRAB-AND-GO GROCERY DISTRIBUTION

### TUESDAY

10:00 AM - 11:30 AM  
KELLY MILLER MIDDLE  
SCHOOL  
301 49TH STREET NE  
20019 (WARD 7)



### WEDNESDAY

10:00 AM - 11:30 AM  
H.D. WOODSON HIGH  
SCHOOL  
540 55TH STREET NE  
(WARD 7)



### THURSDAY

10:00 AM - 11:30 AM  
KIMBALL  
ELEMENTARY 3375  
MINNESOTA AVE  
SE (WARD 7)



### FRIDAY

10:00 AM - 11:30 AM  
BALLOU HIGH  
SCHOOL  
3401 4TH STREET  
SE (WARD 8)



10:00 AM - 11:30 AM  
STANTON  
ELEMENTARY SCHOOL  
2701 NAYLOR ROAD SE  
20020 (WARD 8)

12:30 PM - 2:00 PM  
THEARC WEST  
CAMPUS  
1901 MISSISSIPPI  
AVE SE (WARD 8)

10:00 AM - 11:30 AM  
ANACOSTIA HIGH  
SCHOOL  
1601 16TH STREET SE  
(WARD 8)

12:30 PM - 2:00 PM  
E.W. STOKES PCS -  
EAST END CAMPUS  
5600 EAST CAPITOL  
STREET NE (WARD 7)



The following goods and services are available

### Discounted bags of fresh produce

Field of Greens Market | Wednesdays 3-6pm

### RESERVATION REQUIRED

RSVP to secure your spot by the Friday prior to each market  
Maya.Walker@nationals.com

### "Grab and Go" Dinner for Families (Children/Parents)

2-6pm | Monday - Friday

Meals are served on a first come first serve basis

### - LIMITED QUANTITIES AVAILABLE -

3765 Ely Place SE | Washington, DC 20019

\*\*\*  
#NATS4GOOD

### WHERE

KELLY MILLER MIDDLE SCHOOL  
301 49TH ST NE  
WASHINGTON DC, 20019

### WHEN

MONDAY - FRIDAY  
3PM - 5PM

WWW.EATLITTLESesame.COM

WWW.DREAMINGOUTLOUD.ORG

## ANONYMOUS TIP LINE

Send an anonymous tip



Text  
50411



Call  
202-727-9099

\$25,000 for information that leads to an arrest

HOSTED BY MAPCS  
OFFICE OF FAMILY & COMMUNITY ENGAGEMENT

## COMMUNITY EATS & GROCERY PICK UP



5600 East Capitol St. NE,  
Washington DC 20019  
YALC Entrance

Contact: Ms.Holley, Dir. of  
Family & community  
Engagement  
202-213-7229

Every Wednesday  
Rain Date Thursday





For the latest information on the District Government's response to COVID-19 (Coronavirus), please visit [coronavirus.dc.gov](https://coronavirus.dc.gov).

Cases as of September 4, 2020

	Total Number Positives	Percent
<b>All</b>	<b>14186</b>	<b>100</b>
<b>Race</b>		
Unknown	83	1
American Indian/Alaska Native	36	<1
Asian	218	2
Black/African American	7296	51
Native Hawaiian/Pacific Islander	38	<1
Other/Multi-Racial	3467	23
White	3046	22
<b>Ethnicity</b>		
Unknown	1241	9
Hispanic or Latinx	3690	26
NOT Hispanic or Latinx	9240	65



## UMC IN THE NEWS– August 12- September 4, 2020

UMC Staff are reminded to direct **ALL MEDIA INQUIRIES** to Toya Carmichael, VP of Public Relations @Tcarmichael@united-medicalcenter.com.



No News Is Good News!

