# **COVID-19 Newsletter**

July 31, 2020

Volume 1, Number 18



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## The Power of Preparation

On July 30, 2020 we were visited once again by DC Health for a reinspection and review of our implementation of the Plan of Correction created after the Federal Compliant/Annual Licensure survey conducted by DC Health on March 5-12, 2020. The DC Health team reviewed all educational materials from physicians to nursing staff; they also reviewed concurrent audits, department logs, and updated hospital policies.

I am pleased to report that we had zero findings during the reinspection! DC Health expressed and recognized the improvements that we are making at UMC and acknowledged what I have been saying since March, when we pull together as a team we can accomplish great things and provide the highest level of care to our patients and community.

Please take some time to rest and safely celebrate yourselves this weekend. Next week, we will continue to improve upon the way we provide care, patch, repair and replace our facilities, and review our knowledge of and compliance with Joint Commission Standards.

As the saying goes, "luck is what happens when opportunity meets preparation." We know another group of surveyors will visit us unannounced again in the near future so let's prepare to get lucky!

Colene Y. Daniel

Chief Executive Officer



## NOT-FOR-PROFIT HOSPITAL CORPORATION

To: All UMC Staff

From: Soyinka Joseph

Occupational Health

Eric Li

Chair of Pathology

Raymond Tu

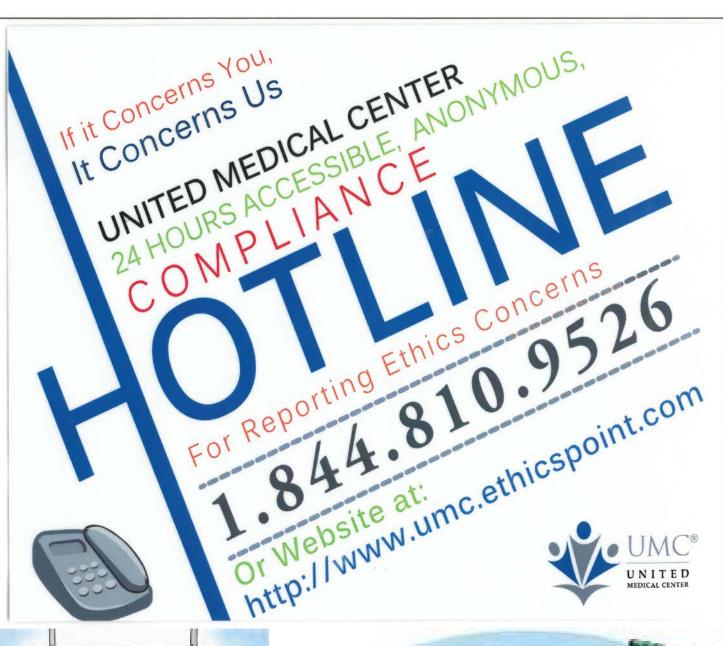
CMO

**Date:** July 10, 2020

Subject: COVID-19 testing

While there are many testing sites across DC, including the District's walk-up and drive-thru sites, UMC employees are encouraged to obtain their COVID-19 test through our occupational health clinic Monday through Friday from 7:30am to 4pm. The laboratory has ample capacity. Employees may call 202-574-6097 for additional information.

Appointments will be scheduled concordant with the clinic's plan that separates and minimizes crossover of flow between staff and patients, optimized to reduce patients congregating in waiting areas with spacing of seating at least 6 feet apart.







"My doctor told me to avoid any unnecessary stress, so I didn't open his bill."

## **STAY SAFE**

As the District of Columbia's only public hospital, we all have a heightened responsibility to prevent the spread of COVID-19 whether on/or off duty. Although the city continues to reopen we must continue to adhere to the safety and social distancing mandates in effect throughout the region.



# Common allowable exceptions:



You are a child age 2 or younger



You are vigorously exercising outdoors and not close to anyone else

You are actively eating or drinking



You are in an enclosed office and alone



Wear a mask. Save lives. Stop the spread.



# SELF-QUARANTINE PROCEDURES

Self-quarantine is recommended for indviduals who have been directly exposed to the new Coronavirus or have a history of travel in infected or heavily populated areas.

#### STAY AT HOME

Limit all travels, unless going out for food, medicine and other essentials





CHECK YOUR TEMPERATURE at least two times a day

### WATCH OUT FOR OTHER SYMPTOMS

COVID-19 symptoms include fever, cough, difficulty breathing, and fatigue



## Requirement to Self-Quarantine After Non-Essential Travel During the COVID-19 Public Health Emergency

On Friday, July 24, 2020 Mayor Bowser issued Mayor's Order 2020-081 which requires "all residents and persons traveling to or from "high-risk areas" within the prior fourteen (14) days for non-essential travel must self-quarantine for fourteen (14) days following their return or arrival to the District." High risk states that require 14 days of self-quarantine include: Arkansas, Arizona, Alabama, California, Delaware, Florida, Georgia, Idaho, Iowa, Kansas, Louisiana, Mississippi, Missouri, Montana, Nebraska Nevada, New Mexico, North Carolina, North Dakota, Ohio, Oklahoma, South Carolina, Tennessee, Texas, Utah, Washington, Wisconsin



# PRACTICE SOCIAL DISTANCING

If you need to go out, maintain at least 2m (6ft) distance from others

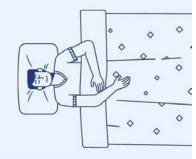




# WASH YOUR HANDS WITH SOAP AND WATER

You can also use alcohol or hand sanitizer

STAY IN A
DESIGNATED ROOM
and use designated
toilet/bathroom if possible



#### **CALL YOUR DOCTOR OR HOSPITAL BEFORE VISITING**

If you need medical attention (whether for viral symptoms or other medical care reasons), contact your doctor or hospital ahead of time so they can prepare and take precautions for your arrival



## THANK YOU!!!!

We are so grateful to the District residents and local businesses who have poured out an overflow of support to UMC through donated meals and/or PPE. Please share expressions of gratitude to the businesses directly or send a note to Toya Carmichael, VP of Public Relations / Corporate Secretary @ <a href="mailto:Tcarmichael@united-medicalcenter.com">Tcarmichael@united-medicalcenter.com</a>. You may also follow UMC on Instagram @unitedmedicaldc.

## **Donated Meals**

**Sweet Green** 



## Community Events/ Activities

The Mayor's Office On African American Affairs Presents

FINANCIALLY FIT DC: A WORKSHOP SERIES ON BLACK GENERATIONAL WEALTH BUILDING

Tax Preparation: Credits, Deductions, and Exemptions

Tuesday, June 16, 2020 • 5:30 PM - 7:00 PM

Family Financial Emergency Planning

Tuesday, July 21, 2020 • 5:30 PM - 7:00 PM

Leveraging Life Insurance to Build Generational Wealth

Tuesday, August 11, 2020 • 5:30 PM - 7:00 PM

Helping close the racial wealth gap and increase financial literacy in the African American community. Register now!











Join the Mayor's Office on African American Affairs (MOAAA), the Department of Insurance Securities & Banking (DISB), DC Public Library (DCPL), and the historic Industrial Bank at the Virtual Financially Fit DC: A Workshop Series on Black Generational Wealth Building. This is a three-part series designed to help close the racial wealth gap and increase financial literacy in the African American community. The series will highlight tools and resources focused on Family Financial Emergency Planning, Taxes, and Life Insurance to build generational wealth. This is a partnership with the Department of Insurance Securities & Banking (DISB), DC Public Library (DCPL), and Industrial Bank. Throughout the series, DCPL and DISB will provide books and online resources on wealth building that residents can access.

**REGISTER HERE** 

## Leveraging Life Insurance to Build Generational Wealth

Date: Tuesday, August 11, 2020 | Time: 5:30 pm - 7:00 pm

The Financially Fit DC Workshop Series on Insurance will explain the different types of insurance (e.g. whole life vs. term life vs. final expense), educate residents on how to borrow cash value from their life insurance policies, and when to get insurance for their family.



## **Community Resources**

The Hospital Board of Directors and Executive Leadership Team recognizes that you are more than an employee and that as much as you care for our patients, staff, and visitors, you must also care for your families at home.



Throughout history, the Bible has been known for stories of healing. With that in mind, Museum of the Bible is commemorating its reopening by thanking healthcare workers for their tireless efforts throughout the coronavirus pandemic. For a limited time, all healthcare workers who show their work ID will be admitted to the museum for free.

To take advantage of this offer, simply present your work ID at our ticketing counter and then enjoy your day. Learn more about how the Bible has inspired so many to advance healthcare throughout the world, and how it serves as a source of hope in difficult times.

Museum of the Bible reopened on June 22 under the DC government's phase two guidelines. We have implemented increased safety measures to provide all our guests the same high-tech, immersive experience in a safe environment. For more information on our new safety precautions, visit our website or contact our customer service team at (866) 430-MOTB (6682). Museumofthebible.org



For the latest information on the District Government's response to COVID-19 (Coronavirus), please visit <a href="mailto:coronavirus.dc.gov">coronavirus.dc.gov</a>.

Cases as of July 30, 2020

	Total Number Positives	Percent
All	12126	100
Race		
Unknown	196	2
American Indian/Alaska Native	28	<1
Asian	184	2
Black/African American	5985	49
Native Hawaiian/Pacific Islander	32	<1
Other/Multi-Racial	3181	26
White	2432	20
Ethnicity		
Unknown	1630	13
Hispanic or Latinx	3209	26
NOT Hispanic or Latinx	7272	60

# UMC IN THE NEWS- July 24 - July 31, 2020

UMC Staff are reminded to direct **ALL MEDIA INQUIRIES** to Toya Carmichael, VP of Public Relations @Tcarmichael@united-medicalcenter.com.



No News Is Good News