

# COVID-19 Newsletter

August 14, 2020

Volume 1, Number 19



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1310 Southern Ave. SE  
Washington, DC 20032  
202-574-6000  
Unitedmedicaldc.com

## Thank You

Team UMC, as we reach the end of another week under the public health emergency I just want to say thank you! The hospital leadership is fully aware of all the challenges we have overcome during the last 5 months and we are grateful for your continued service and commitment to excellence.

We are also grateful for the support of the District government, non-profit organizations, and businesses who have provided an overwhelming amount of support through donated meals, PPE, and funding. This week, many of you received a portion of that support made possible by the NFL Players' Coalition.

Unfortunately, the pandemic ranges on and there is no clear end date in sight. Thus, it is critically important that you continue to invest in your health and the well-being of your loved ones.

Have a great weekend!

Colene Y. Daniel

A handwritten signature in blue ink, appearing to read "Colene Y. Daniel".

Chief Executive Officer



NOT-FOR-PROFIT HOSPITAL CORPORATION

**To:** All UMC Staff

**From:** Soyinka Joseph  
Occupational Health

A blue ink signature of Soyinka Joseph, written in a cursive style.

Eric Li  
Chair of Pathology

A blue ink signature of Eric Li, written in a cursive style.

Raymond Tu  
CMO

A blue ink signature of Raymond Tu, written in a cursive style.

**Date:** July 10, 2020

**Subject:** COVID-19 testing

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While there are many testing sites across DC, including the District's walk-up and drive-thru sites, UMC employees are encouraged to obtain their COVID-19 test through our occupational health clinic Monday through Friday from 7:30am to 4pm. The laboratory has ample capacity. Employees may call 202-574-6097 for additional information.

Appointments will be scheduled concordant with the clinic's plan that separates and minimizes crossover of flow between staff and patients, optimized to reduce patients congregating in waiting areas with spacing of seating at least 6 feet apart.

When we're fully counted, we get:

## Money

Billions for education, housing, transportation, and healthcare.

## Power

Full political representation, from City Hall to the halls of Congress.

## Respect

We empower ourselves to obtain what is rightfully ours and what is owed to us.

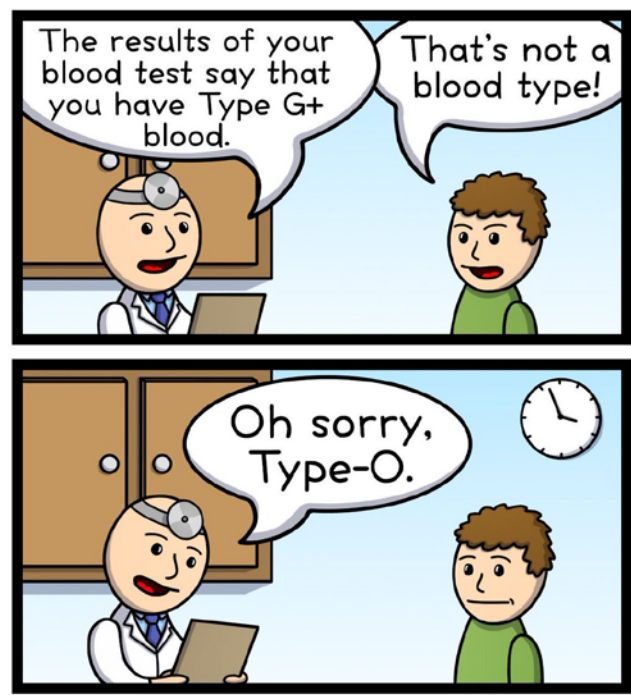
English: 1-844-330-2020  
Spanish: 1-844-468-2020

#GetCountedDC

2020census.gov



DC GOVERNMENT OF THE  
DISTRICT OF COLUMBIA  
MURIEL BOWSER, MAYOR



quipoftheiceberg.com™

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# STAY SAFE

As the District of Columbia's only public hospital, we all have a heightened responsibility to prevent the spread of COVID-19 **whether on/or off duty**. Although the city continues to reopen we must continue to adhere to the safety and social distancing mandates in effect throughout the region.

IT'S SIMPLE: WHEN YOU LEAVE HOME, YOU MUST

**WEAR A MASK.**



## Common allowable exceptions:



You are a child age 2 or younger



You are vigorously exercising outdoors  
and not close to anyone else

You are actively eating or drinking



You are in an enclosed office and alone



**Wear a mask. Save lives. Stop the spread.**



**DC | HEALTH**  
GOVERNMENT OF THE DISTRICT OF COLUMBIA



GOVERNMENT OF THE DISTRICT OF COLUMBIA  
**MURIEL BOWSER, MAYOR**

# GUIDELINES FOR CLEANING AND DISINFECTING YOUR HOME | CORONAVIRUS (COVID-19)

## MEASURES TO TAKE WHEN A PERSON IN YOUR HOME HAS BEEN CONFIRMED TO HAVE COVID-19

### CLEANING AND DISINFECTING YOUR HOME

**Always wear disposable gloves to clean and disinfect and routinely clean the surfaces you touch often.**

### HARD SURFACES

- If the area is dirty, **first clean with soap and water** or another detergent.
- Once the surface is clean, use a **household disinfectant**. Follow all instructions on the product label to ensure safe and effective use.
- Alcohol solutions with **at least 70% alcohol** may be used.
- **Diluted household bleach solutions may be used** if appropriate for the surface.
  - Check the label to see if your bleach is **intended for disinfection**.
  - Make sure the product is **not past its expiration date**.
  - Follow label instructions and ensure **proper ventilation**.
  - **Leave solution on the surface** for at least 1 minute.
- **Wash dishes and utensils using soap and hot water.**
  - Handle any used dishes, cups/glasses, or silverware with gloves.

### TO MAKE A BLEACH SOLUTION:

Mix **5 tablespoons (1/3 cup)** bleach per **1 gallon** of water

OR

Mix **4 teaspoons** bleach per **1 quart** of water

**Never mix household bleach with ammonia or any other cleanser.**

## SOFT SURFACES

- **Clean the surface using soap and water** or **household disinfectant** appropriate for use on these surfaces.
- If possible, **launder items**. Be sure to follow the instructions on the product label.
- Use the **warmest appropriate water setting** and dry items completely.

## ELECTRONICS

- If the manufacturer's instructions are not available, use alcohol-based wipes or sprays containing **at least 70% alcohol**.
- **Dry surface** thoroughly.
- Consider putting a **wipeable cover** on electronics

## LAUNDRY

- Always use the **warmest appropriate water setting** and **dry items completely**.
- **Wear disposable gloves** when handling dirty laundry from a person who is sick.
- **Do not shake** dirty laundry.
- Clean and **disinfect clothes hampers** according to guidance above for surfaces.
- Remove and dispose of gloves. **Wash hands right away**.

## TRASH

- **Use gloves** when removing garbage bags, and handling and disposing of trash.
- **Dispose of used gloves and cleaning wipes/paper towels immediately** after use.
  - If you are cleaning with cloth instead of paper towels, **launder these items immediately after use**.
- **Always wash hands** after handling and disposing of trash.

**If the person you're caring for has symptoms that worsen, or if you develop symptoms of COVID-19, please seek prompt medical attention. Call 911 if you have a medical emergency such as difficulty breathing, shortness of breath, persistent pain or pressure in the chest, new confusion or inability to arouse, bluish lips or face.**

For more information, visit the CDC's [COVID-19 webpage](https://www.cdc.gov/coronavirus) or [coronavirus.dc.gov](https://coronavirus.dc.gov)





## Community Resources & Activities

The Hospital Board of Directors and Executive Leadership Team recognizes that you are more than an employee and that as much as you care for our patients, staff, and visitors, you must also care for your families at home.

### TESTING AT TEMPLE OF PRAISE Saturday, August 22nd 1pm - 4pm

Temple of Praise 700 Southern Avenue, SE Washington, DC 20020

#### PARTNERING AND COLLABORATING

**NCS SYSTEMS**  
Richard Evans  
President/CEO

**UNITED MEDICAL CENTER**  
LaRuby May, Esq.  
Chairperson Board of Directors  
Colene Daniels, CEO

**TEMPLE OF PRAISE**  
Pastor W. Lamar Staples  
Senior Pastor  
Bishop Glen A. Staples  
Presiding Prelate



**FREE!!!**  
School Supplies, Protective Gear (Masks) and Food Boxes  
will be given to COVID-19 Testing Participants

#### REMEMBER.....

Wear a mask.



Stay six feet apart.



Wash your hands.



# TOUCHDOWN INTO THE NEW SCHOOL YEAR!

Join us in supplying our students with back to school supplies for the upcoming school year!

## LAND presents...

### Back-to-School Supply Drive

**Date: August 22, 2020**  
**Time: 9:00 a.m. - 12:00 p.m.**  
**Location: Deanwood Recreation Center Washington, DC 20019**  
**\*\* Face Masks Required \*\***

*\*In collaboration with the DC Ely Women's Flag Football League\**

Most Wanted • Capital Punishment • Lady Olan • Lady Seminoles  
Badd Girls • Lady Elite • Lady Cougar • Dreamcatchers



NBNA's Population Health Committee presents:



### **“The American Kidney Fund (AKF) and Kidney Disease”**

**Tuesday, August 25, 2020**

**2:00 PM – 3:00 PM EST | 1:00 PM – 2:00 PM CST**

Currently, 37 million Americans are living with chronic kidney disease, making it the 9th leading cause of death in the United States. African Americans are 3.7 times as likely to have end-stage renal disease as whites, and less likely to qualify for a kidney transplant. Due to its asymptomatic nature in its early stages, 96% of people who have chronic kidney disease are not aware they have it, though chronic kidney disease is often preventable with control of diabetes and hypertension; and its progression to kidney failure can often be delayed with early detection.

This webinar will highlight the lack of perceived risk of chronic kidney disease among the U.S. population, low knowledge of effective preventions, the disconnect between diabetes and hypertension as top causes, early stages not detected due lack of symptoms, and testing only in late, irreversible stages.

Additionally, this webinar will convey the importance of outreach education to communities at risk to improve outcomes related to prevention, early detection, and effective treatment.

**REGISTER AT:**

**<https://form.jotform.com/202235829182152>**





For the latest information on the District Government's response to COVID-19 (Coronavirus), please visit [coronavirus.dc.gov](https://coronavirus.dc.gov).

Cases as of August 13, 2020

	Total Number Positives	Percent
<b>All</b>	<b>13118</b>	<b>100</b>
<b>Race</b>		
Unknown	239	2
American Indian/Alaska Native	29	<1
Asian	195	2
Black/African American	6521	50
Native Hawaiian/Pacific Islander	35	<1
Other/Multi-Racial	3434	26
White	2579	20
<b>Ethnicity</b>		
Unknown	1886	14
Hispanic or Latinx	3320	26
NOT Hispanic or Latinx	7896	60

## UMC IN THE NEWS– August 7- August 14, 2020

UMC Staff are reminded to direct **ALL MEDIA INQUIRIES** to Toya Carmichael, VP of Public Relations @Tcarmichael@united-medicalcenter.com.



Wednesday, August 12, 2020 - [85 hospitals with a 1 star cms rating for patient experience](#), Katy Adams, Becker's Health