

COVID-19 Newsletter

June 19, 2020

Volume 1, Number 13



We Stand Together

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The COVID-19 pandemic continues to challenge us all. Political leaders, educators, non-profits, employees, and employers all face unique challenges as we learn more about the virus and adapt to it. I remain continually impressed at how the UMC family has overcome every disruption that has been thrown our way. We are handling these dilemmas with professionalism, proficiency, and with a level of care and kindness rarely seen in stressful situations – much less a global pandemic.

At UMC we have been tirelessly preparing for a surge in COVID cases. The steady rise of patients continues to show our preparation efforts were meaningful and worth it. Our community relies on our caregivers and support staff at the most vulnerable times in their lives – the ability for us to stay strong during these times is of paramount importance. Showing patients our strength and our love, gives them more strength and love to heal, and share with others.

To stay strong, we must be strong. That means taking care of your own health and showing kindness to others. We never know how much a kind word or smile can brighten someone's day – and make a difference in their lives. I know it can be difficult in these stressful and challenging times – but the UMC has proven it can thrive in adversity.

Let's continue to be friendly, courteous, and loving to one another – and of course, to ourselves too.

Colene Y. Daniel

A handwritten signature in blue ink, appearing to read "Colene Y. Daniel".

Chief Executive Officer

Administrative Updates



To: Hospital Staff

FROM: Augustina Fofanah, Clinical Program Director

DATE: June 16, 2020

SUBJECT: Telehealth for wound care

So I've got news for you all. Due to the COVID-19 pandemic, the Center for Advanced Wound Healing and Hyperbaric Medicine has incorporated telehealth protocol to its program for continued care so that patients do not quit or seek treatment elsewhere. The goal is to decrease the likelihood of patients going to the emergency room or get admitted to the hospital. The center is happy to announce that today marks the beginning of telehealth.

If you have any questions, please feel welcome to stop by my office or call us at 2025747222.

June 10, 2020

MEMORANDUM

To: All UMC Employees, Visitors and Contractors

From: Jacqueline A Payne-Borden PhD RN, CNO

Raymond Tu MD MS FACR, CMO

Missi D Sylvain, Infection Prevention and Control

RE: Third Floor COVID-19 Positive Unit Personal Protective Equipment (PPE) Recommendations

Friendly reminder per signage throughout the hospital and particularly 3rd floor COVID-19 unit that all individuals (staff, family members, visitors and contractors) entering an occupied patient under investigation or confirmed COVID-19 positive room should follow Centers for Disease Control (CDC) recommended PPE as shown below following the guidance posted on all such patient room doors; before leaving the patient's room, please discard used PPE and wash your hands. On the 3rd floor COVID-19 unit, an N95 mask should be worn by all in the common work areas.





HISTORY OF JUNETEENTH

Juneteenth is the oldest nationally celebrated commemoration of the ending of slavery in the United States. Dating back to 1865, it was on June 19th that the

Union soldiers, led by Major General Gordon Granger, landed at Galveston, Texas with news that the war had ended and that the enslaved were now free.

Note that this was two and a half years after President Lincoln's Emancipation Proclamation - which had become official January 1, 1863. The Emancipation Proclamation had little impact on the Texans due to the minimal number of Union troops to enforce the new Executive Order. However, with the surrender of General Lee in April of 1865, and the arrival of General Granger's regiment, the forces were finally strong enough to influence and overcome the resistance.


Excerpt taken from www.Juneteenth.com

Stay Safe


As the District of Columbia's only public hospital, we all have a heightened responsibility to prevent the spread of COVID-19 **whether on/or off duty**. Although the city will begin phase one of the plan to reopen we must continue to adhere to the safety, shut-in, and social distancing mandates in effect throughout the region.

STOP THE SPREAD OF GERMS!


Stay home when sick




Cover your cough or sneeze with a tissue




Dispose of tissue after use




If you don't have a tissue, cough or sneeze into your upper sleeve




Wash hands with soap and water for at least 20 seconds



Avoid touching eyes, nose, and mouth with unwashed hands



[CORONAVIRUS.DC.GOV](https://coronavirus.dc.gov)



DC HEALTH
GOVERNMENT OF THE DISTRICT OF COLUMBIA

GOVERNMENT OF THE DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

Where is the District of Columbia offering free COVID-19 testing?

NEIGHBORHOOD FIREHOUSE TESTING SITES FOR CORONAVIRUS (COVID-19)

Free walk-up testing is available for residents from **4:00 p.m. - 8:00 p.m.** at firehouses across DC.

June 4-June 15

Station	Ward	Days of Operation
Engine 4 (2531 Sherman Ave NW)	1	Monday & Friday
Engine 8 (1520 C St SE)	6	Tuesday
Engine 10 (1342 Florida Ave NE)	5	Wednesday
Engine 11 (3420 14th St NW)	1	Thursday
Engine 12 (2225 5th St NE)	5	Monday & Friday
Engine 30 (50 49th St NE)	7	Wednesday
Engine 31 (4930 Connecticut Ave NW)	3	Thursday
Engine 33 (101 Atlantic St SE)	8	Tuesday



Testing may be canceled due to inclement weather.

Judiciary Square F Street, NW between 4th and 5th Streets, NW	Anacostia 1310 Southern Avenue, SE	UDC-CC Bertie Backus Campus 5171 South Dakota Avenue, NE
Monday through Friday, 10 am - 2 pm No appointment required. Residents should look for the registration tent.	Monday, Wednesday, Friday 10 am - 2 pm	Tuesday, Thursday 10 am - 2 pm
Walk-up only	Drive-thru* and walk-up	Drive-thru* and walk-up
No appointment required. Residents	Drive-thru: Appointment Required. Vehicles enter via 13th Street, SE and be prepared to wait between	Drive-thru: Appointment Required. Vehicles enter on Hamilton St NE, turn onto 7th St NE, and enter the parking lot on Galloway St NE. Be



THANK YOU!!!!

We are so grateful to the District residents and local businesses who have poured out an overflow of support to UMC through donated meals and/or PPE. Please share expressions of gratitude to the businesses directly or send a note to Toya Carmichael, VP of Public Relations / Corporate Secretary @ Tcarmichael@united-medicalcenter.com. You may also follow UMC on Instagram @unitedmedicaldc.

Donated Meals

Off Their Plate / [The Alibi](#) / Compass Rose DC
MRP Realty / Bourbon Coffee

Support Parade

National Council of Eritrean Americas
(NCEA) Eritrean Cultural & Civic Center



Community Events/ Activities

The Mayor's Office On African American Affairs Presents
FINANCIALLY FIT DC: A WORKSHOP SERIES ON BLACK GENERATIONAL WEALTH BUILDING

Tax Preparation: Credits, Deductions, and Exemptions

Tuesday, June 16, 2020 • 5:30 PM – 7:00 PM

Family Financial Emergency Planning

Tuesday, July 21, 2020 • 5:30 PM – 7:00 PM

Leveraging Life Insurance to Build Generational Wealth

Tuesday, August 11, 2020 • 5:30 PM – 7:00 PM

Helping close the racial wealth gap and increase financial literacy
in the African American community. Register now!



Join the Mayor's Office on African American Affairs (MOAAA), the Department of Insurance Securities & Banking (DISB), DC Public Library (DCPL), and the historic Industrial Bank at the Virtual Financially Fit DC: A Workshop Series on Black Generational Wealth Building. This is a three-part series designed to help close the racial wealth gap and increase financial literacy in the African American community. The series will highlight tools and resources focused on Family Financial Emergency Planning, Taxes, and Life Insurance to build generational wealth. This is a partnership with the Department of Insurance Securities & Banking (DISB), DC Public Library (DCPL), and Industrial Bank. Throughout the series, DCPL and DISB will provide books and online resources on wealth building that residents can access.

REGISTER HERE

Family Financial Emergency Planning

Date: Tuesday, July 21, 2020 | Time: 5:30 pm – 7:00 pm

The Financially Fit DC Workshop Series on Financial Emergency Planning will discuss the importance of saving, having liquid cash readily available, shelter and homeownership, loan modifications, and learning new skills for additional income.

Leveraging Life Insurance to Build Generational Wealth

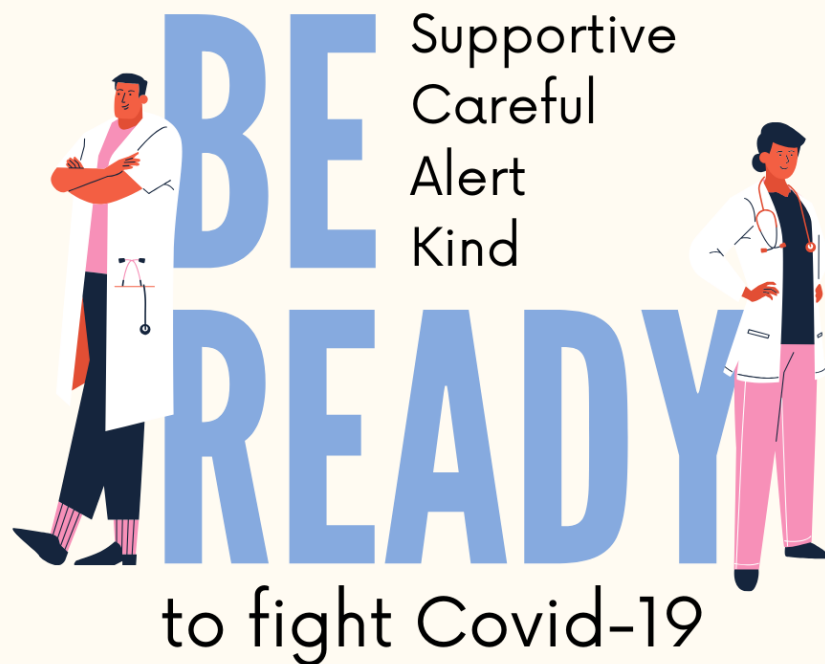
Date: Tuesday, August 11, 2020 | Time: 5:30 pm – 7:00 pm

The Financially Fit DC Workshop Series on Insurance will explain the different types of insurance (e.g. whole life vs. term life vs. final expense), educate residents on how to borrow cash value from their life insurance policies, and when to get insurance for their family.



FREE 8-Week Nutrition Class

UMC is excited to partner with the Physicians Committee for their free 8-week nutrition class series! Physicians and community partners will share practical tips, meal planning, interactive Q&A, and more to help improve health conditions like diabetes, weight, and high blood pressure. Sign up for free at PCRM.org/NutritionClass.



Source: World Health Organization



Community Resources

The Hospital Board of Directors and Executive Leadership Team recognizes that you are more than an employee and that as much as you care for our patients, staff, and visitors, you must also care for your families at home.

Transportation

Uber has partnered with DCHA to provide free transportation for health care workers. Managers, please share the attached documents with your employees and post them in your break rooms.

Program Details:

- Each week employees can access the Uber promo code via the following link: <https://r.uber.com/cdTeela5IW>
- Once downloaded employees can use their Uber account as they normally would, and the credits will automatically apply
- **Rides are valid from 7:30 pm - 1 am every day and 5 am - 8 am Mon - Sun**
- Trips must begin or end at UMC hospital entrance
- Each trip is valid for up to \$25; balance owed by each passenger
- Health care workers are required to show their hospital badge and wear a face mask when ride sharing
- A new promo link will be provided every Monday by Noon using the link: <https://r.uber.com/cdTeela5IW>.

If you have questions, contact Pam Whiting in Human Resources at extension 6079.

Valid for all DCHA member hospitals
Trips must begin or end at a DC hospital entrance

Uber

Contact Your HR Department For Details

DCHA
District of Columbia Hospital Association

- Promotion ends June 15, 2020 or after the use of 20,000 trips.
- Promotion code valid in DC, Maryland and Northern Virginia.
- Each trip valid for up to \$25; balance owed by passenger.
- Health care workers are required to show their hospital

All UMC Employees have access to [GuidanceResources](#) (UMC Web ID: EAPComplete) or by dialing 1-877-595-5284. Guidance Resources provides information for personal and work-life issues including:

Confidential Counseling - Financial Counseling - Online Will Preparation - Legal Support -Work-Life Solutions (Child-care, college planning, moving & relocation, etc.)

You can access additional mental health support from your respective health plan as well:

CareFirst BlueCross BlueShield

- Available 24/7 soothing music and relaxation videos to help break free from stress, unwind at the end of the day or ease into a restful night of sleep
- Yoga and meditation videos
- Airplay functionality using AppleTV
- Relax 360° can be viewed in virtual reality experience
- Visit carefirst.com/sharecare to register

Visit <https://individual.carefirst.com/individuals-families/about-us/coronavirus-resource-center.page> for additional information on resources related to COVID-19.

Maryland Residents: For the latest updates visit:
<https://coronavirus.maryland.gov/> or

County	Telephone #		Telephone #
Charles County	301-609-6900		301-932-2222
Montgomery County	240-777-1741		240-777-4000
Prince George's County	301-883-7834 301-883-7879		301-883-4748 301-883-7879

Virginia Residents: For the latest updates visit:
<http://www.vdh.virginia.gov/surveillance-and-investigation/novel-coronavirus/> or

County	Telephone #	County	Telephone #
Arlington County	703-228-5580	Fairfax County	703-534-8343 703-569-1031 703-246-7100 703-704-5203
Alexandria County	703-746-4996	Prince William County	703-792-7300



For the latest information on the District Government's response to COVID-19 (Coronavirus), please visit coronavirus.dc.gov.

Cases as of June 17, 2020

	Total Number Positives	Percent
All	9903	100
Race		
Unknown	263	3
American Indian/Alaska Native	25	0
Asian	158	2
Black/African American	4957	50
Native Hawaiian/Pacific Islander	29	<1
Other/Multi-Racial	2468	25
White	2003	20
Ethnicity		
Unknown	1104	11
Hispanic or Latinx	2866	29
NOT Hispanic or Latinx	5933	60

UMC IN THE NEWS– June 12 – June 19, 2020

UMC Staff are reminded to direct **ALL MEDIA INQUIRIES** to Toya Carmichael, VP of Public Relations @Tcarmichael@united-medicalcenter.com.



Sometimes no news is good news!