

COVID-19 Newsletter

June 12, 2020

Volume 1, Number 12



We Stand Together

Smithsonian Magazine once released an article coining the year 1968 as ["The Year That Shattered America."](#) In 1968 the country was at war in Vietnam, while Americans at home were at war with one another in the fight for civil rights. Like 2020, 1968 was also a presidential election year...The year of 2020 will undoubtedly be remembered as a seminal moment in history as we continue the battle against COVID-19 while simultaneously demanding equality and justice under the law. Therefore, we must be vigilant and arm ourselves with knowledge, healthy hearts, strong bodies, and hopeful spirits.

As restrictions are lifted in Washington, DC and across the country, businesses will begin reopening, people will gather for backyard barbeques, and the protest for justice will continue– all of which present opportunities for COVID-19 to spread. Hospitals across the country are already reporting an increase in COVID patients as a result of gatherings over the Memorial Day weekend. Thus, we must do all we can to protect the well-being of our team and community.

At UMC we are screening employees and visitors as they enter the building. This process ensures the health and safety of everyone inside. We must also continue wearing masks, washing our hands often, disposing of PPE properly, and taking care of our own health.

When I testified remotely before DC City Council last week, there was a sign on the wall behind me that reminded all who attended, that "Heroes Work Here." I reminded Council that this is a stressful time for all of us and the work is far from easy, but that WE are more than qualified and capable of handling the tasks at hand with compassion, kindness, and professionalism.

As we continue to tackle the challenges this summer presents, please know that you are all my heroes and we will win this battle together!

Colene Y. Daniel

A handwritten signature in blue ink, appearing to read "Colene Y. Daniel".

Chief Executive Officer

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Unitedmedicaldc.com

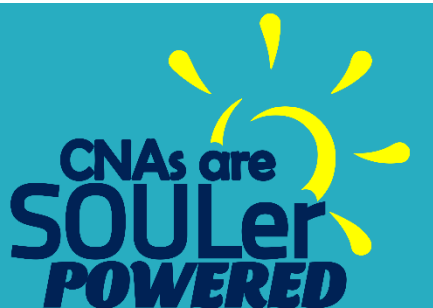
You Are Appreciated!



On June 2, 2020, RN Linda Floyd Hill retired from UMC after serving the hospital for over 45 years!!! Nurse Linda began her career at UMC as a bedside nurse before moving to the administrative side of nursing. She spent the majority of her years in the Care Management Department as a Utilization Review Nurse, Care Coordinator, eventually promoted to Team Lead Care Coordinator/Manager. She is well known around the hospital for her acts of kindness, words of wisdom and encouragement, and offering sound advice. She loves baking cookies, cakes and mini quiches for her co-workers, and never forgets a birthday. She has a very giving spirit and LOVES to participate in special occasions/parties around the hospital, outshining others with her most elaborate creations from the heart. She also is known for her dedication to the hospital, first as Cafritz, then Greater Southeast Community Hospital, and now UMC. She survived the financial hardships and downsizing, but remained hopeful- always reminding other employees that it's about patient care first. Let's celebrate Nurse Linda by putting patient care first and treating each other with kindness and respect.



CNA WEEK 2020




June 18-24

Stay Safe


As the District of Columbia's only public hospital, we all have a heightened responsibility to prevent the spread of COVID-19 **whether on/or off duty**. Although the city will begin phase one of the plan to reopen we must continue to adhere to the safety, shut-in, and social distancing mandates in effect throughout the region.

STOP THE SPREAD OF GERMS!


Stay home when sick




Cover your cough or sneeze with a tissue




Dispose of tissue after use




If you don't have a tissue, cough or sneeze into your upper sleeve




Wash hands with soap and water for at least 20 seconds



Avoid touching eyes, nose, and mouth with unwashed hands



[CORONAVIRUS.DC.GOV](https://coronavirus.dc.gov)



DC HEALTH
GOVERNMENT OF THE DISTRICT OF COLUMBIA

GOVERNMENT OF THE DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

Where is the District of Columbia offering free COVID-19 testing?

NEIGHBORHOOD FIREHOUSE TESTING SITES FOR CORONAVIRUS (COVID-19)

Free walk-up testing is available for residents from **4:00 p.m. - 8:00 p.m.** at firehouses across DC.

June 4-June 15

Station	Ward	Days of Operation
Engine 4 (2531 Sherman Ave NW)	1	Monday & Friday
Engine 8 (1520 C St SE)	6	Tuesday
Engine 10 (1342 Florida Ave NE)	5	Wednesday
Engine 11 (3420 14th St NW)	1	Thursday
Engine 12 (2225 5th St NE)	5	Monday & Friday
Engine 30 (50 49th St NE)	7	Wednesday
Engine 31 (4930 Connecticut Ave NW)	3	Thursday
Engine 33 (101 Atlantic St SE)	8	Tuesday



Testing may be canceled due to inclement weather.

Judiciary Square F Street, NW between 4th and 5th Streets, NW	Anacostia 1310 Southern Avenue, SE	UDC-CC Bertie Backus Campus 5171 South Dakota Avenue, NE
Monday through Friday, 10 am - 2 pm No appointment required. Residents should look for the registration tent.	Monday, Wednesday, Friday 10 am - 2 pm	Tuesday, Thursday 10 am - 2 pm
Walk-up only	Drive-thru* and walk-up	Drive-thru* and walk-up
No appointment required. Residents	Drive-thru: Appointment Required. Vehicles enter via 13th Street, SE and be prepared to wait between	Drive-thru: Appointment Required. Vehicles enter on Hamilton St NE, turn onto 7th St NE, and enter the parking lot on Galloway St NE. Be



THANK YOU!!!!

We are so grateful to the District residents and local businesses who have poured out an overflow of support to UMC through donated meals and/or PPE. Please share expressions of gratitude to the businesses directly or send a note to Toya Carmichael, VP of Public Relations / Corporate Secretary @ Tcarmichael@united-medicalcenter.com. You may also follow

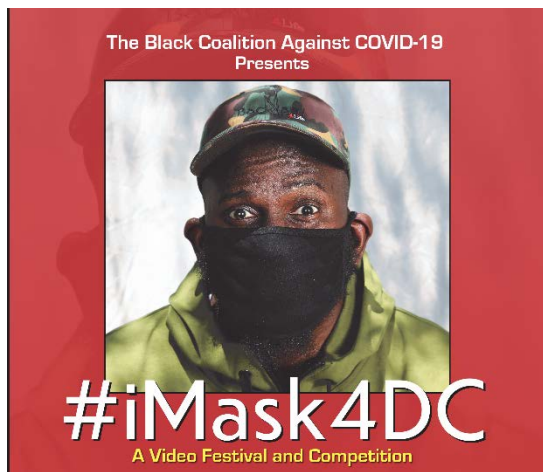
Donated Meals

Off Their Plate / [The Alibi](#) / Compass Rose DC
[Embassy of the Federal Republic of Germany](#)

Donated PPE

Dr. Aseem Balhara





Community Events/ Activities

The *#iMask4DC* Video Festival and Competition

Engaging Creative Messaging to Reduce the Spread of COVID-19

For Immediate Release

Contact: Angela Clark

[**abowensclark@verizon.net**](mailto:abowensclark@verizon.net)

June 1, 2020....Washington, D. C. The Black Coalition Against COVID-19 (BCAC) is launching the *#iMask4DC* video festival and competition. To participate, people will produce thirty second videos on their smart phones to remind our community of the importance of wearing a mask consistently when outdoors and exposed to other people.

This competition is open to all—individuals and families. Beginning June 9th, online workshops will be provided to support those who may be unfamiliar with this process. All videos must be submitted by noon on June 20th. Full details on submitting videos, including submission requirements and judging criteria, can be found on our website, [**www.blackcoalitionagainstcovid.org**](http://www.blackcoalitionagainstcovid.org).

The *#iMask4DC* Video Festival will award cash prizes to the most compelling entries and they will be shown on Instagram and Facebook Live during a city-wide social media event. The winner will be eligible for public service announcement replay, as well as for airing on local media outlets.

BCAC in partnership with THEARC Theater, Howard University's Department of Theatre Arts, The Washington Informer Newspaper, WHUR and WPFW radio stations, are working to engage everyone in creative messaging to help reduce the community spread of COVID-19.

Washington, DC and the Metropolitan area have been, and continue to be, one of the regions most devastated by the COVID-19 pandemic. The African American community has been especially hard hit and remains at great risk as the region prepares to resume more normal work and social activities. Unfortunately, there are numerous signs indicating that compliance with the proven effective interventions—wearing a mask when venturing outdoors, maintaining physical distance, and frequent hand washing—is not consistently practiced by all DC residents.

In this time of crisis, suffering and death, everyone must step up and do their part. We are excited to call upon the DC community to educate us to wear masks to protect ourselves and others and to always practice physical distancing. *#iMask4DC* will remind, refresh the message, and engage the community itself in taking direct and immediate action necessary to reduce the community spread of COVID-19.



FREE 8-Week Nutrition Class

UMC is excited to partner with the Physicians Committee for their free 8-week nutrition class series! Physicians and community partners will share practical tips, meal planning, interactive Q&A, and more to help improve health conditions like diabetes, weight, and high blood pressure. Sign up for free at PCRM.org/NutritionClass.



Source: World Health Organization



Community Resources

The Hospital Board of Directors and Executive Leadership Team recognizes that you are more than an employee and that as much as you care for our patients, staff, and visitors, you must also care for your families at home.

Transportation

Uber has partnered with DCHA to provide free transportation for health care workers. Managers, please share the attached documents with your employees and post them in your break rooms.

Program Details:

- Each week employees can access the Uber promo code via the following link: <https://r.uber.com/cdTeela5IW>
- Once downloaded employees can use their Uber account as they normally would, and the credits will automatically apply
- **Rides are valid from 7:30 pm - 1 am every day and 5 am - 8 am Mon - Sun**
- Trips must begin or end at UMC hospital entrance
- Each trip is valid for up to \$25; balance owed by each passenger
- Health care workers are required to show their hospital badge and wear a face mask when ride sharing
- A new promo link will be provided every Monday by Noon using the link: <https://r.uber.com/cdTeela5IW>.

If you have questions, contact Pam Whiting in Human Resources at extension 6079.

Valid for all DCHA member hospitals
Trips must begin or end at a DC hospital entrance

Uber

DCHA
District of Columbia
Hospital Association

**Contact Your
HR Department
For Details**

- Promotion ends June 15, 2020 or after the use of 20,000 trips.
- Promotion code valid in DC, Maryland and Northern Virginia.
- Each trip valid for up to \$25; balance owed by passenger.
- Health care workers are required to show their hospital

All UMC Employees have access to [GuidanceResources](#) (UMC Web ID: EAPComplete) or by dialing 1-877-595-5284. Guidance Resources provides information for personal and work-life issues including:

Confidential Counseling - Financial Counseling - Online Will Preparation - Legal Support -Work-Life Solutions (Child-care, college planning, moving & relocation, etc.)

You can access additional mental health support from your respective health plan as well:

CareFirst BlueCross BlueShield

- Available 24/7 soothing music and relaxation videos to help break free from stress, unwind at the end of the day or ease into a restful night of sleep
- Yoga and meditation videos
- Airplay functionality using AppleTV
- Relax 360° can be viewed in virtual reality experience
- Visit carefirst.com/sharecare to register

Visit <https://individual.carefirst.com/individuals-families/about-us/coronavirus-resource-center.page> for additional information on resources related to COVID-19.

Maryland Residents: For the latest updates visit:
<https://coronavirus.maryland.gov/> or

County	Telephone #		Telephone #
Charles County	301-609-6900		301-932-2222
Montgomery County	240-777-1741		240-777-4000
Prince George's County	301-883-7834 301-883-7879		301-883-4748 301-883-7879

Virginia Residents: For the latest updates visit:
<http://www.vdh.virginia.gov/surveillance-and-investigation/novel-coronavirus/> or

County	Telephone #	County	Telephone #
Arlington County	703-228-5580	Fairfax County	703-534-8343 703-569-1031 703-246-7100 703-704-5203
Alexandria County	703-746-4996	Prince William County	703-792-7300



For the latest information on the District Government's response to COVID-19 (Coronavirus), please visit coronavirus.dc.gov.

Cases as of June 12, 2020

	Total Number Positives	Percent
All	9654	100
Race		
Unknown	286	3
American Indian/Alaska Native	25	<1
Asian	146	2
Black/African American	4769	49
Native Hawaiian/Pacific Islander	27	<1
Other/Multi-Racial	2469	26
White	1770	18
Ethnicity		
Unknown	1163	12
Hispanic or Latinx	2734	28
NOT Hispanic or Latinx	5735	59

UMC IN THE NEWS– June 5 – June 12, 2020

UMC Staff are reminded to direct **ALL MEDIA INQUIRIES** to Toya Carmichael, VP of Public Relations @Tcarmichael@united-medicalcenter.com.



The Not-For-Profit Hospital Corporation commonly known as United Medical Center ("UMC") in the news:

June 5, 2020 [Free Walk-Up COVID-19 Testing at 8 DC Fire Stations](#), Elizabeth O'Gorek, HillRag

June 9, 2020 [Judge mostly dismisses GWU's lawsuit against its hospital partner](#), Sara Gilgore, Washington Business Journal